

Mohanji

INTERNATIONAL

# MOHANJI PLATFORMS

# 2024 GLOBAL IMPACT REPORT



## SHIFTING MANKIND TO KIND HUMANS





**Mohanji Platforms:  
Global Impact Report 2024 - 25**

90+

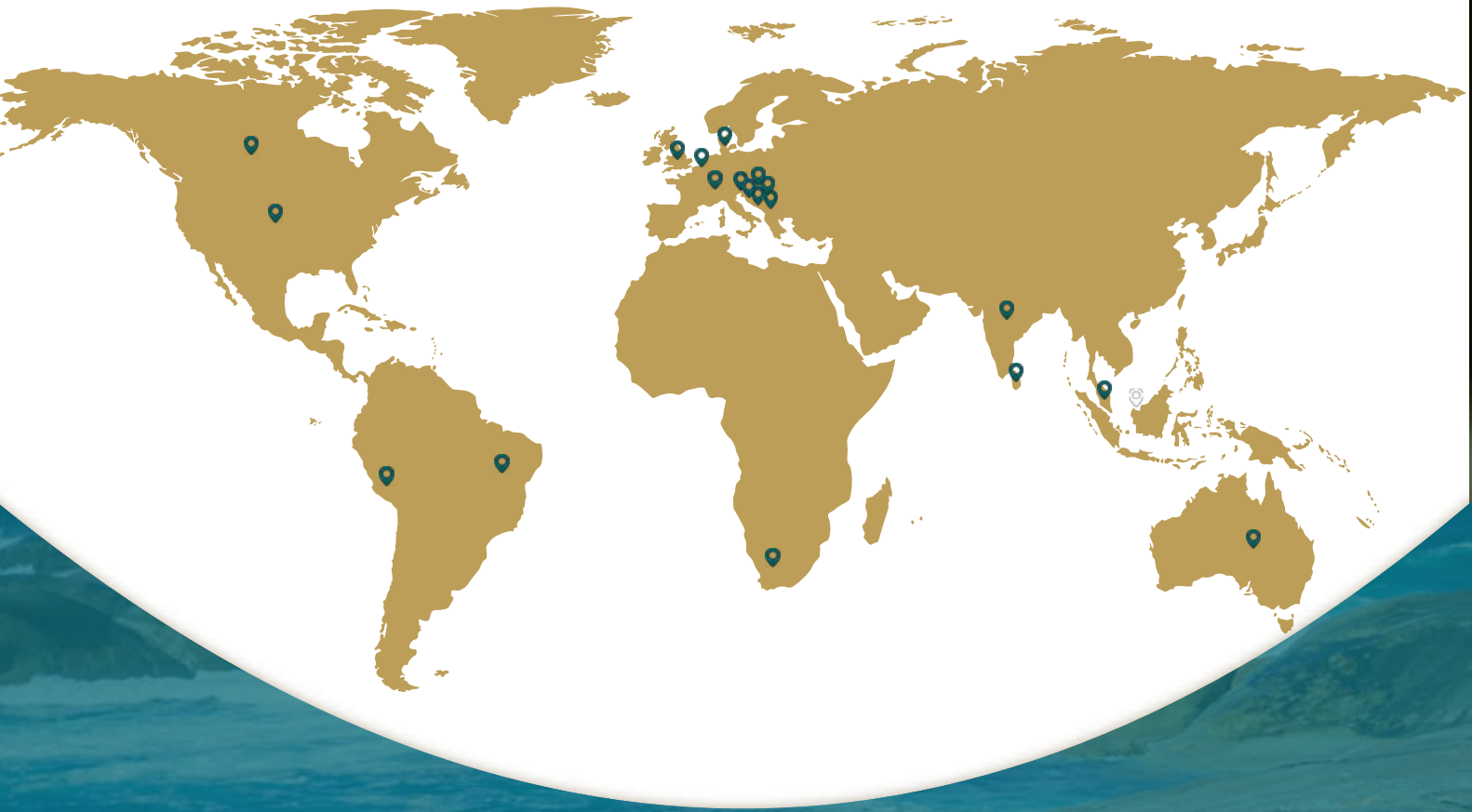
Countries  
with a  
presence

43

Countries  
with  
activities

19

Registered  
countries



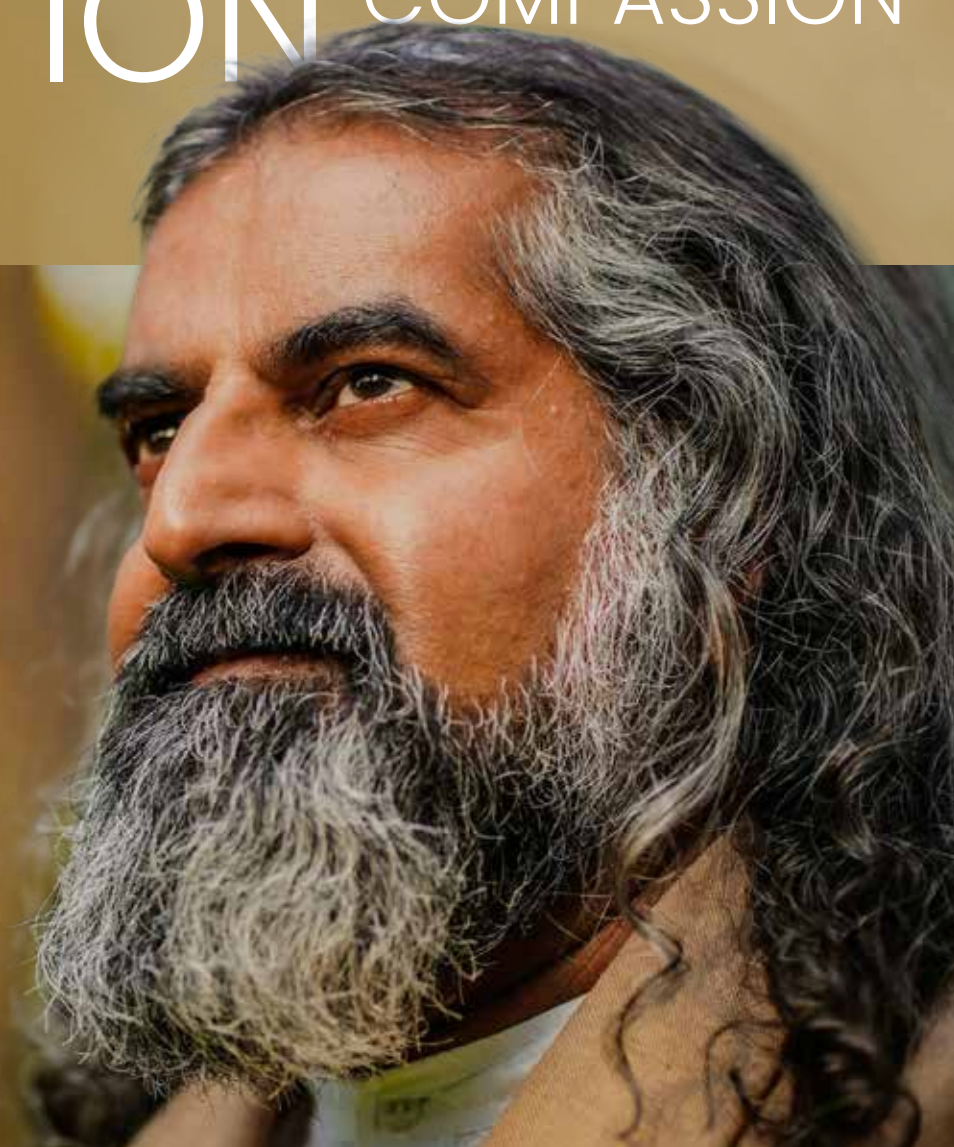
## 19 REGISTERED COUNTRIES:

Australia — Bosnia and Herzegovina — Brazil  
Canada — Croatia — Denmark — India  
Macedonia — Malaysia — Montenegro — Peru  
Serbia — Slovenia — South Africa — Sri Lanka  
Switzerland — The Netherlands — UK — USA



UNIQUE STABILITY **BE YOU** ONENESS CONNECTION  
POSITIVITY HARMONY AUTHENTICITY PURITY  
RIGHTEOUSNESS DETERMINATION **AHIMSA** RESPONSIBILITY COMMITMENT  
RESPECT GRATITUDE CONVICTION UNITY  
**FAITH** UNCONDITIONAL LOVE  
JOY DEVOTION ELEGANCE **FREEDOM**  
INTEGRITY COURAGE **FOCUS** ACCEPTANCE RIGHTEOUSNESS  
LIBERATION COMPASSION  
**KINDNESS**

OUR  
CORE  
VALUES





48

NATIONS

MOHANJI PLATFORMS  
PRESENCE ACROSS THE WORLD



ALBANIA  
AUSTRALIA  
BOSNIA AND  
HERZEGOVINA  
BRAZIL  
BULGARIA  
CANADA  
CHINA  
COLOMBIA  
CROATIA  
CZECH  
REPUBLIC

DENMARK  
ECUADOR  
ETHIOPIA  
FRANCE  
GERMANY  
GREECE  
HUNGARY  
INDIA  
IRAN  
ITALY  
MACEDONIA

MALAYSIA  
MAURITIUS  
MEXICO  
MONTENEGRO  
MOROCCO  
NEPAL  
PERU  
PHILIPPINES  
QATAR  
ROMANIA  
RUSSIA

SERBIA  
SINGAPORE  
SLOVENIA  
SOUTH AFRICA  
SPAIN  
SRI LANKA  
SWITZERLAND  
THAILAND  
NETHERLANDS  
TURKEY  
UAE

UK  
UKRAINE  
USA  
VENEZUELA  
VIETNAM



# MOHANJI GLOBAL PLATFORMS



**MOHANJI  
FOUNDATION**  
Adding value  
to the world

## TECHNIQUES, PRACTICES AND METHODS



8 guided meditations  
& 5 guided processes

## FESTIVALS

**Festival**  
of CONSCIOUSNESS



## SIGNATURE COURSES

# EMPOWERED

## MOHANJI CENTERS OF BENEVOLENCE & PEACE



AUSTRALIA



BOSNIA &  
HERZEGOVINA



CANADA



CROATIA



INDIA



MONTENEGRO



SCOTLAND



SERBIA



SLOVENIA



SRI LANKA



SOUTH  
AFRICA



USA



## GLOBAL TRANSFORMATION



## SELFLESS SERVICE AND PRESERVATION



## HIMALAYAN ACADEMY OF TRADITIONS



## PUBLICATIONS & PILGRIMAGES



## MEDIA



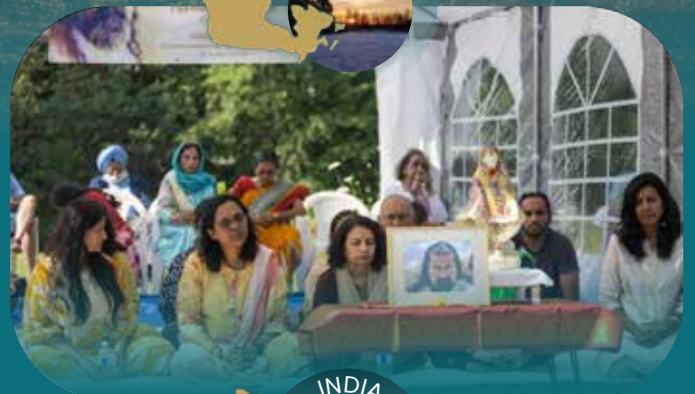


# MOHANJI CENTERS OF BENEVOLENCE

AUSTRALIA



CANADA



CROATIA



INDIA



SERBIA



SLOVENIA





# ACROSS THE WORLD

SOUTH AFRICA



UNITED KINGDOM



USA



BOSNIA & HERZEGOVINA



MONTENEGRO



SRI LANKA





**2024**

---



**1600+**

TOTAL  
PROGRAMS



PARTICIPANTS

**12000+**



**405**

MAI TRI  
PRACTITIONERS



MAI TRI  
SESSIONS

**10000+**



# OVERVIEW

**512000+** MEALS SERVED

KG TO PEOPLE

**81000+**

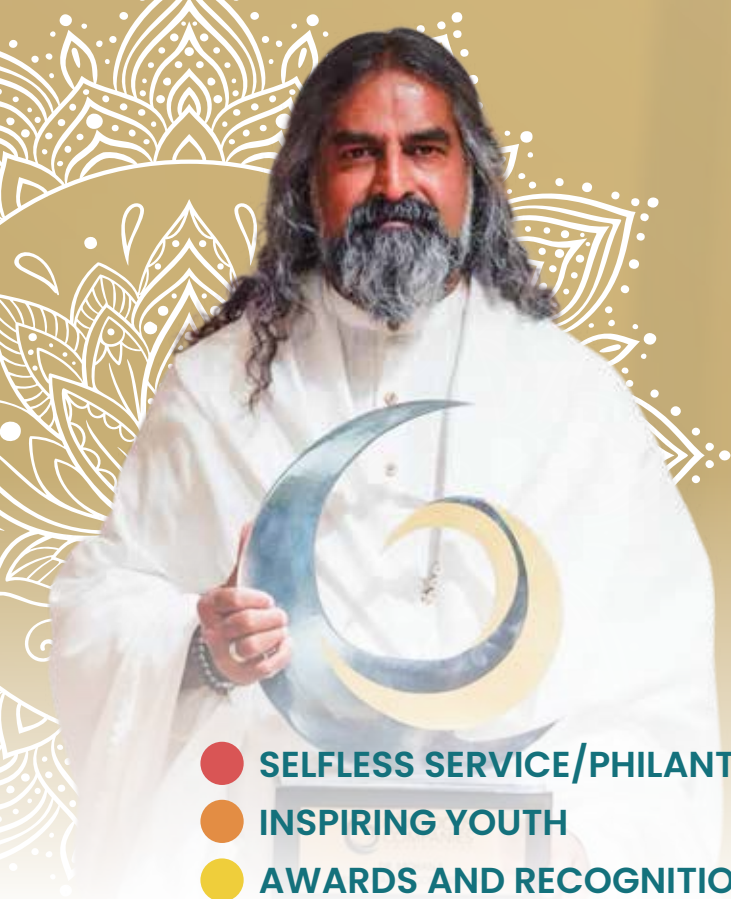
**66250+**

KG TO ANIMALS

FRUIT TREES  
PLANTED

**1600+**





# MOHANJI'S ACTIVITIES OVER THE PAST YEAR

- SELFLESS SERVICE/PHILANTHROPY
- SPIRITUAL ACTIVITIES
- INSPIRING YOUTH
- SIGNATURE PROGRAMS
- AWARDS AND RECOGNITION
- MOHANJI CENTRES OF BENEVOLENCE
- BUSINESS

## JANUARY

- Ayappa Pada Seva
- Kundurkundu TSNM Higher Secondary School — Speech and Tree Planting

- Ignite the Spark — Online Session

- BRICS CCI Awards — Global Compassion Ambassador

- Shirdi Sai Baba Temple Palakkad, India
- Founder's Day celebration at Kundurkundu School (founded by Mohanji's grandfather) Palakkad district, India
- Visit to Guruvayurappan Temple Guruvayur, India

- Kriya Initiation at Shirdi Sai Baba Temple, Palakkad, India



## FEBRUARY

- Visit and Speech at PAHER University, Udaipur, India
- Visit and Speech at Pacific Medical College, Udaipur, India

- Honorary Doctorate from PAHER University, Udaipur, India

- Mahashivaratri with Mohanji — Sacred Homa, India
- Mohanji Global Summit — Annual Conference Ganeshpuri, India
- Divine Trails of Datta with Mohanji India



## MARCH

- Ugadi Pada Seva

- Consecration ceremony of Sri Mukumpuzha Bhagavathi Temple
- Satsang at Puthoor Sree Thirupurackal Bhagavathi Temple Kerala, India
- Vrindavan Guruvayur temple planning meeting with Thanthri (Eekad Neelakantan) and Vastu expert, Kanippayur Kuttan Namboodiripad

- 'Be You' Retreat with Mohanji MCB Australia
- Consciousness Kriya Intensive program + initiation MCB Australia
- Mahashivaratri with Mohanji

- Land for MPC in Croatia was acquired
- Consecration of Shiva Lingam MCB Australia



# PROGRAMS IN 18 COUNTRIES

38 PROGRAMS  
95 SATSANGS  
6 KRIYA INITIATIONS



## APRIL

- Ugadi Pada Seva
- Fruit tree plantation at MCB USA

- Celebrated the 1st Annual Mohanji Day, an event inaugurated by the Mayor of Frisco in 2023 and officially recognized by the city of Frisco
- 5k Walkathon organized by ACT Foundation USA in partnership with the World Consciousness Alliance – WCA

- Global Online 3-day program – 'Abundance with Mohanji: Empowerment amidst Chaos'
- 'Stability and Stillness' retreat with Mohanji at MCB USA
- 'Sacred Silence' retreat with Mohanji at MCB USA
- Maha Homa – three day sacred fire ceremony at MCB USA
- Shirdi Sai Baba Prana Pratishtha MCB USA

- Shirdi Sai Baba, Lord Ganesha, and Lord Dattatreya Prana Pratishtha at MCB USA performed by Sulakhe Maharaj and Mohanji
- Official registration of the Mohanji Foundation in Brazil on the auspicious birthday of Lord Ram

## MAY

- Visit future land for MPC Bosnia (Sai Baba Temple)

- 'Change the World by Changing the Game' program Belgrade, Serbia
- Empowered 5.2 Silent Retreat with Mohanji, MPC Serbia
- 'Awakening Your True Self' retreat with Mohanji, Slovenia
- Kriya Initiation, Slovenia

- First visit to MPC Croatia
- Consecration of Shiva Lingam MPC Slovenia



## JUNE

- Keynote speaker at Conscious Gentlemen Event, UK

- Satsang at Op Hodenpijl the Netherlands
- Satsang at the Church of the Apostolic, the Netherlands
- Sai Temple in Onderdijk the Netherlands
- Special cultural event by the London Hindu Aikyavedi team London

- First Year Anniversary event of MCB Scotland, Homa conducted by Sulakhe Maharaj, Abhishekam of Baba, and Paalhi (procession of Baba with Mohanji)
- 'A Day with Mohanji' in London
- 'The Power of Being You' with Mohanji, the Netherlands







## JULY

- Visit and speech at Kingston University on capitalism, change and contentment, UK
- Inauguration of Mohanji Youth Club USA

- Lifetime Achievement Award as a Global Voice of Compassion – Vegan India Conference
- Vivekananda International Relations (VIR) Peace Award as Global Humanitarian

- 'Being with Mohanji' retreat MCB Scotland
- Festival of Consciousness 2024 Guru Purnima 2024, MCB Scotland
- Maha Homa with Mohanji MCB USA
- Prana Pratishtha of Hanuman & Shiva Linga, MCB USA
- 'Be a New You' retreat with Mohanji MCB USA



## AUGUST

- Somaskanda Ashram Switzerland
- Manitou Caves Alabama, USA

- Ultimate pilgrimage of a lifetime – Kailash with Mohanji



## SEPTEMBER

- Mohanji & ACT visit Nonoti Primary School – 100 food hampers for families of that area

- Honorary membership to the prestigious Richard Bay Yacht Club
- Humanitarian of the Year, by Conscious Companies, South Africa
- Certificate of Recognition from the Government of South Africa
- Sivananda Humanitarian Award, from Sivananda World Peace Foundation, South Africa

- Conscious Leadership Awards

- Celebrating Heritage Multicultural Festival event
- Interfaith discussion panel: Pathways to Peace – Harmony in Diversity – Umhlanga Hindu Society, South Africa

- 'Open Heart Day' in Zurich
- Kriya Intensive retreat Bosnia and Herzegovina
- Celebration of Lord Ganesha's birthday, Homa, Abhishekam & Aarti, MPC Slovenia
- Kriya Initiation, MCB South Africa

- Inauguration of Community Hall in MCB SA, Nonoti
- First visit to new land in Bosnia





## OCTOBER

- **Planting Seeds of Peace and Prosperity: a 1008 Walnut Tree Fruit Tree Plantation Drive**  
Çardak, Türkiye
- **Building Strategic Alliances for Peace Panel 2025, Serbia**

- **Keynote speaker at World Biohack Summit, Dubai**

- **'Days of India' Opening of manifestation and exhibition 'Gandhi – freedom through ahimsa/non-violence, Serbia**

- **Kriya Initiation, Dubai**
- **'Awakening the Inner Strength' Belgrade, Serbia**
- **A Transformative Weekend program with Mohanji, Macedonia**
- **'Achieving Inner Balance' program Dubai**

- **First visit to new land in Montenegro**



## NOVEMBER

- **Ammucare's 21st Anniversary Celebration, New Delhi, India**

- **'Ignite the Spark' online session**
- **'The Future of Medicine' talk at Bhaikaka University, India**
- **Seminar with Mohanji at IIM Calcutta: Role of Ethics and Compassion in Effective Leadership, India**

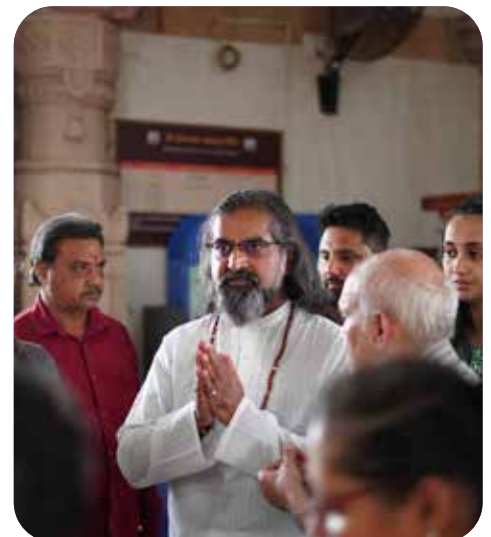
- **Celebration of the birth anniversary of Jagat Guru Nanak Dev Ji, India**

- **Divine Trails with Mohanji in Kolkata**
- **Divine Trails of Gujarat with Mohanji**



## DECEMBER

- **Divine Trails of Shirdi with Mohanji**
- **Kriya Initiation, Shirdi, India**



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# A Bird's Eye View





# The Year That Went By - Mohanji's 2024: A Year of Purpose and Action

Mohanji's 2024 was a year of purpose and action. He travelled to 18 countries, conducted 38 programs, engaged in 95 Q&A sessions (Satsangs), led two significant fruit tree plantation initiatives, guided six Kriya initiation sessions and met scores of dignitaries and political figures worldwide. While these figures hint at the scope of his work, they hardly capture the full depth of his impact—an effort that we would find a challenge to attempt in a lifetime.

One recurring theme in his talks was the finite nature of our time on Earth. He often reminded us that, even within a notional 80-year lifespan of roughly 29,500 days, a large portion is spent sleeping, resting, or bound by childhood and age. His message was clear: in our productive years, we should engage in positive actions that help the world and others—a philosophy he lived throughout his

travels and activities.

Building on the progress of 2023, Mohanji revisited the Mohanji Centres of Benevolence and Peace that were established in 2023. This direct guidance and support have enabled teams within the Mohanji Foundation to assume more responsibility and autonomy, exemplifying the empowerment he consistently encourages. Meanwhile, Mohanji concentrated on major international projects, reflecting his expanding influence in global affairs and his overall mission to raise the awareness of the world.

Among his notable endeavors was advancing the World Tribal Alliance, underscored by a pivotal event in South Africa that brought African tribal representatives together with global dignitaries. This effort highlighted his commitment to



environmental stewardship and the support wisdom that the best people to take care of earth forest are those who know them the best, the tribal indigenous communities. On the international religious and political stage, Mohanji's growing visibility was evident in his leadership of the Stop Hate campaign, calling global attention to the terror and plight of ethnic minorities, particularly the Hindu community, in Bangladesh, where genocide is taking place in plain sight.

True to his core message of compassion and ahimsa (non-violence), he continued voicing strong support for those who cannot speak—particularly animals suffering in the meat industry. As global tensions and ideologies grow more polarized, Mohanji's focus on compassion, understanding, and mutual respect remains a steadying influence, urging individuals and communities alike to find harmony through forgiveness and acceptance.

These collective efforts gained recognition from various bodies. The highlights of the year included acknowledgements by BRICS organizations for humanitarian work, the Vivekananda International Relations (VIR) Peace Award, the Sivananda World Peace Foundation Award, and a special Conscious Companies commendation—each recognising Mohanji's commitment to humanity, ethical leadership and peace-building.

With the Mohanji Foundation and its global networks gaining stability in management and operations, plans for 2025 suggest a shift towards a more anchored presence in India to nurture key initiatives. As this introduction draws to a close, it's important to remember that all achievements rest on a foundation of collaboration and unwavering support from countless volunteers and teams. The sections that follow will explore more of Mohanji's activities in 2024 to capture his determined efforts



to leave the world a better place and add value to society.

## Mohanji Major Speaking Engagements

In 2024, Mohanji's role as a thought leader took him to significant forums around the world, where he shared insights that promoted harmony, unity, and positive change.

- **BRICS-CCI Annual Event 2024, India**  
Mohanji received the BRICS Award for humanitarian efforts, delivered a concise yet powerful address on global cooperation, and urged leaders to prioritize humanity and peace by renouncing violence.
- **Vegan India Conference 2024, India**  
Mohanji delivered a speech at the Vegan India Conference, a subject particularly close to his heart. He emphasised the urgency of ending animal cruelty and affirmed that every species has a fundamental right to life, encouraging everyone to stand up for those who cannot speak for themselves.







- **Conscious Gentleman 2024, UK**  
Mohanji served as the main guest speaker at a gathering of global entrepreneurs, emphasizing the importance of awakening essential values such as harmony and selflessness in leadership and business.
- **Conscious Leadership Awards 2024, South Africa**  
Mohanji was invited as a keynote speaker and recipient of the Conscious Leadership Achievement Award, highlighting the critical role of conscious leadership in shaping a more empathetic world.
- **World Biohack Summit 2024, Dubai**  
Mohanji was the main speaker at the summit. In his speech, he offered unique insights on connecting with inner truth and energy, and explained how true vitality is nurtured by one's connection to the energy inside.
- **Sant Sansad 2025, India**  
Mohanji joined an assembly of saints from various traditions in Bharat, highlighting the core principles of Sanatana Dharma as rules of existence that extend beyond religion. He underscored the importance of tolerance and acceptance for all faiths, explaining how

this foundational outlook fosters a peaceful and respectful society. Addressing the global campaign #BangladeshStopHate. Mohanji also brought attention to the ongoing persecution of minorities in Bangladesh and urged collective support for those affected. He was invited to continue the discussion on News10 tv channel.

## Mohanji Major Recognitions

In 2024, Mohanji's unwavering dedication to humanitarian work, peace-building, and conscious leadership earned him several notable accolades from esteemed international organizations. These honors reflect not only his personal resolve but also the collective efforts of the wider Mohanji community, which continues to support and amplify his vision. The following section highlights the major awards and recognitions Mohanji received this year, showcasing the impact of his ongoing commitment to serving the world.

**Honorary Doctorate** for remarkable achievements, unwavering dedication, and invaluable contributions to humankind, by Pacific Academy of Higher Education and Research University, Udaipur.







**Lifetime Achievement Award** for outstanding contribution towards community, by BRICS CCI.

**Lifetime Achievement Award** as a Global Voice of Compassion, by Vegan First.

**Vivekananda International Relations (VIR) Peace Award** as Global Humanitarian, for substantially contributing to the cause of global peace, welfare, harmony and diplomacy, by Tarpan Foundation.

**Sivananda Humanitarian Award** for contributions towards promoting global peace and unity in diversity, by Sivananda World peace Foundation.

**Humanitarian of the year** by Conscious Companies Awards.

## Mohanji Centres & Prana Pratishtha

**Certificate of Recognition** for his unwavering support to the society and positive impact on the environment, by the Deputy Minister of Forestry, Fisheries and the Environment Department, South Africa.

With several Mohanji Centres already active in 2023, Mohanji devoted time at each location to conduct programs, infuse energy into the spaces, and offer guidance to the teams. The Foundation





was also gifted additional properties, and development progressed in countries like the USA, resulting in the opening of more Mohanji Centres of Benevolence and Peace, as well as securing land for future expansion into 2025.

A notable highlight was the grand opening of the US Centre, where Mohanji and Sulakhe Maharaj (the former Chief Priest of Shirdi) performed the Pranapratistha ceremony. In Slovenia, Mohanji conducted the pranapratishtha ceremony for the Shiva Linga and later visited new land developments in Bosnia and Montenegro, further extending the global reach of the Foundation's work.



## Mohanji Empowering Youth

In 2024, Mohanji dedicated considerable time to nurturing young minds. With the Mohanji Youth Club flourishing, he emphasised the importance of equipping future changemakers and trendsetters with the right tools and guidance. Believing that youth deserve a strong foundation to effectively contribute their unique talents and shape tomorrow's world, Mohanji delivered talks, conducted orientations, and traveled extensively to engage with youth at various events at the below mentioned institutions.

- Pacific Medical College - Udaipur, India
- Paher University - Udaipur, India
- TSNM Higher Secondary School - Kundurkkunnu, India
- Kingston University - Kingston, UK
- Mohanji Youth Club Inauguration - Texas, USA
- Bhaikaka University - Anand, India
- IIM Calcutta - Calcutta, India

## Mohanji Noteworthy Engagements

Additionally, Mohanji lent his support to many notable events and meetings.





- Inauguration of Ayappa Pada Seva in Sabarimala @ Hariharaputra Seva Trust, India
- Ammucare’s 21st Annual Awards Celebrations, India
- Celebration of ‘Mohanji Day’, Texas, USA
- ‘Days of India’ event, a celebration of Gandhis influence on non-violence, India
- London Hindu Aikyaveda Cultural Event, London UK
- Meeting the King of Akkalkot, India
- Meeting with Prince Ishwar, Head of Zulu Tribe, South Africa

## Mohanji Signature Programs & Events

Throughout 2024, Mohanji successfully navigated a busy international schedule while responding to frequent requests for his time and presence from various Mohanji Foundation teams. Thousands of people worldwide rely on him for practical guidance in leading contented lives, as well as for understanding and experiencing the subtler aspects of existence—elements rooted in a centuries-old tradition of liberation.

As a spiritual guide to many, Mohanji answered

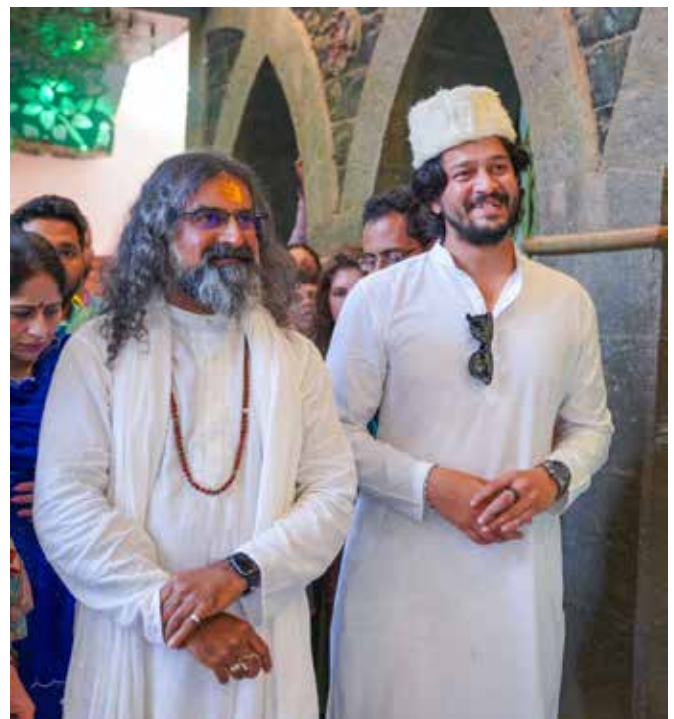


the call to lead programs in countries where new centers have been established, offered Q&A sessions, initiated powerful Homas (fire ceremony) for purification, and provided continued support for the Empowered program, a signature journey designed to guide participants from sound to silence.

This year also saw the refinement of Mohanji’s approach to Raja Yoga, tailored to modern times—an inclusive vision that makes a traditionally rigorous path more accessible than ever before. Detailed within this report, these developments highlight his unwavering dedication to elevating people’s awareness and connecting them more deeply with themselves under the guiding principle of “Be You.”

### Among the notable engagements were:

- Divine Datta Trails







- Shirdi Program
- Kriya Retreat in Bosnia
- Divine Trails of Gujarat
- Divine Trails of Calcutta

Summarising Mohanji's 2024 is no simple task. The sheer breadth of his activities, from major speaking engagements to the establishment of new centers, from mentoring youth to guiding spiritual practices, reflects an unwavering



commitment to uplift and empower. Thankfully, the pages that follow provide further details on each milestone, painting a fuller picture of the collaboration, compassion, and dedication that underpin his work.

In closing, heartfelt gratitude is offered to Mohanji for everything he has done this past year—his actions stand as an inspiration for individuals and communities alike. As we look ahead to 2025, there is every indication that this positive momentum will continue, bringing even greater impact and new opportunities to serve.

**Christopher Greenwood**  
*Executive Assistant to Mohanji*





# Mohanji's interaction with media and press coverage



**दैनिक भास्कर**

उदयपुर 05-02-2024

## परिस्थितियों को सहर्ष स्वीकार करें, मुश्किलें आसान होंगी : मोहन जी



**पैसिफिक में पहुंचे मोटिवेशनल स्पीकर मोहन जी।**

उदयपुर। मोहनजी फाउंडेशन के फाउंडर मोहन जी ने कहा कि विद्यार्थियों के जीवन में शिक्षकों के साथ अभिभावक की भूमिका अहम है। जीवन को सरल बनाने के लिए पहला कदम है हर परिस्थिति को सहर्ष स्वीकार करें।

मोहनजी पैसिफिक विवि के दीक्षांत समारोह में बतौर अतिथि आए थे। उन्होंने कहा कि बच्चों को प्रकृति के समीप ले जाएं। इसमें अभिभावकों और शिक्षक का रोल सबसे महत्वपूर्ण है, बच्चों को प्रकृति के समीप जाने के लिए लगातार प्रोत्साहित करें। बच्चा यदि अच्छा डांसर बनना चाहता है तो उसे मंच दें। वह बिना मन के इंजीनियर बन गया और खुश नहीं है तो उसका क्या लाभ।

आज से लगभग 20 वर्ष पहले लोग एक दूसरे की आंखों में देखकर बातलाप करते थे। आज लोग मोबाइल में देखकर आपस में बात कर रहे हैं। इसमें जुड़ाव कम हो रहा है। प्राइवैसी और मनोरंजन के नाम पर सभी वचुंअल दुनिया में हैं। समझाना पड़ेगा कि हमारे लिए क्या आवश्यक

है और किन चीजों से दूरी बनानी चाहिए। बच्चों के जीवन में शिक्षकों और अभिभावकों की क्या भूमिका है: अभिभावकों की अपने बच्चों के जीवन में सबसे महत्वपूर्ण भूमिका होती है, बच्चों का माता-पिता से धीरे-धीरे कनेक्शन कम और नियंत्रण भी समाप्त सा होता चला गया है, क्योंकि मोबाइल फोन अब उनके शयनकक्ष तक आ चुका है।

अभिभावकों को चाहिए कि बच्चों को गुणवत्तापूर्ण समय दें और उन पर उचित नियंत्रण रखें। शिक्षक की भूमिका काउंसलर की होनी चाहिए उसे बाल मनोविज्ञान के साथ बच्चों को समझने की आवश्यकता है उन्हें प्रत्येक बच्चे की योग्यता को पहचान कर सही दिशा में आगे बढ़ाने के लिए प्रेरित करने की आवश्यकता है।

**மனிதாபிமான பங்களிப்புக்காக மோகன்ஜிக்கு கவரவ டாக்டர் பட்டம்**

சென்னை, பிப்.18-மோகன்ஜி அறக்கட்டளை, ஏ.சி.டி. அறக்கட்டளை மற்றும் அம்முசேர் தொண்டு நிறுவனம் மூலம் ஆன்மீக தலைவர் மோகன்ஜி எண்ணற்ற வர்களின் வாழ்க்கையை தொட்டு, நேர்மறை யான மாற்றத்தையும், அதிகார தலையும் உளக்குவித்து கொண்டு இருக்கிறார். அந்த வகையில் அவரின் மனிதாபிமான பங்களிப்புக்காக ராஜஸ்தான் மாநிலம் உதய்பூரில் உள்ள பசிபிக்

அகாடமி உயர்கல்வி மற்றும் ஆராய்ச்சி பல்கலைக்கழகம் (பி.ஏ.எச்.இ.ஆர்.) மோகன்ஜிக்கு கவரவ டாக்டர் பட்டம் வழங்கி கவரவித்து இருக்கிறது. இதற்கான நிகழ்ச்சி பல்கலைக்கழக வளாகத்தில் நடந்தது. அதில் மோகன்ஜிக்கு கவரவ டாக்டர் பட்டம் வழங்கப்பட்டது. இந்த நிகழ்ச்சியில் பசிபிக் பல்கலைக்கழகத்தின் தலைவர் ராகுல் அகர்வால் உள்பட முக்கிய பிரமுகர்கள் பலர் கலந்து கொண்டனர். சபிபித்தில் மோகன்ஜி அறக்கட்டளைக்கு இருக்கத் தூதர் விருது, வாழ்நாள் சாதனையாளர் விருது ஆகியவை வழங்கப்பட்டன. இதனை முன்னாள் ஜனாதிபதி ராமநாத் கோவில்த் வழங்கி கவரவப்படுத்தி இருக்கது குறிப்பிடத்தக்கது.



**दैनिक भास्कर**

उदयपुर 05-02-2024

## पैसिफिक यूनिवर्सिटी का दीक्षांत समारोह संपन्न, 952 छात्रों को डिग्रियों से नवाजा



**उदयपुर।** पैसिफिक यूनिवर्सिटी का दीक्षांत समारोह उदयपुर को संपन्न हुआ। समारोह में 2023 में स्नातक, स्नातकोत्तर, डिप्लोमा तथा पीएचडी की उपाधि अर्जित करने वाले 952 विद्यार्थियों को डिग्री से नवाजा गया। दीक्षांत समारोह का उद्घाटन पीएचडी के बाद चेयरपर्सन रहल अशवाल की घोषणा के साथ हुआ।

इस दौरान पैसिफिक समूह के एग्जीक्यूटिव डायरेक्टर अमन अशवाल, मुख्य अतिथि यूनेस्को एम.जे.आई.ई.पी. चेयरमैन प्रो. बी.पी. शर्मा, गैस्ट ऑफ ऑनर सिस्को गैटर के चेयरमैन संजय मिश्र, स्पेशल गैस्ट मोहन जी फाउंडेशन के फाउंडर मोहन जी, रजिस्ट्रार राहुल कोठारी, प्रिंसिपल प्रो. के.के. इवे, बोर्ड ऑफ मैनेजमेंट के सभी सदस्य और एकेडमिक कार्डिनल के सदस्य उपस्थित रहे।

चेयरपर्सन रहल अशवाल ने कहा कि भारत के उद्योगों का गीढ़ स्तम्भ हमारे यहां से पलाई पूरी करने वाले विद्यार्थी बनें। स्थापना के समय से ही विद्यार्थीव्याप्तय का लक्ष्य


मार्केट की मांग को ध्यान में रखकर पेशेवर तैयार करना रहा है।

मुख्य अतिथि यूनेस्को एम.जे.आई.ई.पी. चेयरमैन प्रो. बी.पी. शर्मा ने कहा कि भारत के पास आज विश्व की सर्वाधिक कर्जालील आयु की जनसंख्या है। ये सभी कार्य-युक्त हो जाए तो भारत विश्व की सबसे मजबूत अर्थव्यवस्था बन सकता है। विशिष्ट अतिथि सिस्को गैटर के चेयरपर्सन संजय मिश्र ने संबोधित करते हुए कहा कि जीवन के प्रेष के लिए लगातार नया जानने, समझने की जिज्ञासा होनी

चाहिए। एग्जीक्यूटिव डायरेक्टर अमन अशवाल ने डिग्री प्राप्त करने वाली को बधाई दी और कहा कि जिस प्रकार सभी ने मेहनत करके पलाई पूरी की है उसी प्रकार देश की सेवा और विकास करने का हर संभव प्रयास करना चाहिए। डीन पी.बी. प्रो. हेमन्त कोठारी ने बताया कि इस सत्र में स्नातक स्तर पर उद्योगों रहे 448 विद्यार्थियों, 155 स्नातकोत्तर विद्यार्थियों, 269 डिप्लोमा विद्यार्थियों को डिग्री और 80 पी.एच.डी. उपाधियों उपाधि प्रदान की।

# ONLY MOKSHA

■ MOHANJI



**B**harat is a beautiful, powerful space. We are the only people who spoke about Moksha or Liberation. We did not talk about just heaven and hell. Heaven is when you are expanded. Hell is when you are contracted. We did not talk about this. We only spoke about Moksha (liberation). And this one thought made us stronger, determined, stable.

What is liberation?

When you are living, your desires are very manageable; your desires are less. You are happy, contented, stable, peaceful. This is the state of liberation when living.

At the time of Leaving the body, the state of liberation is the state where you have No Baggrage to carry. Imagine you're taking a flight. You have no check-in baggage; no cabin baggage, hands-free. That's a state when you are leaving the body, which is of a liberated existence, with zero desires to carry. No memories to carry. No agenda. What is going are the sheaths or koshas, which are empty. No storage, no memories. Free, peaceful. Liberation at the time of death.

Based on this one matter, Religions were formed. Philosophies were created: Buddhism, Jainism, Sikhism, you name it. It's all created out of this one point; a very important point.

Great MASTERS: Sai Baba, Bhagwan Nityananda, Anandamayi Amma, Paramahamsa Yogananda, Babaji - so many Masters...we have seen various Masters. They all lived Love, and they propagate one point, one thought: Liberation.







# AN EMAIL FROM HEAVEN @



**MOHANJI**  
**N**ow, if you are determined, fully determined to reach the highest level of subtlety, you should and you can reach there definitely, whoever you are. Even if you have a Guru, a path, a destination, or anything you defined, no problem, they will all come to you at the right time.

Another experience I'll tell you in the same context.

I was working in the company, and one day I got an email from a woman whom I did not even know, her name was Linda. She wrote to me from California, and I had no connection with America at that time. This was the early 2000s and this also was well before the time of WhatsApp and Facebook. She contacted me and said, "Are you Mr. Mohanji? An elevated Master wants to speak to you. Please call this number at this time." I did-

n't even reply, because there are so many fake mails, hoax mails coming your way. Even now it comes, that you won a lottery or you got an award and things like that, which I don't pay attention to. I just discard them, I remove them as spam. And I did that, and again in a week's time after that date, she sent another message: "I'm very serious, a Master is asking me to contact you, he wants to speak to you. He does not exist on Earth, he's from another realm, but he wants to use me as a medium to talk to you." I became curious: what is this Master talking about? Even if I lose some money for this experience, it's okay. So I contacted her, and the first question I asked was, "What's the price, what's the cost?" Because everything is connected to money; so I asked how much I should pay. She said, "I never asked you for money. This is serious. This Master wants to speak to you. Please call on Sunday at 10 am and a date was given, so I said, "I will call you."

On Sunday, I prepared myself and called this

number. She picked up the call, and she sounded very old. I asked her, "What's your age?" She said, "I'm 82." I said, "How did you reach me?" She said, "This Master gave me your contact email." I asked her, "Do you know me?" She said, "No, I don't know you, I don't even know who you are, nor am I interested to know you." So that was very clean and clear. Then she asked, "Do you have sufficient money in your phone if the conversation prolongs?" I said, "No problem, I pay every month." She wanted to know whether it is prepaid so that the charge will not go after a while. So everything was set, and she said, "Are you ready?" I said, "Yes, I'm ready."

Then she started speaking to me. Slowly, slowly her voice changed to a very deep male voice; a totally different voice from this feeble old woman voice to a very strong male voice. And that man, just to convince me, told me all the major incidents of my life, which nobody will know. Not just the death of my daughter, but various things con-

vinced me because nobody will know those details unless they are connected deeply. I think even my family do not know those details. So all those things were told and I was convinced that this is genuine. Then there was so much of guidance and so many things were going on, I don't want to go into micro details. It was about a forty-five minutes call, and finally, he asked, "I'm done. Is there anything you want to ask me?" I said, "No, I'm happy that I could speak to you, and I realize that you are from a very high realm." Then he said, "I am not from Earth, I'm from a different realm, where we guide people at random, as per the instructions from above." So they also have a hierarchy. Then he asked me, "Is there anything you want from me?" I said, "I would like to continue to talk to Masters of your realm." He said, "I'll arrange that." Then the call was disconnected. When I wrote to this lady once again, thanking her, she never replied.

**IOL**  
 SUNDAY TRIBUNE NEWS SPORT WORLD TRAVEL LIFESTYLE ENTERTAINMENT OPINION

SUNDAY TRIBUNE NEWS

## Mohanji to be honoured by Sibaya Community Trust

Renowned spiritual guru and philanthropist Mohanji will be visiting Durban next week for a series of engagements. Supplied.

Published Sep 16, 2024

**INTERNATIONALLY** renowned philanthropist and spiritual guru Mohanji arrives in Durban on Friday as a special guest of the Sibaya Community Trust.

On Saturday Vivian Reddy, the founder and chairman of the Sibaya Community Trust will officially handover a multi-purpose centre to the Indian mystic at the Mohanji Centre of Benevolence in Noroti, KwaDukuza.

Over the past few years the Mohanji Foundation South Africa has been actively assisting residents of the mostly rural area where a Shirdi Sai Baba temple has also been erected at the Mohanji Centre of Benevolence.

Dr Keshnie Pillay from the Mohanji Foundation says they "were spotted" by the Sibaya

## Mohanji's interaction with media and press coverage



Mohanji honored with Humanitarian Award at 2024 Conscious Companies Awards in Johannesburg, South Africa

### Mohanji honored with Humanitarian Award at 2024 Conscious Companies Awards in Johannesburg, South Africa

ANI | Updated: Oct 18, 2024 15:09 IST

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 channel

iannews.in/news/business/mohanji-honored-with-humanitarian-award-at-2024-conscious-companies-awards-in-johannesburg-south-africa...

7:04, 10:07 AM Mohanji honored with Humanitarian Award at 2024 Conscious Companies Awards in Johannesburg, South Africa  
 Mohanji Foundation (/topic/mohanji-foundation)

New Delhi [India], October 18: Mohanji, renowned humanitarian and spiritual leader, was honored with a special recognition for his global humanitarian leadership at the 9th Conscious Companies Awards held on September 19, 2024, in Johannesburg (/topic/johannesburg), South Africa (/topic/south-africa). The prestigious annual event celebrates ethical and visionary leaders who demonstrate conscious leadership within their organizations, aligning people, profit, and purpose in the service of all stakeholders to create a better world.

The Conscious Companies Awards are dedicated to recognizing individuals and organizations that promote ethical behavior and sustainable practices, fostering leadership that not only prioritizes profits but also enhances the well-being of people and the planet. Mohanji's award is a testament to his enduring contributions to humanity through his teachings and commitment to the highest

**Nedeljnik**  
 POLITIKA KULTURA IZVANJE

## Potrebno je da se sa mirovnih dijaloga na visokom nivou pređe na konkretne održive akcije

Održan prvi strateški događaj pred Panel mira 2025 u organizaciji Udruženja Mohandi Srbija



# Mohanji's interaction with media and press coverage

## Održan prvi strateški događaj pred Panel mira 2025 u organizaciji Udruženja Mohanđi Srbija!

IZVOR: dkl.rs | UTORAK, 08.10.2024 | 11:41

NOVOSTI  
/KATEGORIJA(INOVOSTI)

Izgradnja strateških saveza je prvi događaj pred Panel mira 2025 koji je juče održan u Beogradu u organizaciji Udruženja Mohanđi Srbija i uz podršku Ambasade Indije, prijatelja ovog mirovnog događaja koji će se održati naredne godine. Osnivač Mohanđi Fondacije, čije je globalno sedište u Švajcarskoj, Mohanđi sa svojim timom predstavio je viziju i plan za Panel mira 2025. Stvaranje globalnog pokreta, kao i implementacija aktivnosti koje mogu dovesti do kreiranja praktične deklaracije platforme mira na globalnom nivou, neki su od ciljeva Panela mira 2025. Vizija je stvoriti globalnu platformu na kojoj se nacije, zajednice i organizacije sastaju kako bi saradivale i podsticale trajni mir kroz dijalog i partnerstva, istovremeno negujući kulturu poštovanja.



Mohanji Honoured with Environmental Recognition by Government of South Africa

## Mohanji honoured with Environmental Recognition by Deputy Minister Narend Singh of South African Government

ANI | Updated: Oct 21, 2024 13:40 IST

Mohanji Foundation (/topic/mohanji-foundation)

Business/News/mohanji-honoured-with-environmental-recognition-by-deputy-minister-narend-singh-of-south-african-government...

7/24, 10:18 AM

Mohanji honoured with Environmental Recognition by Deputy Minister Narend Singh of South African Government

New Delhi [India], October 21: Renowned humanitarian and spiritual leader Mohanji was awarded a prestigious environmental recognition by Deputy Minister Narend Singh (/topic/narend-singh) of the Department of Forestry, Fisheries, and Environment, Government of South Africa. The ceremony took place in Nonoti, near Durban, and highlighted Mohanji's impactful contributions to global sustainability and environmental conservation efforts.

Mohanji's recognition comes as a significant acknowledgment of his unwavering dedication to environmental protection through various grassroots initiatives. The award specifically honours his efforts in biodiversity conservation and food security improvement, with his global campaign to plant fruit trees in diverse ecosystems serving as

## MOHANJI FROM INDIA AND HIS TEAM PLANTED 1200 WALNUT SEEDLINGS IN ÇARDAK VILLAGE OF ESKISEHIR



Home / Europe /

https://www.press.com.tr/2024/11/08/mohanji-ve-ekibi-eskisehirin-çardak-köyünde-1200-araçak-ekildi

11/08/2024, 8:34 AM HİNDİSTANLI MOHANJI VE EKİBİ, ESKİŞEHİRİN ÇARDAK KÖYÜNDE 1200 ARAÇAK EKİLDİ - AnadoluPress

This year, Mohanji came to our country to plant saplings and planted one thousand two hundred walnut saplings.

In his speech, Çardak President Hilmi Yıldırım thanked all our guests who participated in our festival.

I would like to express my gratitude to the sponsor of the festival, Mr. Mohanji and his team, Mr. Güleren Şenyüz, Mr. Ali Haydar Çelik, the Mayors of Tepebaşı and Odunozan, the Tepebaşı Municipality Eco Show team İsmir Mangatepe, Turan Ünal and Halit Gürsoy and all my villagers. Said, Mohanji, who took the floor afterwards, said: "We are here to plant 1200 walnut tree saplings in Çardak Village, three hours away from Turkey's Eskisehir. The weather is very nice, Mr. Hilmi and his team welcomed us warmly. We came to plant saplings of the Çardak first walnut festival, which was completely organized and coordinated by our beloved Güleren and supported by her son Barışağaç."

I think that a beautiful heart lasts longer than a beautiful face, so there are people with beautiful hearts in many parts of the world and we are running a fruit planting campaign with them.

There are two great people in the world, those who want nothing from the earth and those who give themselves to the earth. We are carrying out the tree planting campaign together with those who have buried themselves."

Friday prayers were performed and then the mawlid was recited for our martyrs. After the cortage march to the center where saplings will be planted, saplings were planted. Thanks to Mohanji and his team, Çardak village has become a material and spiritual benefit, and we would like to thank Mohanji and his team, and the

## Mohanji Honoured with Humanitarian Award by Sivananda World Peace Foundation, South Africa

Wednesday, Oct 23, 2024 11:30:55 | Humanitarian Award



South Africa, October 23, 2024 - On 27th September 2024, the Sivananda World Peace Foundation honoured Mohanji with the Sivananda Humanitarian Award, in recognition of his unwavering dedication to serving humanity and fostering spiritual growth. The award was presented by Prince Ishwar Ramilutchman and Ms. Yogas Nair, editor of The Post newspaper.

The award was presented at a special Multicultural Heritage event organized at the scenic Richards Bay Yacht Club, bringing together vibrant traditions from across South Africa. The event featured enchanting displays of traditional Zulu and Indian dances, embodying the spirit of cultural unity. Speakers at the event included reputed personalities such as Prof. Musa MK Xulu, Mr. Senzo Dube, Commodore Brent Craig, Musa Mntambo, Cllr S Zwane, Ms Sulesh Pillay and Prince Ishwar Ramilutchman. Each speaker paid tribute to South Africa's cultural heritage.

In his keynote address, Mohanji emphasized the importance of protecting nature, creating peace, and empowering communities. He urged the audience to preserve their natural beauty, share abundance, and cultivate unity by overcoming divisions.

He also highlighted the World Tribal Alliance (WTA) movement, advocating for the empowerment and preservation of indigenous cultures worldwide. His message was one of global citizenship, where personal responsibility and authentic expression lead to a better, more peaceful world.





**Evolve/  
Awaken/  
Transform**





# Mohanji Spaces

## *Spaces of Transformation, Silence & Stability*

In a world that often feels chaotic and overwhelming, Mohanji Centers provide sanctuaries where individuals can reconnect with their inner selves, find stability, and experience profound transformation. These sacred spaces, created with the highest intention of selfless service, resonate with the energy of peace, acceptance, and unconditional love.

Mohanji Spaces are not just physical locations; they are powerful hubs of transformation. Rooted in ancient wisdom and universal harmony, these spaces offer an environment conducive to **self-reflection, inner silence, and spiritual growth**. Whether through meditative practices, experiential workshops, or simply being immersed in their serene atmosphere, visitors are invited to shed burdens, rediscover their authentic selves, and connect deeply with life.

Each Mohanji Center embodies the principles of

purity, compassion, and stability, serving as a haven for people from all walks of life. These spaces stand as living testimonies to **Mohanji's vision of creating a world filled with peace, love, and unity**. As we reflect on the achievements of the past year, we honor the role these sanctuaries have played in transforming countless lives and inspiring a ripple of positive impact across the globe.

## **Mohanji Center of Benevolence USA**

Our MCB is situated in rural Virginia, which is blessed with great natural beauty, making it a picturesque location. Post COVID, the area has seen significant activity by way of people moving in. The local community is mostly supported by farms.

During January to April 2024, we remodeled the barn space into a temple. This was done by





local contractors. The labor and materials were procured from the community. Thus, we were able to source our needs locally and support the immediate neighborhood much better. We were able to store the idols in a local warehouse until their space in the MCB was ready. We are grateful to the community for providing us with space for safekeeping the idols and all the tools required to install them.

In April 2024, we had the Pranapratishta of Sai Baba, Datta and Ganesha. The energy levels of the MCB changed after the event. Around 200-250 people from around the world visited the center while Mohanji was here.

In May and June 2024, we had planning sessions for the development of MCB and Pranapratishta of Shiva lingam and Hanuman. Most of the visitors during this time were from states across the US, and a few of them were from nearby towns.

In July 2024, the second Pranapratishta was also completed, and the event, which was of a shorter duration, witnessed a decent participation of about 75-100 people. There were a few participants who were connected to Sathya Sai Baba earlier, and they



have now started to visit the MCB on a regular basis. They have helped spread the word about us in the local community.

In August 2024, PeaceWalkers from India and Japan visited the MCB. Towards the end of the month and during the Labor Day weekend, we attended the Floyd Yoga Jam. This is an annual event that attracts a few thousand people. This helped with outreach and visibility in the community.

In October 2024, we had Navarati and Diwali celebrations at the MCB.

In November 2024, we organised the first Gathering with Gratitude program to recognize local residents who provided shelters, homes, asylum and help. We witnessed participation from a decent crowd of 30-35 individuals from the local community who really appreciated Mohanji's vision and what we stand for. We plan to continue working on these periodic get-togethers with the local community to make Mohanji's presence felt more and more.







## Mohanji Datta Tapovan Canada

The year 2024 was remarkable for Mohanji Foundation Canada marked by impactful initiatives and consistent efforts to serve and **empower the community through spirituality, wellness, and cultural heritage.**

### Key Highlights of 2024

#### Health and Wellness:

- Two programs focused on *Health and Wellness*



were conducted at Mohanji Datta Tapovan Ashram (MCB), featuring meditation practices and Ayurveda-based dietary and lifestyle guidance by expert Ayurveda Doctor from Canada.

- Renowned doctors from India hosted a Q&A session addressing weight loss and healthy lifestyle habits.



#### Cultural Heritage:

- Hosted the *Geet Ramayana Program* at Mohanji Datta Tapovan Ashram (MCB), attended by 60 participants, with 80% being new attendees.

#### Certification and Recognition:

- The *Mai-Tri Method* was recognized and certified as a holistic health practice by the Canadian Association of Alternative Medicine and Allied Healthcare Professionals.

#### Spiritual Retreat:

- A *retreat with Devi Mohan* was organised at MCB with transformative processes, including Group Mai-Tri, Conscious Dancing, Soul Mirror, and Awakening Yoga Nidra, attracting over 50% new participants.

#### Regular Programs

- Celebrations of festivals such as *Mahashivratri, Ramnavami, Guru Poornima, Ganesh Chaturthi, Navratri, Vijayadashmi, and Diwali, Datta Jayanti* with rituals at MCB, including *Abhishek, Homa, and Rudram.*
- Regular *Guru Raksha Homa* were conducted for the benefit of individual as well the lineage.
- *International Yoga Day* celebrations.
- *21-Day Meditation Programs* with various themes.
- Weekly online *POP reading*







- *Shirdi Sai Palkhi* to promote cultural and spiritual significance in the community.

### Vision for 2025

The vision for 2025 is centered on creating lasting transformations in individuals' lives, empowering the community, and expanding outreach to make a profound and positive impact.

## Mohanji Center of Benevolence Scotland

As we reflect on 2024 at the Mohanji Centre of Benevolence (MCB) in Scotland, our hearts are filled with gratitude and joy. This year has been a **beautiful journey of growth, community engagement, and meaningful connections.**

After a year of laying the groundwork in 2023 with the acquisition and refurbishment of our beloved MCB and creation of the temple space, 2024 blossomed into a period of stabilisation and flourishing activities. We embraced new opportunities to enhance our facilities and deepen our outreach efforts.



### Welcoming New Spaces

We're excited to share that we've expanded our accommodations! We acquired two shipping container cabins, transforming them into cosy bedrooms and communal areas for our guests. Additionally, we invested in a bespoke toilet block, as well as a new sewage treatment plant thus ensuring comfort and accessibility for everyone who visits us.



### Nurturing Our Community

Our commitment to community outreach remains strong. We continued our regular food donations to the food pod in Huntly, participated in local farmers' markets, and engaged with community meetings. One of our proudest initiatives was collaborating with a talented local landscape gardener to host a 12-week







community gardening course. It was heartwarming to see our neighbours come together, learning the joys of planting and harvesting fresh produce.

### Creating a Home

In our main house, we focused on creating a welcoming environment. We completely refurbished the downstairs bathroom and spruced up various areas with fresh paint and decor. Plus, we transformed one of our barns into a useful outdoor kitchen, complete with hot water, perfect for our retreat programmes.

### Celebrating Together

This year, we hosted a beautiful healing retreat that brought our community together in spring. Summer was a highlight as we celebrated the anniversary of our temple's opening with a special gathering featuring Mohanji and Devi, along with various meetups and our signature Empowered 5 programme.

One of the most joyous occasions was the Festival of Consciousness, where laughter, music, and connection filled the air. Attendees enjoyed yoga, meditation, conscious dancing, and delicious vegan food. We also celebrated all the major festivals with love and enthusiasm, including Shivarathri, Guru Purnima, Ganesh Chaturti and Diwali, creating



unforgettable memories together.

### A Heartfelt Thanks

None of this would be possible without the unwavering support of our community. A special thank you to the Friends of MCB Scotland for their generous contributions and to all our volunteers who dedicate their time and energy to make our activities thrive.

As we embrace the future, we look forward to continuing this journey of love, learning, and connection. Together, we're creating a space where everyone feels welcome and inspired.

## Mohanji Peace Center Slovenia

### 2024: A Transformational Year for Mohanji Peace Center Slovenia

Nestled in the heart of Slovenia's stunning natural landscape, Mohanji Peace Center (MPC) Slovenia has always been a **sanctuary for peace and harmony**. However, 2024 was truly a year like no other—a year of new beginnings, profound spiritual milestones, and heartwarming additions to the MPC family.

One of the most defining moments of the year was







the **inauguration of the Shiva Lingam** by Mohanji during the first retreat held at the center. This powerful event elevated the energy of the center to a whole new vibrational level. Participants from across the globe experienced a deeper connection with themselves and nature—a connection that continues to inspire all who visit.

### Welcome to the Vegan Sanctuary

MPC Slovenia's reputation as a haven for peace solidified with the creation of its **vegan sanctuary**, a home for animals rescued from challenging circumstances.

It began in April with the arrival of Aarti, a pregnant deer rescued from a local deer farm. Soon after, three more expectant pregnant deer — Ruža, Rani, and Radha—joined her. June brought the sanctuary's first baby deer, Gopal. Three more baby deer soon joined him. And to our joy and surprise, an orphaned wild deer, lovingly named **Raja**, found his way to the center. With his playful nature and deep connection to Mohanji, Raja has quickly captured hearts far and wide.

But the family didn't stop growing there. In August 2024, three ducks and two geese joined



the sanctuary as the guardians, adding their charm to this harmonious space. And finally, **Purity**, an orphaned puppy from Croatia, found her home at MPC. Today, with nine deer, three ducks, two geese, two dogs, one cat, and many birds, the sanctuary thrives as a living example of compassion and coexistence.

### Creating Space for Growth

2024 was not just about welcoming new family members. A traditional heritage house was lovingly renovated, providing a cozy home for volunteers, while the temple was extended. The sanctuary itself was fortified with fencing and additional infrastructure to ensure a safe and nurturing environment for its animal residents.

### Empowering Through Service

The heart of MPC Slovenia beats not just for animals but for people too. This year, the center hosted a three-day **Summer camp for children** from underprivileged families, offering them opportunities for growth, creativity, and a deeper understanding of selfless service. Additionally, volunteers organized workshops for individuals with special needs and school children, aiming to





spread awareness about compassion and personal empowerment.

The center also welcomed young participants for the **Mohanji Youth Camp**, a transformative international gathering - Empowered Youth that encouraged gratitude, awareness, and selfless service.

### Diverse and Transformative Programs

Throughout the year, MPC Slovenia hosted a variety of inspiring programs with Mohanji and Mohanji Acharyas. The highlights included **Awaken Your True Self Retreat with Mohanji**, Walking with a Master with Milica Bulatovic, Reinvent yourself with Barbara Dizdarević, Sai Baba Samadhi Day and Dusshera celebration with Subhasree, and The Women's Circle, a 3-day program with Devi Mohan. We also hosted several online programs in collaboration with MPC Croatia and MPC Serbia like monthly Full Moon online programs and special events such as Navaratri and Shivaratri chanting. Other memorable events included celebrations for Mohanji's birthday and Ganesha Chaturthi.

### Raising Funds, Raising Spirits

Supporting these initiatives required creativity and



effort, and MPC Slovenia rose to the challenge with a series of engaging fundraising activities. The **Rudram Abhishekam Marathon** brought people together in a powerful spiritual practice, while the **Lottery featuring beautiful gifts** from the center added an element of excitement and joy, delighting participants while contributing to the sanctuary's mission.

### A Year of Unity and Connection

As 2024 comes to a close, we reflect on the profound lessons this year has brought us. The presence of our animal companions fostered a sense of unity, humility, and deep gratitude for life. What touched us most, however, was how these beings we rescued and cared for became bridges that connected us to people across the globe.

We would like to express our deep gratitude to the **Mohanji Croatia volunteers** for their immense support in key initiatives, including the vital renovations and construction of the vegan sanctuary. A heartfelt thank you to the Mohanji Adria team and the Mohanji Youth Club team for their unwavering assistance. We are also deeply thankful to the **Mohanji Global Family** for their continued support of all our selfless efforts.







Looking ahead to 2025, we envision even more ways to deepen this connection. Plans are already underway to create a **serene pond**, enhancing the sanctuary's harmony with the water element. We are also developing a **vegan café** and introducing **custom-printed mugs** that reflect our values, offering a tangible way for people to support our mission. These initiatives will also empower vulnerable groups to engage with the center's values, while ensuring that homes across the world can carry a piece of MPC Slovenia's spirit. Additionally, a significant project for the coming year is the construction of a dedicated **accommodation house for visitors**, providing a welcoming space for those who wish to experience the center's unique energy firsthand.

Here's to a new year of growth, connection, and love. Together, we will continue to build a world that embraces peace and harmony for all beings. We invite you to follow us, celebrate with us, and **shine brightly alongside us in 2025**.

You can stay up to date by following us at:

- Instagram: @mpc.slovenia
- Facebook: Mohanji Peace Centre Slovenia
- Website: mohanji.si

If you wish to support our vegan sanctuary or support our development and future projects, you can donate in the following ways:

- **PAYPAL:** <https://paypal.me/MohanjiSLO>

or

- **Bank transfer**

Name: Zavod Mohanji

**Address:**

Dražen vrh del 22, 2233 Sv. Ana v Slovenskih goricah

**IBAN:** SI56 1010 0005 9185 903

## Mohanji Peace Center Croatia:

### Return to your nature

The space for MPC Croatia was acquired in March 2024. We're located in the northern region of Croatia, right next to the border with Hungary, and just over an hour from the capital city of Zagreb.

Our peaceful centre boasts of beautiful nature, with lush greenery across 3.5 ha of land, including three natural lakes. Our three residents (two acharyas



and one pre-acharya) are taking care and feeding the birds, fishes, ducks, cats and many other beings that are at home in our MPC.

MPC Croatia started strongly with the programs from the outset with the 'Welcome home' program with Devi Mohan in March 2024., and since then we've hosted over a dozen programs and satsangs with acharyas.

We're hosting regular weekly meditations, and perform three aartis daily in the satsang hall, though we are yet to build the Shirdi Sai, Ganesha and Dattatreya temple (expected to have Prana Pratishtha in 2025).

Two major events for MPC Croatia were two Mohanji's visits, an informal one in May 2024, and one with a Satsang for volunteers, and MYC content filming in September 2024.

The main building was slightly renovated so that we have a spacious and light-filled satsang hall for 200+ people, a re-painted dining room, and a fully equipped kitchen. The living areas of the MPC residents have also been renovated, with installations of new doors, windows, thermal insulation, flooring, a kitchenette, AC unit, etc. We've received donations for a new flooring for the dining room and renovating the walls for the new



toilet spaces, but more help is needed to get this project up and running.

We've applied for building permits for the temple spaces and the Ahimsa cafe, and Mohanji Croatia association is opening up a company to run the for-profit activities to achieve sustainability.

In 2025, we're launching MPC Croatia brand products, such as teas, dried fruits and creams (presently acquiring permits). At our centre, we have a thriving vegetable garden, and we're applying for financial support to enlarge it and to employ permaculture/biodynamic farming practices, along with integrating with the local community in our vicinity, especially with the elderly.

In December 2024, we hosted ACT Croatia's first winter edition festival of Celebrate Life.

We're building friendships and support through a series of fundraising dinners in major Croatian cities, first of which took place in November 2024, with the attendance of the Secretary for Culture of the Indian Embassy, Mr. Chander Mohan. We're looking forward to hosting the newly appointed Indian ambassador, H. E. Mr. Arun Goel at our next event in 2025.

There's much to look forward to in 2025 for MPC







Croatia, from temple building and Prana Pratishtha, to new programs, activities and products to be launched!

If you wish to support any of our developmental or daily activities, or to participate in paying off the instalments for the space, please contact us at [croatia@mohanji.org](mailto:croatia@mohanji.org) or 00385959105760!

Please also visit our online channels and like, follow and subscribe to spread the good word and change the world!

**Instagram:** @mpc.croatia

**Facebook:** Mohanji Peace Centre Croatia / Mohanji Croatia

[www.mohanji.org/hr](http://www.mohanji.org/hr)

A dedicated MPC Croatia webpage coming soon!

## Mohanji Peace Center Serbia

2024 was a transformative year for the Mohanji Serbia team. We had a profound impact, touching the lives of over 1,000 people through more than 60 programs and humanitarian initiatives. These included **transformative sessions centered on**



**Mohanji's most essential teaching, "Be You!", as well as cultural, spiritual, and community-focused activities.**

Mohanji personally conducted the Empowered program, a One-Day program, and an open satsang. Additionally, thematic programs celebrating important festivals of Bharat offered opportunities for participants to find stability and flexibility in their lives. Humanitarian actions, such as the support provided to residents of the Gerontology Center in Obrenovac on the International Day of Older Persons, further extended our reach and impact.

### Highlights

1. Development of the Mohanji Peace Center: With charitable donations, we continued building a brighter future for generations to come.
2. Stability, Purpose, and Inner Peace: Programs like Empowered 5, were attended by participants worldwide, created extraordinary impact.
3. Strengthening Collaborations: Partnerships with dignitaries like Prof. Abramović, Dr. Tatjana Burzanović, and the Indian Embassy flourished, emphasizing shared values of peace and collaboration.





4. **Community Engagement:** Continuous seva activities, like donations to the Home for the Elderly in Obrenovac, strengthened ties with the local community.
5. **Youth Empowerment:** Initiatives like the Mohanji Youth Club, Early Birds for Kids, and the Festival of Youth supported younger generations in embracing selflessness, leadership, and compassion.
6. **Nature and Sustainability:** The Mohanji Peace Center in Serbia highlights its unique connection to nature through the cherished linden tree (lipa), a symbol of peace and resilience, and sustainable agricultural initiatives, including the cultivation of goji berries and aronia, embodying Mohanji's vision of harmony with nature and holistic well-being..

### Visitor Testimonials

*"I go to Mohanji to fill myself with love and wisdom."*  
- Dragan Lazović

*"In Mohanji's presence our consciousness makes a quantum leap."*  
- Vesna Sindelić

*"Each retreat brings me closer to myself. Afterwards I feel emptied out (negativities affect me less and*



*I let them go easier), I feel more stability, more connection with myself, I accept myself more."*  
- Jelena Zobenica

### Plans for 2025

1. **Construction:** Reclassify agricultural land to buildable land, construct accommodation facilities, and develop an access road with municipal support.
2. **Programs:** Expand event collaborations, and increase outreach.
3. **Positioning:** Strengthen collaborations with the government, enhance media presence, and continue community seva.
4. **Agriculture:** Register agricultural property to access government benefits and launch branded products like goji berries and aronia.

### Join Our Team

If you want to join our team, contact us at [serbia@mohanji.org](mailto:serbia@mohanji.org). Visit our online channels to support our work:

**Website:** <https://mohanji.rs>

**Facebook:** <https://www.facebook.com/mohanjjsrbija>







## Mohanji Peace Center Montenegro & Bosnia development

### Bosnia

Mohanji Foundation in Bosnia and Herzegovina has received two donations in land during 2024, one near the capital of Sarajevo and another in the North-Western part of the country. Both pieces of land are soon to host a Mohanji peace centre. Spreading over cca 3000 m2, the land in Laktaši will have a temple and accommodation facilities. The land near Bosnia's capital spreads over 1700 m2 and is planned to host a temple with the Satsang hall. Shirdi Sai Baba Murtis have already arrived to the country and initial work is being done for the preparation of both the lands and the construction work to follow.

Both Mohanji peace centres will be the first ones of this kind in the country, providing a vegan sanctuary, opportunities to meet, practice group technics given by Mohanji, do different kinds of selfless service as well as planting the fruits and vegetables.

Local volunteers have already started gathering in the Centre near Sarajevo on different occasions



such as the International day of yoga, Guru Purnima, etc.

### Montenegro

In 2024, the Mohanji Foundation Montenegro achieved significant milestones with the generous donation of two prime parcels of land. These lands represent a monumental step forward in our mission to establish spiritual sanctuaries and community hubs in Montenegro. This report outlines the progress made and the exciting prospects ahead.

#### Land Donation and Location Details

The first parcel, situated in the picturesque village of Kameno, located 7 km from the coastal city of Herceg Novi, spans over 3500 m2. Positioned in an exclusive locale, it boasts proximity to key international points: 50 km from Croatia and Dubrovnik International Airport, 35 km from the Bosnia and Herzegovina border, 20 km from Tivat International Airport, and 120 km from Podgorica Airport, the capital city's hub. The site's auspicious Vastu-compliant layout aligns perfectly with our vision.





### Development Plans and Current Status

Plans for the Kameno site include the construction of three temples dedicated to Baba, Dattatreya, and Ganesha, alongside residences for Mohanji and priests, accommodations for visiting guests, and a facility for various community activities. Despite bureaucratic challenges typical of the region, all necessary paperwork was diligently completed in 2024. We are currently in the process of obtaining permissions for temporary structures, including Baba’s temple, and await approvals from the Ministry of Infrastructure to commence construction on the residential and temple buildings. Furthermore, significant progress has been made in preparing the site’s perimeter, including the installation of fences and preparatory groundwork.

The second parcel, nestled in the village of Lijesevici, offers breathtaking views of the Boka Bay. This 800 m2 plot is conveniently located just 10 minutes from Tivat Airport and an hour from Dubrovnik Airport. Plans for this site include the construction of a residential house and a multipurpose hall for community activities.

### Visit by Mohanji

A notable highlight of 2024 was Mohanji’s personal visit to both lands in October. His presence underscored the spiritual significance and transformative potential of these sites, inspiring all involved in their development.



## Mohanji Center of Benevolence South Africa

### A Message from Mohanji

*“The essence of life is giving. When we give without expectations, we transform not just the receiver but also ourselves. The Mohanji Centre of Benevolence is a beacon of this truth—a space where love flows unconditionally, and lives are uplifted with compassion.”*

– Mohanji, Founder

### Introduction to the Mohanji Centre of Benevolence Nonoti South Africa

The Mohanji Centre of Benevolence is a transformative sanctuary built on unconditional love and selfless service (seva). Our vision is to empower communities through compassion-driven initiatives that ensure every individual thrives spiritually, socially, and materially.

### Summary of Impact (January – November 2024)

**Lives Touched:** We were able to have a positive impact on over 23,000 individuals through diverse initiatives.

### Highlights:

- **Community Infrastructure: Transformation of**







**our MCB Land:** 12 hectares of barren land has been transformed into a thriving space. It now hosts a world-class multipurpose community hall, a hub for community and spiritual programs, Mohanji Nilayam, and sustainable agricultural initiatives.

- **Feeding Programs:** Over 23,310 hot meals were served to address hunger and malnutrition. Also, seven tonnes of food and 2,200 loaves of bread were distributed.
- **Sustainability Milestone:** The first borehole was established in the area, providing a stable water supply for MCB and Nonoti residents.
- **Safety & Security:** Post the commencement of the MCB's activities, crimes in the region reduced by over 70%, as per the community Police Forum of Nonoti.
- **Cultural Celebrations:** Mohanji was the chief guest at the Sivananda World Peace Foundation

event, showcasing MCB's role in promoting peace and cultural diversity. Other events such as Mohanji Day, ACT Day, Diwali, Sai Baba's Mahasamadhi Day, and Ganesh Chaturthi fostered unity and cultural pride.

- **Health Advocacy:** We organised blood camps, cancer awareness drives, hospital outreaches, and emotional support programs, which helped hundreds.

## Key Impact Areas

### Humanitarian Aid

- **Feeding the Hungry:** Weekly feeding programs and bread distribution have provided consistent support to vulnerable families.
- **School Nutrition Program:** We supported schools with funds for feeding students.





- **Essentials Distribution:** Baby packs, clothing for children and adults, dignity packs, hygiene packs, stationery, and uniforms were distributed to six schools and four preschools.

### Education and Youth Development

- Strengthened early childhood education through food, material, jerseys and uniform support.
- Launched the Mohanji Youth Club to inspire leadership and community engagement.

### Sustainability and Self-Reliance

- **Water Security:** A borehole now supplies clean water to MCB and the surrounding community.
- **Food Garden:** We have created a food garden with vegetables such as brinjal, peppers, spinach, beetroot and radish
- **Agricultural Initiatives:** We have planned hydroponics and fruit tree plantation to enhance food security.



### Spiritual and Cultural Growth

- Hosted first retreat with Mohanji, meditation sessions, and cultural events that drew people together in unity and peace.
- Participated in the Multicultural Heritage Event, promoting diversity and inclusion.

### Key Projects for 2025

Theme: *“Empowering Lives, Creating Futures”*

1. Infrastructure Development
  - Build temples, silence caves, and water bodies for spiritual retreats.
  - Create accommodation for guests and program coordinators.
  - Develop an educational centre and a healthcare facility for chronic illness screenings.
2. Humanitarian Expansion
  - Scale up feeding programs and dry ration distribution via satellite centres.
  - Launch vocational training for unemployed youth and women.
3. Sustainability Initiatives
  - Expand agricultural efforts, including hydroponics and community gardens.
  - Introduce renewable energy solutions for the centre.
4. Cultural and Spiritual Enrichment
  - Organize regional and international retreats and programs.
  - Establish workshops on mindfulness, yoga, and conscious living.
5. Collaborative Efforts
  - Partner with healthcare providers, educators, and NGOs to amplify impact.
  - Enhance global engagement to attract donors and contributors.





### Vision for the Future

The Mohanji Centre of Benevolence is committed to being a global model of compassion-driven living. By fostering inclusivity, promoting sustainability, and empowering communities, we aim to inspire collective transformation.

As we step into 2025, our focus is clear: to deepen our impact, extend our reach, and create lasting change. Together, with your support, we can build a future where love, service, and unity triumph.

**Join us in this journey of transformation. Together, we can make a difference.**

## Mohanji Datta Tapovan Ganeshpuri India

**Datta Idol Installation** - On 25 January 2024, a 200 kg Datta idol was installed with the help of a crane at the sanctified site with sacred ash, soil, and a silver coin during an auspicious hour.

**Nakshatravanam and Plantations:** 27 sacred Nakshatra trees were planted in traditional alignment, along with other trees, vegetables, and



crops to revitalize the land.

**First Datta Puja:** The first-ever Datta Puja was conducted on the sacred land on 8 February 2024, with Abhishekam, sacred offerings, and Datta Aarati led by Sulakhe Maharaj, marking an auspicious beginning for the Ashram.

**Mohanji's Birthday:** On 23 February 2024, Mohanji's birthday was celebrated at the site. The celebrations included cultural performances, book launches, inspiring talks, and the unveiling of the Mohanji Idol. The event concluded with a vegan dinner and joyful community gathering.

**Mahashivratri Homa:** A powerful 12-hour Homa was conducted on 8 March 2024 for karmic cleansing, featuring continuous chanting, coconut offerings, and live Abhishekam from MCB Australia.

**Lunar Eclipse Homa:** A transformative 9-hour Homa was performed during the lunar eclipse on 25 March 2024, focused on karmic cleansing and spiritual purification.

**Guru Purnima:** We celebrated Guru Purnima on 21 July 2024. The celebrations included Freedom





Meditation for children, Mohanji Gayatri Chanting, Guru Paduka Puja, and a Satsang by Mohanji with 50 participants.

### Regular Activities

**Meditations for Children:** Regular meditation sessions for children from nearby villages have brought noticeable positive transformations.

### Future Plans

**Construction Work:** Construction at the site is set to begin early next year.

## Mohanji Datta Tapovan Sri Lanka

### Introduction

The year 2024 marked a pivotal beginning for Mohanji Datta Tapovan, an initiative dedicated to creating a **spiritual haven nestled in the lush greenery of Kithulgala, Sri Lanka**. Nestled amidst the serene landscapes, the Mohanji Datta Tapovan Sri Lanka is a visionary spiritual retreat under development. Spanning a picturesque 9-acre expanse near the Kelani Ganga River, this sanctuary promises to be a **haven of peace,**

**spirituality, and conscious living.** This location is already thriving with the vibrant presence of nature, as monkeys and wild birds regularly visit to enjoy the fruits from the numerous trees on the land.

The Tapovan will serve as a home for a grand spiritual centre that honours the profound teachings and presence of Mohanji with temples and shrines for revered masters and deities. It will house temples dedicated to Lord Ganesha, Lord Dattatreya, Shirdi Sai Baba, Lord Buddha, Lord Shiva, Lord Hanuman, Lord Krishna, and Mahavatar Babaji, creating a sacred space for seekers from all walks of life to connect with divine energies and deepen their spiritual journeys.

### Highlights of 2024

#### Land Acquisition

In April 2024, the journey of Mohanji Datta Tapovan commenced with the acquisition of a beautiful plot of land, strategically located amidst the verdant landscapes of Kithulgala. The proximity to the Kelani Ganga River adds to the spiritual and ecological significance of the site.





### Preliminary Zoning in Accordance with Vastu Shastra

Guided by experienced Vastu experts, the land underwent preliminary zoning to ensure that all future developments align with the principles of Vastu Shastra. This process established the foundation for a harmonious and spiritually conducive layout for the Tapovan.

### Architectural Planning

A reputable architect was contracted to design the conceptual plan for the Tapovan, blending traditional spiritual aesthetics with modern infrastructure. The design promises to be both functional and inviting, integrating seamlessly with the natural surroundings.

### Preliminary Investigations by NBRO

The National Building Research Organisation (NBRO) conducted detailed preliminary investigations on the site to ensure its suitability for construction. Their clearance will provide the confidence to proceed with the development while



maintaining the highest safety standards.

### Preparations for Bhoomi Puja

With the foundational work in place, the Bhoomi Puja is scheduled for March 2025. This sacred ritual will mark the formal commencement of construction, inviting divine blessings for the Tapovan's success.

### Rich Biodiversity on the Land

The land's existing natural ecosystem has already started to thrive. Monkeys and wild birds frequently visit the site, enjoying the abundant fruit trees that dot the property. This harmony with nature embodies the Tapovan's vision of sustainability and





spiritual connection with the environment.

### Looking Ahead to 2025

The coming year promises to be transformative as we progress toward making Mohanji Datta Tapovan a reality. Key objectives include:

- Completion of detailed architectural plans.
- Obtaining the final clearance for construction from NBRO.
- Initiating pre-construction landscaping work post-Bhoomi Puja.
- Further enhancing the ecological balance of the land.
- Strengthening community engagement and outreach initiatives.

### Gratitude and Acknowledgments

We extend heartfelt thanks to the Mohanji community, local supporters, and all stakeholders for their unwavering support and encouragement. This project is a collective endeavour, and your involvement inspires us to achieve greater milestones.

As Mohanji Datta Tapovan takes shape, we invite you to join us in this journey of creating a spiritual and environmental legacy for generations to come.

### Contact Information

For updates and participation opportunities, please reach out to us at:

[Srilanka@mohanji.org](mailto:Srilanka@mohanji.org)

## Mohanji Centre of Benevolence Australia

Nestled in the tranquil beauty of Walpole, Western

Australia, the Mohanji Centre of Benevolence offers a rare opportunity for inner peace, spiritual connection, and personal growth. This Centre, like others around the world, was founded by Mohanji with the vision of spaces where individuals can **reconnect with their true selves and experience a deeper sense of stillness and transformation.**

Mohanji often speaks of the importance of places like these, where silence isn't just the absence of noise, but a space for inner peace, self-reflection, and spiritual evolution. The Mohanji Centres of Benevolence are more than physical spaces—they are portals to higher consciousness, designed to help us move beyond the constant chatter of the mind and reconnect with the truth that lies within each of us.

### Deva Bhoomi – The Land of the Gods

The land upon which the Mohanji Centre of Benevolence sits is considered Deva Bhoomi, or the Land of the Gods, in line with the ancient wisdom of Vastu Shastra—the science of aligning spaces with natural energies. It is believed that certain places on earth hold a unique spiritual energy that supports the growth of the soul. Our centre in Walpole, with its untouched natural beauty and deep spiritual energy, is one such place.

Visitors often remark on how easy it is to find inner silence upon arrival, as the environment itself seems to invite a sense of calm and stillness. The land encourages a natural connection to the self, making it the perfect space to escape the hustle of daily life and experience profound inner peace. Time spent here offers more than just rest—it provides an opportunity to evolve beyond limiting emotions and mental attachments, allowing for a deeper connection to the higher self.





### **A Natural Confluence – Where Rivers Meet**

The Centre is located at the convergence of the Frankland River, Deep River, and Kordabup River, which flow into the serene Walpole Inlet. The coming together of these waters is not just a geographical feature, but a symbol of harmony, much like the sacred confluence of the Ganges, Yamuna, and Saraswati in India. Just as these sacred rivers purify and bless the land, the union of these three rivers brings balance, clarity, and a sense of peace to the land and its visitors.

The flowing waters, combined with the lush forests and open spaces, create an environment that supports meditation, reflection, and spiritual growth. It's a space where you can experience the restorative

power of nature, while reconnecting with the inner stillness that so often gets lost in the bustle of life.

### **The Vegan Sanctuary – A Home for All Beings**

A truly unique aspect of the Mohanji Centre of Benevolence is its Vegan Sanctuary, where beings of all kinds coexist in peace and harmony. The sanctuary is home to Nandini, a gentle calf, Kamadenu, a loving cow, as well as peacocks, chickens, guinea fowls, and a variety of wild birds and kangaroos. Each of these beings is treated with respect, care, and kindness, reflecting Mohanji's teachings on unconditional love and compassion for all living things.

It's a living example of how we can coexist in harmony with nature, treating all beings—human and animal





alike—with the same dignity and reverence. Visitors often remark on the peaceful atmosphere of the sanctuary, where the animals’ gentle presence serves as a reminder of the interconnectedness of all life.

### **Sacred Temples – Divine Presence and Connection**

The Centre is also home to several sacred temples, including shrines dedicated to Shirdi Sai Baba, Lord Ganesh, Lord Dattatreya, and the rare Anaghalakshmi, the Goddess of abundance and prosperity. The Anaghalakshmi Temple is particularly special, as it is one of the very few temples dedicated to this goddess around the world, making the Centre a unique spiritual destination.

These temples offer a space for quiet worship, reflection, and prayer. The energy in these sacred spaces helps visitors deepen their connection to the divine and provides a powerful space for meditation and inner peace. Whether seeking blessings, clarity, or simply a moment of connection, the temples

offer an environment that nurtures the soul and supports personal transformation.

### **Chalet-Style Accommodation – Rest, Reflect, Rejuvenate**

For those looking to rest and recharge, the Centre offers Chalet-style accommodations that provide a peaceful retreat from the outside world. Surrounded by the natural beauty of Walpole, these chalets offer a comfortable and serene setting for rest, relaxation, and reflection. Many guests find that the peaceful atmosphere allows them to unwind, reconnect with themselves, and gain clarity on their spiritual path. Whether you are here for a short stay or an extended retreat, the chalets provide the perfect space to relax, rejuvenate, and experience the stillness that permeates the Centre. It’s an environment that supports deep rest, allowing guests to return to their daily lives feeling refreshed, balanced, and more aligned with their higher purpose.





## **A Space for All Paths – Yoga, Meditation, and Spiritual Practices**

The Mohanji Centre of Benevolence welcomes people from all walks of life, providing a space for those on the path of Karma Yoga, Bhakti Yoga, Gyana Yoga, or Raja Yoga. The Centre honours all paths of spiritual growth, understanding that each individual's journey is unique. Whether you're drawn to the selfless service of Karma Yoga, the devotion of Bhakti Yoga, the wisdom of Gyana Yoga, or the discipline of Raja Yoga, the Centre offers the space and guidance to support your practice.

The Centre also offers regular meditation and yoga classes in its original form, as well as other spiritual practices designed to help visitors deepen their connection to the divine and foster personal transformation. These practices create an environment that nurtures inner peace, allowing individuals to move forward in their spiritual journey with clarity and purpose.

## **A Place for Inner Evolution**

At its core, the Mohanji Centre of Benevolence is not just a place for rest—it's a space for deep, lasting transformation. Mohanji's vision for these Centres is to provide places where people can reconnect with their true selves, evolve spiritually, and find peace. The Centre offers the perfect environment for those seeking silence, self-reflection, and the opportunity to grow beyond limiting beliefs and attachments.

If you are looking for a place to reconnect with yourself, deepen your spiritual practice, or simply experience the peace and stillness that this sacred land offers, the Mohanji Centre of Benevolence is waiting to welcome you. It's a place where nature, spirituality, and divine energy come together to create an environment of healing, transformation, and connection.



# Mohanji Foundation

## *Adding Value to the World*

### Overview of the Mohanji Foundation

Mohanji Foundation, a global community spanning six continents, operates under the profound motto of “Adding Value to the World.” Headquartered in Switzerland, the Mohanji International Foundation is a registered non-profit organization under Swiss federal law. The Foundation’s country chapters are formally registered in 18 countries, with an active presence in over 90 countries, showcasing its dedication to global unity and transformation.

The Foundation’s mission is to inspire humanity to transition **from humankind to kind humans** by emphasizing the highest human values such as compassion, kindness, and unconditional love. Mohanji’s core teaching is simply **“Be You” - accept, understand, recognise and express your uniqueness in the world.** Through guided meditations, processes and techniques, Q&A sessions with Mohanji, and an ever-expanding library of literature, the Foundation fosters profound personal and collective transformation. Supported by devoted volunteers and generous donations, Mohanji Foundation continues to create tangible positive change worldwide.

### Milestones in 2024

2024 marked a significant phase of growth and impact for Mohanji Foundation, building on the momentum from 2023 when Mohanji Centres of Benevolence became operational in 7 countries across the world.

### Global Presence

The Foundation hosted **activities in over 40 countries, engaging communities in 43 languages.** More than 1,600 programs, led by trained Mohanji acharyas,, complemented by over 9,000 Mai-Tri Method sessions that empowered individuals through self-healing and removal of deep-seated blockages.

### New Registrations and Expansions

**Mohanji Foundation organizations were registered in Brazil and Sri Lanka, bringing the total to 19 globally.** Our Sri Lanka organisation comes as a culmination of several years of local seva work, lending greater solidity and long-term heft to our



operations there. Efforts are underway to establish new registrations across Africa, Latin America, and Europe, as our global network of organisations becomes stronger, so that we may serve the world better.

## Mohanji Centres of Benevolence (MCBs)

Mohanji Centres of Benevolence (MCBs) are physical spaces that embody Mohanji's teachings of kindness, harmony, and conscious living. These centres serve as sanctuaries for transformation, offering individuals the opportunity to experience the profound principles of respect, non-violence, and compassion. Key developments in 2024 include:

- **Expansion:** New spaces were established in **Bosnia and Herzegovina, Montenegro, and Sri Lanka**. In Bosnia, a donation of 750 square meters of additional land was received, and a contract for land donation near Banja Luka was signed, marking a milestone for the future Mohanji Centres of Benevolence in this country. Our team in Sri Lanka acquired a beautiful parcel of land for the proposed MCB there, and initial planning work for consecrating the temple spaces has already begun.
- **USA Developments:** The Mohanji Centre of Benevolence in the USA inaugurated its temple structures, with temples dedicated to Sai Baba, Lord Ganesha, and Lord Dattatreya. The centre also brought in a murti (idol) of Lord Hanuman and a Shiva Linga. The prana prathishta (energy-inducing ceremony) was conducted for all the deities, filling the entire centre with energy. Regular worship, transformative programs, and food donation drives have been central to this space's activities.
- **Growth:** A new local Centre was inaugurated in Cape Town (South Africa), enhancing the Foundation's footprint in the region. A new local Center was also opened in Malaysia.
- Across MCBs, ongoing activities included wellness programs, animal rescue initiatives, and organic farming, creating havens for natural and conscious living.

These Centres have become catalysts for global transformation, demonstrating Mohanji's vision of a harmonious and compassionate world. They also stand as powerful symbols of the Foundation's



commitment to fostering a kinder humanity.

*"We are so blessed to have Mohanji Peace Center in Slovenia with three beautiful and hardworking people who are completely dedicated to service and tirelessly seek new solutions to make the center even more perfect and serve all people for the highest good. The programs and rituals they lead are extremely powerful and healing. Every time I go home, I feel lighter and more peaceful. Nothing calms me like a day at the Mohanji Peace Center. What more can we ask for from Mohanji? He has already given us everything, we just need to recognize it. Thank you Mohanji and thank you to the team at the center. You are very important and please remember this every day. I love you and please never give up. ❤️❤️🙏🙏" - Tina, Slovenia*

*"The Abundance programme that we have just experienced is exceptional. I was definitely guided to this programme - I couldn't ignore the signs.*

*Jenny and I agree that the process we have just experienced is unique - we have spent decades in meditation and sadhana practices and our experience is difficult to verbalise but for me it was as if I was no longer bound by the body, my consciousness was everywhere and in coming back I am aware of a greater expansion in my heart space - an experience of a new freedom and as if a weight has been removed." - Michael and Jenny, UK*

## Programs

### Mohanji's Global Engagements

Mohanji led 35 programs and conducted 95 satsangs across 18 countries, leaving a profound impact on participants. His talks at universities, forums, and global gatherings inspired audiences to embrace service and kindness as life's core principles.



*“Thank you all from the bottom of my heart. To this day, it is not completely clear to me how it happened that I found myself in your company and spent extremely deep, inspiring days with you. As I said before; everything that I have been collecting in bits and pieces for 30 years has come together these days into a clear picture.” - Darja, Slovenia*

### **Empowered Courses**

The Empowered courses - a signature course delivered by Mohanji to drive deep personal transformation, eventually leading seekers to mastery over their minds, and breaking free of all bindings and patterns.

Mohanji personally led the Empowered 5.2 program at MPC Serbia, bringing together over 150 participants for a transformative journey of inner exploration. The program included Satsangs and a 9-day silent process, focusing on discipline and self-awareness. With sattvic food and a high-frequency environment, it enabled participants to shed their comfort zones and deepen their connection with themselves.

This year, Empowered practitioners had the opportunity of practicing Empowered 5 techniques to achieve silence and mastery of mind, in the

presence of Mohanji, guided by trainers.

### **Empowered trainer led programs**

Empowered trainers led 230+ sessions across the globe, bringing the essence of the program to diverse audiences worldwide, with a tailored session at Barclays Bank in London being one of many.

### **Festivals and Collaborations**

The Festival of Consciousness, first organized in Serbia, was held at the MCB in Scotland for the first time in 2024. This unique event serves as a platform to inspire holistic well-being by fostering awareness, self-acceptance, and universal values such as compassion, truth, and unconditional love. Attendees experienced transformative activities like yoga, meditation, and Conscious Dancing, complemented by delicious vegan food, creating a space for rejuvenation of the body, mind, and soul. The festival aspires to contribute to a more harmonious and compassionate future for all.

All the MCBs celebrated all the major festivals including Shivaratri, Guru Purnima, Ganesh Chaturthi, and Diwali, creating unforgettable memories together.





Mohanji Foundation Bosnia and Herzegovina participated in the **Lifeline Festival**, offering Mohanji Wellness Walking sessions.

Mohanji Association Serbia, in collaboration with the Embassy of India in Serbia, organized the first **“Building Strategic Alliances for Peace Panel 2025”** on October 7, 2024, in Belgrade. The event convened diplomats, NGO representatives, and youth leaders, marking a significant step in **fostering dialogue and global unity**. Mohanji’s keynote emphasized the urgency of transcending divisions to prioritize humanity, laying the groundwork for transformative actions ahead of the 2025 Peace Panel.

Mohanji Foundation also organized a peace centric panel discussion in Kwazulu Natal, South Africa titled **“Pathways to Peace”**, bringing together speakers from different communities and walks of life, to highlight the imperative for and the roadmap to harmonious co-existence of all people.

An exhibition **“Embracing Humanity - Portraits of Compassion”** was held in Belgrade, by Mohanji Association Serbia, providing an inspiring glimpse into Mohanji’s life and his unwavering commitment to serving humanity. Through captivating visuals, it showcased his journey of compassion, selflessness,

and dedication to promoting global unity and kindness. This exhibition stood as a heartfelt tribute to his mission of uplifting lives and nurturing a more compassionate world.

### **International Day of Yoga**

Celebrations were held globally in collaboration with HSTY. In Johannesburg (South Africa), over 5,000 participants attended the event. The Foundation also conducted programs at the Grand Maha Shivaratri celebrations in Benoni (South Africa).

### **Publications**

Mohanji Foundation’s literary contributions expanded in 2024 with translations of key works:

- *Silence of Shiva* (Dutch, Slovenian)
- *Mast – The Ecstatic* (Slovenian, German, Gujarati, Hindi, Farsi)
- *The Power of Purity* (German, Gujarati)
- *Bedtime Stories* (Slovenian, Dutch)
- *Home for A Refugee* (Spanish, Dutch)
- *Guru Leelas* (Dutch, Slovenian, Bengali)
- *Baba* (Dutch, Bengali)

These publications, now available in 43 languages, further the Foundation’s mission of sharing universal wisdom with diverse audiences worldwide.

## Meditations

Mohanji's guided meditations have been instrumental in fostering inner peace and conscious living, accessible in 42 languages.. Available on platforms such as the official website, YouTube, Insight Timer, Platonix, these meditations empower individuals to embrace a conscious and transformative lifestyle.

## Special Projects

The Vrindavan Guruvayur Project is steadily advancing towards its vision of creating a spiritual and cultural center dedicated to Lord Krishna (Guruvayurappan). Significant milestones have been achieved, laying a strong foundation for the project's successful completion.

Key Developments:

### 1. Land Acquisition and Site Preparation:

The initial phase of land acquisition has been successfully completed. The *Bhumi Puja* ritual, performed to sanctify and prepare the site for construction, marked an auspicious beginning.

### 2. Vedic Rituals:

In August, the *Daaru Parigraham* and *Vriksha Puja* rituals were conducted with devotion and precision by a dedicated team comprising Thantri-Brahmasri Eekkad Neelakandan Namboodiripad, Mohanji Malayalam Head, Devadas, Temple Shilpi Sankaran Namboodiripad

### 3. Construction Progress:

- Initial foundation work has commenced on-site.
- Procurement of essential materials for the temple is underway:
  - ★ Wood and stone for the main sanctum sanctorum have been secured.
  - ★ Additional materials for other components of the temple complex are being acquired.

### 4. Community Engagement:

- A multi-language social media campaign has been launched to raise awareness and

foster engagement.

- Presence on key social media platforms has been enhanced to reach a wider audience.

## 5. Spiritual Initiatives:

- *Bhagavad Gita* classes, in collaboration with HSTL, have been introduced to promote Krishna (Guruvayurappan) Consciousness and deepen spiritual understanding among devotees.

## Future Plans:

The Prana Prathishta (installation and consecration) ceremony for the Guruvayurappan idol is scheduled for the first half of 2026, signifying the culmination of this sacred endeavor.

The Vrindavan Guruvayur Project continues to progress with unwavering dedication, aiming to establish a spiritual sanctuary that inspires devotion and fosters cultural heritage.

## Conclusion

2024 has been an epochal year for the Mohanji Foundation, marked by significant milestones and growing global impact. From the expansion of Mohanji Centres of Benevolence to the translation of Mohanji's works into new languages, the Foundation has reinforced its commitment to creating a better, kinder world.

In the year 2025, we look forward to continuing this momentum. The main theme for the year would be consolidation and stabilisation, following the rapid growth and evolution in the preceding years. The biggest priority would be to further develop our existing MCBs, expand construction and living spaces, and integrate more with community-driven programs and sustainable practices. Meanwhile, new spaces are also taking shape as we build an overall grid of Mohanji Centres of Benevolence across the world. In parallel, we are looking to enhance global access to Mohanji's teachings through innovative means of outreach using new platforms, as well as through offline programs conducted by our growing pool of Mohanji acharyas.

Together, we aspire to carry forward this momentum, inspiring individuals and communities to live by the principles of compassion, harmony, and conscious living.





## Bosnian Pyramids - The Annual Pilgrimage

Mohanji Foundation was very present and active in Bosnia and Herzegovina during the past year



again. Among other events, the fifth edition of the Consciousness Kriya intensive retreat was organized in Visoko, home of the wondrous Bosnian pyramids.

During this unique four-day retreat, the sacred Consciousness Kriya was practiced in energetically outstanding locations such as the Pyramid of the Sun, Pyramid of the Moon and the Ravne underground tunnels, all part of the wondrous Valley of the Bosnian Pyramids, one of the most significant energy portals on planet Earth.

Leaders of Consciousness meet annually in Visoko in celebration of unity consciousness. Devi Mohan represented Mohanji Foundation at the event sharing insights about importance of selfless service and focus on the central axis.

## Mohanji in Switzerland

### *Mohanji's First Public Event in Switzerland*

Switzerland, known as the seat of administration for Mohanji Global, became a center of vibrant activity in September 2024 when Zurich hosted the first-ever public program with Mohanji. Held in the heart of the city, this landmark event brought together 120 participants from Switzerland and neighboring countries, including Germany, Austria, the UK, Belgium, and Serbia, creating a truly international and inclusive gathering.

The day began with a gentle and grounding HSTY yoga session, setting a harmonious tone for the hours to come. This was followed by the deeply soothing Blossoms of Love meditation, guiding



participants to connect with love and stillness within. Aligned with Mohanji's core teaching of non-violence, a delicious vegan lunch was served on the terrace, offering participants a chance to unwind, connect, and enjoy delicious vegan meals. The afternoon continued with a joyful Conscious Dancing session, led by Mohanji Acharya Monika Dizdarevic, which brought smiles and uplifted spirits across the gathering. A particularly moving highlight of the day was the performance by Hearts Liberated, featuring the *Gratitude Song* and *Father*, both inspired by Mohanji and resonating deeply with the audience.

The program was further elevated by the presence of Mr. Paul Debabrata, Cultural Attaché of the Indian Embassy, and his spouse, whose visit brought warmth and encouragement to this special occasion.

The day culminated in a powerful two-hour Satsang with Mohanji, where he shared profound insights on life, purpose, and spiritual growth. With wisdom and clarity, Mohanji addressed questions from both in-person and online attendees, leaving a lasting impact on all present.

Beyond the public program, Mohanji's visit to Switzerland included two other remarkable activities that highlighted his compassion and inclusivity:

- He visited the Soma Skanda Temple, where he



engaged in a profound Q&A session with the volunteers, inspiring them with his message of unity and selfless service.

- Mohanji also visited the Känguruhof animal shelter, spending time with rescued animals and appreciating the organization's dedication to love and care for beings in need.

This inaugural public event, along with Mohanji's additional activities during his visit, marked a significant milestone for the Mohanji community in Switzerland. It deepened connections, inspired compassion, and set the foundation for future programs aimed at bringing people together in love, awareness, and transformation.

## Empowered Series

The Mohanji Foundation's signature programme, **Empowered** has gained widespread participation across the globe. This transformative five-part program invites participants on a profound inner journey to discover absolute inner silence, enabling mastery over the turbulence of the mind.

## Empowered 5 Programs at the MCB

This year, Empowered practitioners had the opportunity of practicing Empowered 5 techniques to achieve silence and mastery of mind, in the presence of Mohanji, guided by trainers. In addition to specific Empowered 5 meditations and practices, participants benefited from Group Mai-Tri sessions, conscious gapless breathing, and yoga practices. The Mohanji Centers, consecrated with the energies of the Datta tradition, provided a highly conducive atmosphere for the program. Most Empowered 5 programs this year took place in Mohanji's presence, adding a unique dimension to the experience. Here are a few glimpses of Empowered 5 programs that happened in three centers. Overall, more than 200 people practiced Empowered 5 this year in all these different programmes, both in-person and online.

## Empowered 5 program with Mohanji

**Empowered 5**, the second phase of the program, was held at the Mohanji Peace Centre in Serbia during 16-25 May 2024. Under Mohanji's direct guidance, participants delved into deeper inner exploration, learning to detach from the senses as they journeyed within. Empowered trainers supported this program, allowing participants to experience enhanced introspection.





## Empowered 5 Programs led by Trainers

**Empowered 5** programs were conducted by Trainers at Mohanji Centers of Benevolence in Scotland and USA, in July 2024.

Serious Empowered practitioners immersed themselves in the practice of detachment and mastering their mind through the intense ten-day in person programme at the powerful and sacred space energised by the presence of Datta Masters. Embedded along with the “Being with Mohanji” retreat of Mohanji, these practitioners had the opportunity to experience rejuvenating morning Yoga sessions, empowering Satangs with Mohanji and deep cleansing techniques such as Group Mai-Tri and Group Future Mapping.

Each program incorporated the specific Empowered 5 techniques and processes given by Mohanji, guiding participants toward deeper self-connection and inner silence.

### Online Empowered 1 to 4 - Trainer Led

Throughout the year, trainers continue to conduct online programs of the Empowered Series 1 to 4 were, not just in English but also in Serbian and Farsi. Through live group sessions and follow-up recordings, participants were able to benefit from group work as well as working at their own pace. The sessions included contemplation exercises, discussions, and experience-sharing, aiding participants in their preparation for the intensive Empowered 5.

To meet global demand, a comprehensive

Empowered 1-4 program in English with dual time slots was conducted mid-year to accommodate participants from different regions. Additionally, Empowered trainers from the Balkans led online sessions in various Balkan languages. Throughout the year, country-specific online group sessions were conducted by trainers, periodically.

Since its inception, nearly 2,000 people have participated in the Empowered series, either in person or online.

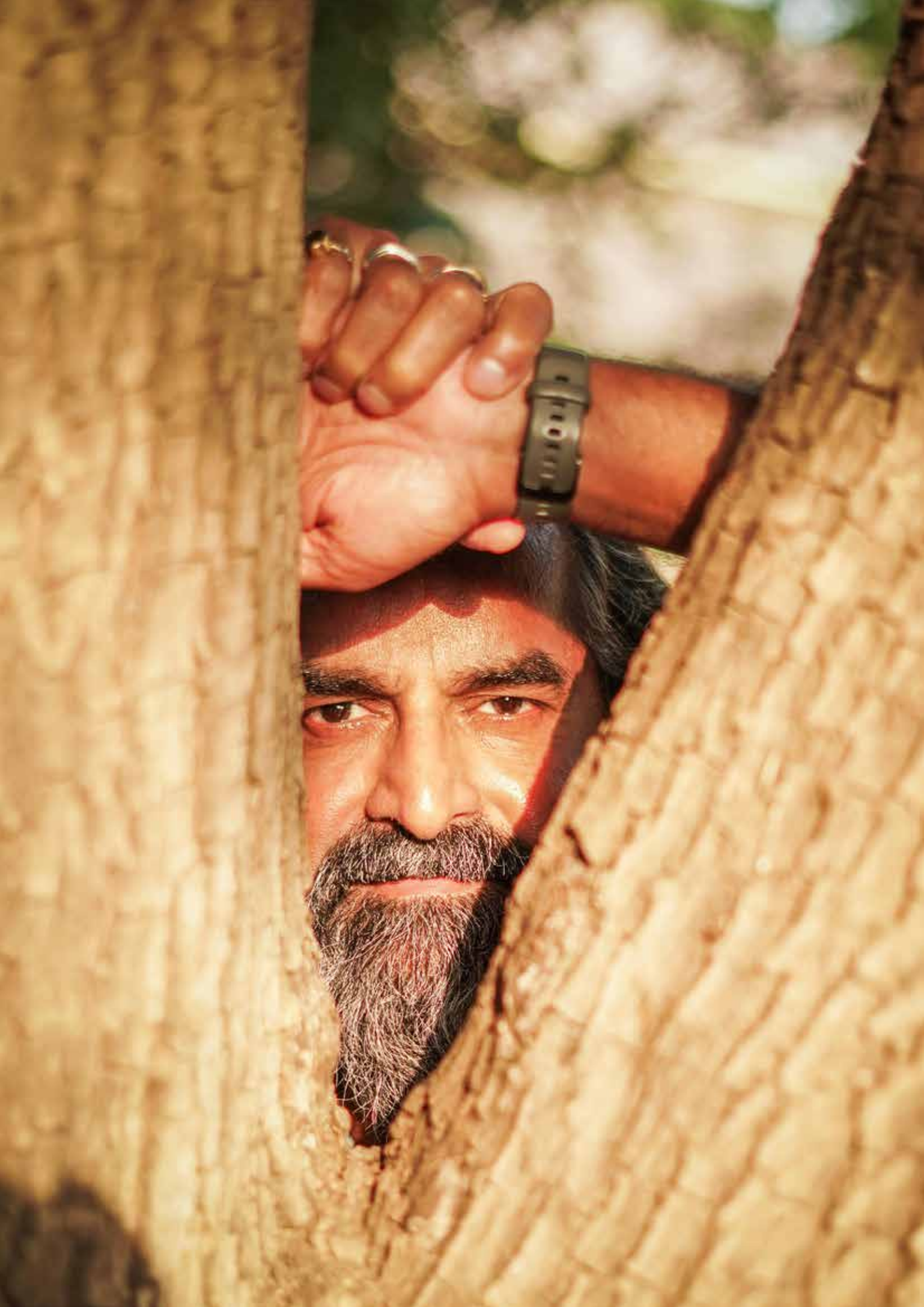
### Regular Recaps

To ensure continuous practice, the trainers are supporting all the previous Empowered 5 practitioners with monthly online recap sessions.

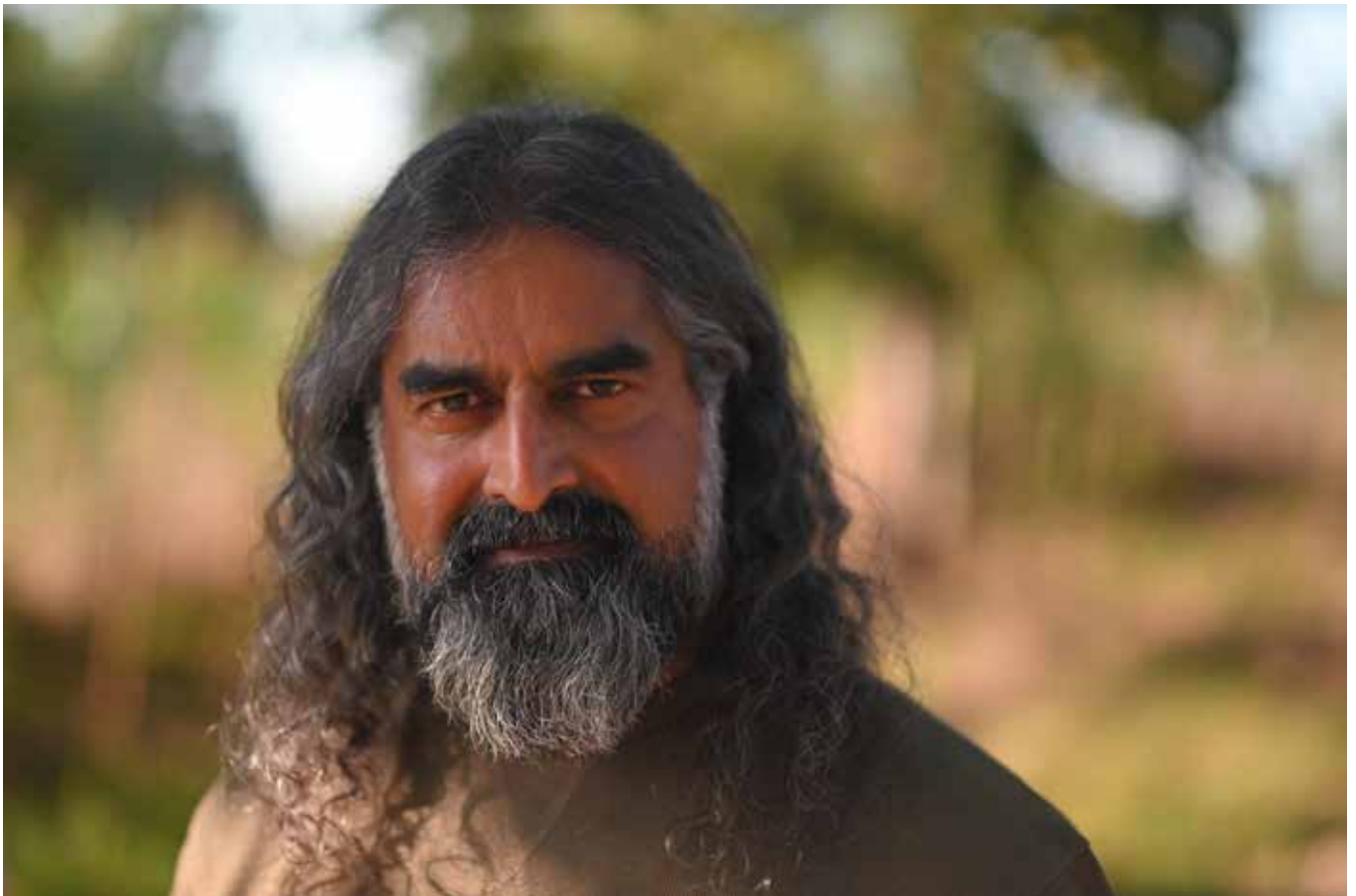
### Future Developments

With rising demand for the Empowered programs, plans are underway to introduce **Empowered Advance with Mohanji**. In addition to this, additional formats are being offered by trainers to facilitate online as well as in-person practices at various MCBs. This will enable participants to join programs more easily, regardless of location or schedule.

Through the Empowered series, the Mohanji Foundation remains dedicated to supporting personal transformation, empowering participants to cultivate a deeper connection with themselves and the world around them.









# Mohanji, The Fragrance

- by Dominic Venton

***“This fragrance represents an attitude - the regal elegance of an uncompromising life.”***

- Mohanji

The Mohanji Fragrance project started when I first met Mohanji in Puri, India for his birthday celebrations in 2023. Having spent most of my career developing a luxury fragrance brand, I decided that I would like to apply whatever expertise I have accumulated to help support this extraordinary man and his world changing movement.

## **Perfume: A divine offering**

In ancient times, priests, shamans and mystics would light precious woods, resins and incenses, believing that the fragrant smoke would provide purification while connecting earth to the heavenly realms above. It was considered the perfect offering

The traditional Latin saying “per fumum” or “through the smoke” was eventually coined. The

word we use today, is perfume.

The Mohanji fragrance builds on this sacred relationship between scent and the divine through an extraordinary journey of fragrance and packaging design, representing our own unfolding path to enlightenment.

All proceeds go to furthering the philanthropic, unifying mission of Mohanji in the world.

## **The Inspiration**

As soon as the decision was made to create this wonderful perfume, a scene came to me of a beautiful, ancient temple in Kerala, South India, with a terrace overlooking the Arabian Sea.

Imagine yourself sitting alone by Mohanji’s side, meditating as the sun begins to rise.

With eyes closed, you begin to notice delicate



floral notes from the gardens, drifting past you on the ocean breeze. The temple bells tinkle as sacred incenses of sandalwood and frankincense are offered by the priest to the dhuni, which has been burning for generations. As the birds, insects and animals start to awaken, you sense the sweet, earthy, grounding notes of the dew drenched forest that surrounds the temple. Patchouli, cedar, vanilla bourbon and tonka bean provide a sense of homecoming – of warmth, safety and comfort.

As Mohanji turns to bless you, the orange glow of the rising sun evokes a sense of hope. Hope of the dawn of a new consciousness on earth – of a new age of love, connection and peace.

This feeling, is The Essence of Mohanji.

### **The fragrance**

The fragrance itself was developed by the oldest fragrance house in the world – by Robertet. As an offering to Mohanji's peerless Raja yoga and Dattatreya lineage, we used only the finest quality, predominately natural perfumery materials, including sacred essences from each corner of the world. It was essential that the composition carry the purifying and protective vibrations of our most ancient cultures and traditions in order to capture the universality of Mohanji's consciousness.

Julie Lerendu, Perfumer:

*"I believe wearers of this fragrance will feel unique, warm, elevated, confident, balanced, mindful, calm and peaceful... The personal name I gave to this creation was Namaste."*

### **Key raw materials**

At the opening of the fragrance is a burst of lively Bergamot from Calabria, Italy. Known as 'green gold' by perfumers, these citrus fruits have a uniquely delicate floral note that cannot be replicated elsewhere.

The Orris used in The Essence of Mohanji is from Tuscany. It takes three to five years to cultivate and prepare the rhizome of the Iris flowers, with one tonne being required to make just 2 kilos of 'butter', as it is known. Its ethereal, powdery scent has been prized since the times of Ancient Greece.

Known as the King of the floral notes, 'Jasmine de Grasse' sits at the heart of the composition. It takes



over one million flowers, picked by hand before the sun rises to produce just a single kilo of oil. As with Tuscan Orris, Jasmine De Grasse is more costly than pure gold. We used it as it provides a beautiful sensuality to the accord.

The lead character in 'The Essence of Mohanji' composition is without question the highest grade of natural Sandalwood. It is said that sandalwood farmers are wonderful examples to follow as they plant, nurture and protect their sustainably grown trees in the knowledge that they will never personally profit from their harvest. Sandalwood has been used in the most important Hindu and Buddhist temples across Asia for Millenia. With its unmistakably warm, creamy note, it has an enveloping, comforting feel to it, like a cashmere blanket or the embrace of a loved one.

Sandalwood was Mohanji's first olfactive memory as a child and is the scent most often referred to by those closest to him.

### **Other key natural materials**

- Omani Frankincense
- Chinese Geranium
- Balkan Sage Officinale
- Virginian Cedarwood
- Brazilian Maté
- Haitian Amyris
- Javan Vetiver

### **Packaging journey**

Mirroring the fragrance itself, the unique packaging of 'The Essence of Mohanji' takes us on an extraordinary journey of personal enlightenment.



Each stage contains a simple handwritten message from Mohanji, reflecting our deepening experience of unity.

Based upon the five unfolding layers or 'padas' of ancient Indian Vastu temple architecture, we delve exponentially deeper into ourselves as we progress. A glimpse of our destination is available throughout via the golden Om symbol sitting proud atop the golden cap, visible through the layers of sacred geometric windows at the top of the box. This is a nod to those rare but unforgettable moments in life where we touch the divine, reassuring us that we are indeed on the right path, giving us the strength to continue.

Mark Wilkie, Creative Director, 'The Narrative' creative agency, London:

*"My inspiration was influenced by Mohanji's life and teachings. From the constellation at the time of Mohanji's birth in Kerala, through to his journeys to Kailash and even Sai Baba's throne at Shirdi. When I first met Mohanji in person he immediately said, 'Ah so you are the one I've been working with on the perfume.' This had a profound impact on me as I truly feel that I have been guided from the beginning. It has been a deeply personal, enlightening journey for me, and I am very grateful for the opportunity."*

Our journey commences with an image of the night sky at the exact time and place of Mohanji's birth.

The next 'pada' or layer reveals a hand-illustrated collage of Shiva's most sacred symbols combined with Mohanji's eyes, copperplated in gold.

Revealed beneath is the extraordinary beauty of a blossoming lotus flower – used for thousands of years to represent the conscious unfolding of the unsullied soul, sitting pristinely upon, but remaining unaffected by, the purifying soil of physical reality.

As the petals of the lotus open, we find the four faces of Lord Shiva's primary abode at Mount Kailash, one of the locations most closely associated with Sri Mohanji.

Emerging victorious from the ultimate challenge of the Himalayan enigma, we next discover the gateway to the sanctum sanctorum itself. A plain white box adorned with the sacred geometry that makes up our physical reality in precious silver and gold. This represents the architectural or 'causal' realm of existence. The most subtle dimension of thought, from whence all things come.

When we finally enter the sanctum sanctorum, we find a beautiful organic and totally unique bottle in the form of a Shiva Lingam nestled within a sacred yoni, encased by a replica of Sai Baba's infamous golden throne in Shirdi.

The colours of the triple polished glass bottle represent the dawn of a new age of love, light and unity as embodied by Mohanji's consciousness. The spherical cap represents our sun, or logos, adorned with the divine symbol of Om, along with the sacred geometry of the flower of life as found in the temple of Osiris in Egypt, on the gates of the Forbidden Palace in Beijing and in other places of worship throughout the ancient world.

The bottle itself has been sanctified with Mohanji's personal signature and thumb print, providing protection for all that wear it.

I hope you enjoy the Mohanji Fragrance as much as we enjoyed creating it.

It is available for purchase at [www.mohanjifragrance.com](http://www.mohanjifragrance.com)

All proceeds go to the Mohanji Foundation.





# World Consciousness Alliance (WCA)

## *Raising awareness through entertainers*

### *- Be The Change Now!*

#### About WCA

**The World Consciousness Alliance (WCA) was established on 11 November 2018, Armistice Day, in South Africa as a global movement with a clear mission: to promote peace, compassion, and the highest values of human expression. The WCA believes that by raising awareness and encouraging conscious living, we can create a better world for future generations and all species.**

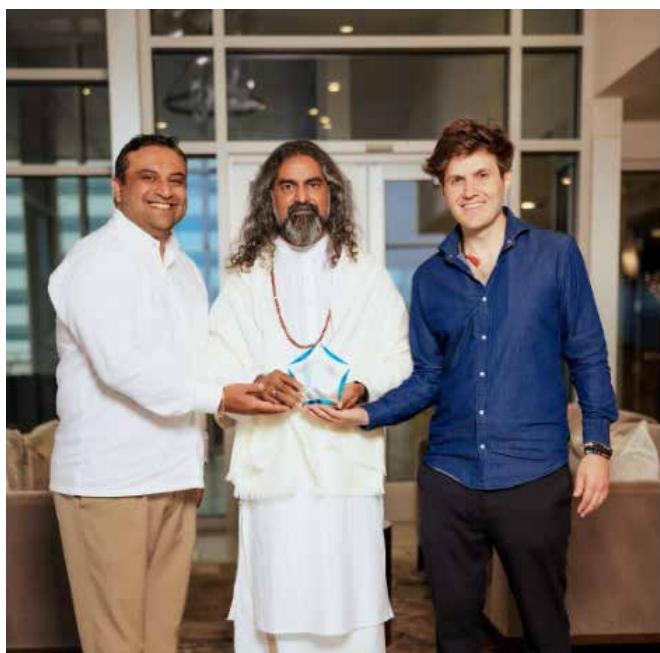
#### Launching of WCA in Frisco, Texas USA

16 April being declared as "Mohanji Day" in Frisco, Texas, is a significant recognition of Mohanji's work in spreading peace, compassion, and humanitarian values globally. This day was officially proclaimed by the city of Frisco as a tribute to Mohanji's contributions to society through his spiritual teachings and philanthropic activities.

The declaration was made to honor Mohanji's tireless efforts in promoting universal love and selfless service, which have positively impacted countless lives across the world. His teachings emphasize living a life of non-violence, kindness, and compassion towards all beings, transcending religious, cultural, and geographical boundaries.

The recognition of Mohanji Day by the city of Frisco is a testament to the global impact of his mission and the widespread appreciation for his dedication to creating a more harmonious and compassionate world.

To commemorate the first anniversary of Mohanji Day in Frisco, Texas, a Walkathon was organized by ACT Foundation USA on 28 April 2024, to mark the launch of WCA in Texas.



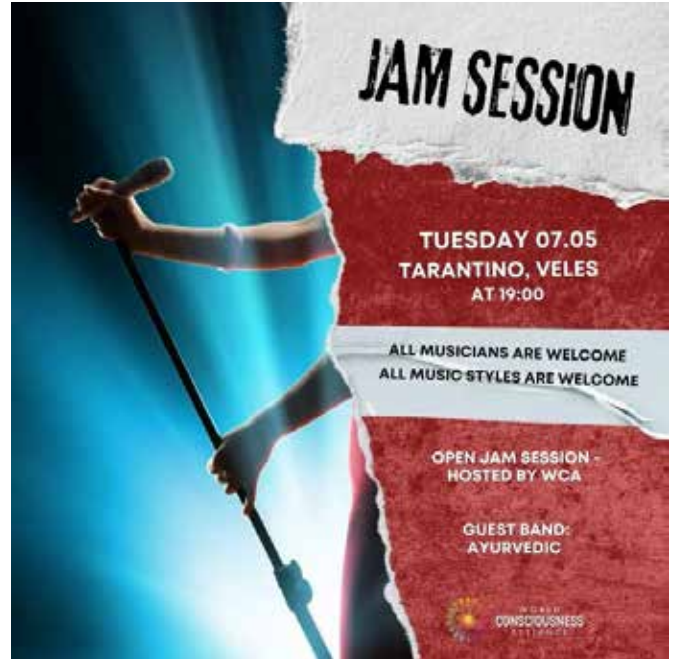


### **Walkathon Frisco, Texas USA**

An uplifting performance by the talented musicians of Indian Octave, whose soulful tunes set a vibrant and energizing tone for the event. Their music beautifully reflected the goals and vision of WCA, inspiring a sense of unity and purpose among all attendees.

The walkathon served as a moving meditation, nurturing deep connections, and embodying the essence of Mohanji's teachings. It transformed the simple act of walking into a profound experience of spiritual growth. The day concluded with a shared commitment to continue spreading peace and unity, inspired by the WCA's vision. The event reinforced the powerful role of music and spirituality in bringing people together and making a positive impact on the world.

Mohanji led the walkathon with a serene and composed presence, radiating peace and tranquility. As the participants followed, the procession symbolized a collective journey towards inner peace and communal well-being. Each step taken together became a spiritual stride toward a more compassionate world, deepening the sense of connection and unity among everyone involved.



This memorable gathering truly embodied the inspiring vision of the World Consciousness Alliance. It stood as a testament to the transformative power of music and creativity in promoting global harmony. By celebrating diversity and collaboration, the event highlighted the potential of art to inspire a more conscious and compassionate world.

### **Jam Session in Veles, Macedonia**

We organized a dynamic Jam Session on 7 May 2024, uniting musicians from diverse cultural and artistic backgrounds to celebrate the universal language of music. Each artist brought their unique style and creativity, resulting in a harmonious blend of sounds that captivated the audience. The session was a powerful expression of shared passion and artistic synergy, where individuality flourished within a collaborative spirit.

Beyond the music, the event radiated an atmosphere of unity and kindness. Musicians and attendees







### **Festival of Consciousness in MCB, Scotland**

The WCA proudly participated in the Festival of Consciousness, held at the picturesque Mohanji Centre for Benevolence in Scotland. This unique event brought together people from around the globe, creating a vibrant space for shared experiences and heartfelt connections. The stunning surroundings provided the perfect backdrop for a celebration of consciousness and community.

### **Women Awareness Meet , Frisco Texas USA**

The meet featured an array of engaging activities, including yoga, dance, dietary guidance, and skincare sessions, all tailored to support women's health and self-care. Each segment offered practical insights and empowering experiences, emphasizing the importance of nurturing both body and mind. These interactive elements created an atmosphere of connection and self-discovery.

alike connected on a deeper level, celebrating the beauty of togetherness and mutual respect. The interactions and performances served as a reminder of how art can dissolve barriers and foster a sense of unity.

The festival was alive with incredible music and dance performances, filling the air with joy and energy. Artists from various backgrounds came together to inspire and uplift the audience through their art. Each performance was a reflection of unity and creativity, weaving together cultures and expressions into a harmonious celebration of life.

Beyond the performances, the festival fostered a deep sense of togetherness and belonging. Attendees embraced the opportunity to connect, share, and celebrate the beauty of human connection. The joyful atmosphere left everyone feeling enriched and inspired, making the event a truly memorable experience that resonated with the core values of WCA.

On 20 August 2024, WCA USA proudly sponsored a groundbreaking initiative by ACT Foundation USA, dedicated to promoting women's well-being. The Women Awareness Meet, held in Frisco, Texas, marked a significant milestone for WCA USA, setting the stage for future endeavors. This expertly organized event left participants with a renewed sense of fulfillment and inspiration centered around holistic well-being.

One of the standout moments was the electrifying dance and Zumba session. Women embraced the rhythm, letting loose and immersing themselves in the music. The energy was infectious, creating a magical and almost transcendental experience that resonated deeply with everyone present. The event received glowing praise from both organizers and participants, celebrating its success as a meaningful step toward enhancing women's well-being.

- Web:** [www.worldconsciousnessalliance.org](http://www.worldconsciousnessalliance.org)
- Mail:** [info@worldconsciousnessalliance.org](mailto:info@worldconsciousnessalliance.org)
- Facebook:** [worldconsciousnessalliance](https://www.facebook.com/worldconsciousnessalliance)
- Instagram:** [wold\\_consciousness\\_alliance](https://www.instagram.com/wold_consciousness_alliance)











**Sustain**





# Ammucare Charitable Trust

*Caring beyond man-made barriers - creating a kind world for all*

*"Together, we can make heaven here. Heaven essentially is born inside of us through purity, good intentions, righteous actions, and a clear purpose.*

*Our goodness will shine forth. Let's do it together. We have done this for the last 21 years. Let's do it together.*  
-Mohanji

## Overview

Ammucare, a registered non-profit organization, was established by Mohanji in India in 2003 to uplift the helpless and needy by providing food, shelter, clothing, medical care, education, etc and nurturing growth and empowerment (not dependency). Our charity platform allows like-minded people to contribute to society with their efforts, resources and donations. We ignite selfless giving amongst all and help our volunteers attain peace, happiness and higher evolution. We aim to kindle empathy within all hearts towards all kinds of life on earth.

## Vision

"At Ammucare, we envision a world where every individual embraces the power of selfless giving and acknowledges their responsibility towards humanity and all living beings. Through our charity platform, we aim to inspire, mobilize, and connect compassionate souls, creating a global community of changemakers who work tirelessly to address pressing societal and environmental challenges. By kindling empathy in every heart, we strive to achieve a harmonious and evolved society, where the collective efforts of our volunteers lead to profound positive changes that resonate for generations to come."





## Ammucare's Approach :

Ammucare's systematic approach, encompassing various projects, is making a significant impact on society by serving food, empowering marginalized communities, providing access to education, healthcare, shelter, empowerment and much more. Ammucare's initiatives foster compassion, care and positivity within communities and inspire a sense of responsibility towards societal development. Thus, Ammucare's efforts contribute to the overall transformation and growth of the nation, creating a more inclusive, compassionate, and sustainable environment for all.

### 1) Act for Education

Project Unnati (Scholarships): Through their scholarship programs, Ammucare supports talented and deserving students who lack financial resources. By investing in education, Ammucare not only uplifts individual lives but also contributes to building a more educated society.

#### Key Highlight -

- Ammucare has extended its support to two girl children in Kerala by assisting in their college fees for their Master's courses, along



- with tuition fees, rent, books, and additional commitments.
- Ammucare provided 60 school dresses, a couple of benches, and a black board to schools that needed support in Shirdi, Maharashtra
- The school fees of five children in Kerala was supported by Ammucare, ensuring that they receive quality education and the opportunity to build a brighter future.
- Ammucare provided support amounting to a total of Rs.6,00,000 to multiple students who needed educational support for their college fees and other courses
- The exam fees and hostel expenses of a needy student in the state of Kerala were taken care of by Ammucare
- Mohanji Youth Club in collaboration with Ammucare offered financial support to 22 students from Amity Business School, UP, for making a meaningful impact on society.

## Mohanji Ka Aangan

### Overview

Mohanji Ka Aangan continues to be a beacon of hope and opportunity for 670 children across India. With a focus on **holistic development**, we aim to provide a safe, nurturing, and empowering environment for children at Aangan. Our programs focus on the overall growth of children, encompassing academics, sports, performing arts, yoga, Taekwondo, and other essential life skills.

### Our Presence

Mohanji Ka Aangan is spread across India in the following locations:

- Jammu
- Delhi
- Delhi Cantonment
- Ghaziabad
- Badlapur
- Mirchiwadi
- Bangalore, North
- Bangalore, South
- Bhubaneswar
- Mohanpur
- Chennai
- Sundarbans (Kolkata)



## Key Highlights of the Year

### 1. Expansion of Reach

- Added three new Aangans this year, at Bhubaneswar, Delhi Cantonment, and Sunderbans increasing our total to **12 centres**.

### 2. Nutrition and Well-being

- Established three new live kitchens at **Jammu, South Bangalore, and Saket (Delhi)**.
- This brings the total to **6 live kitchens**, ensuring fresh, nutritious meals for children and supporting their physical and mental health.
- Supported the business of a visually impaired individual by buying pens from him and distributing it to the Aangan children.

### 3. Achievements in Taekwondo

- Children from North Bangalore Aangan won **gold and silver medals** at the state-level Taekwondo competition.



- They are now preparing for the **National Championship**, showcasing their growing confidence and discipline.

### 4. Digital Empowerment

- With the help of patrons, six Aangans are now equipped with **computers and internet connectivity**, enabling the introduction of **online learning programs**.

- Regular online classes are broadening the children's horizons and enhancing their academic and technological skills.

### 5. Celebrating Talent and Confidence

- Aangan children participated wholeheartedly in the **Ammucare Anniversary Celebration**, presenting a **spectacular stage performance**.

- This was their first exposure to performing on a big stage, which boosted their confidence and left an indelible mark on everyone present.

- Children were honored with **medals, certificates, and backpacks** as a token of appreciation for their efforts.

## Future Plans

### 1. Enhanced Digital Infrastructure

- Adding more computers and expanding online learning facilities to reach more children.

### 2. Skill Training Initiatives

- Introducing vocational and skill development courses to prepare children for self-reliance and employment.

### 3. Geographical Expansion

- Establishing more Aangans in underserved locations to reach a larger number of children in need.

### 4. Infrastructure Development

- Securing permanent spaces for Aangans to



provide stability and expand our activities sustainably.

### Call for Support and Collaboration

As we strive to transform the lives of underprivileged children, we look forward to the support of individuals, organizations, and communities to help us realize our vision. Your collaboration can help us:

- Scale up our digital learning programs
- Provide quality skill training opportunities
- Expand our reach to more locations
- Build a secure and lasting foundation for our Aangans

Together, let us empower these children to dream bigger and achieve more through Mohanji Ka Aangan, which is nurturing lives, building futures.

### 2) ACT4HUNGER

Ammucare’s approach to Annadaan drives is rooted in the belief that no being should experience the pain of an empty stomach while striving to alleviate hunger. Through our initiatives, we have established a network of live kitchens that provide nourishing meals to both humans and animals in need. Ammucare actively distributes food to affected communities, exemplifying our dedication to eradicating hunger and nourishing lives across all species.



### Key Highlights

Total cooked meals served: 3,87,095



Quantity of Dry Ration donated: 5,844 kg  
Quantity of Animal food donated: 44,305 kg

### New additions

- Regular annadaan initiatives were launched at three locations during the year.
  - Weekly annadaan has commenced at Varanasi, Uttar Pradesh and Ganagapur, Karnataka.
  - Annadaan on every Amavasya day has been started inside the temple premises of Gokarna, Karnataka (known as Shri Mahabaleshwara Swamy Temple).

### Key Events

#### a) Ayyappa Pada Seva

Ammucare Charitable Trust, in collaboration with Mohanji Foundation and Ashraya Trust, organized the annual Ayyappa Pada Seva (foot massage) services at Kalaketty Shiva Parvathy Temple, Kottayam Kerala during 7-14 January 2024 for the pilgrims







(Ayyappans) making their way to Lord Ayyappa at Sannidhaanam (the sacred Shrine of Sabarimala).

During the annual event, which was inaugurated by Mohanji, the volunteers tirelessly served day and night, providing soothing foot massages to 11,000 devout pilgrims of Sabrimala.

### b) Shree Jagannatha Ratha Yatra 2024

From the 7th of July to the 15th of July, 2024, we witnessed the divine chariot journey of Lord Jagannath, the Lord of the Universe, at Puri, India.

The Ammucare volunteer team had the honor to serve Mahaprasad, water, and first aid to thousands of devotees of Lord Jagannatha during the Rath Yatra, which was made possible through generous donor support. We served Mahaprasad and water bottles to an astounding number of approximately 47,900 devotees in a span of 9 days. A total of 5,400 liters of water was served to 10,800 devotees, quenching their thirst in the extremely hot weather



conditions. Our services were extended not only to the pilgrims visiting the temple but also to service personnel, workers, less-privileged members of our community, the police and CRPF personnel.

### c) Pitru Paksh Seva 2024

Annadan Seva was carried out across Bharat during the sacred period of Pitru Paksha, starting from 17 September to 2 October 2024. During this period, meals were served to 45,843 people, and 26,486 kg of animal feed was distributed.

**Meals served:** Haridwar (3,550), Kashi (3,550), Rishikesh(500), Ujjain (8,960), Prayagraj (2,250), Gokarna (6,800), Shirdi (3,000), Ganeshpuri (8,680), Ambernath (3,350), Puri (11,10), Ganagapur (3,200), Beed (1,040), Thiruchendur (2,030), Tiruvannamalai (1,840), Mohanji Home for Seniors (720), three Aangans (3,375), Kolkata (640), Nagpur (100), Gujarat (148), Katra (250).

**Animal feed:** Puri, Mumbai, Tiruvannamalai,







Haridwar, Pathankot, Kerala - Bird feed (1472 Kg), Pathankot (164 Kg), Fish feeding (24 Kg), Goshala (3135 Kg), Tiruvannamalai (35 Kg), Dog feed (116 Kg).

### Other Notable Activities

- Ammucare contributed to the Ugadi Pada Seva organised by Ashraya Trust by providing monetary and volunteer support.
- May 25th has been designated as “Dr. PK Namboodiri Day” to honor the contributions of Dr. P. Kesavan Namboodiri, the father of Mohanji and the first president of Ammucare, for his selfless service & significant influence on the values of Ammucare.

Under “**PROJECT JAL & ACT FEATHERS**”, multiple activities were undertaken as follows:

- 20 water bowls were painted by the children from the Mohanji ka Aangan in Delhi and were placed in nearby parks and open spaces, and the volunteers ensured that the bowls were refilled regularly.
- 5 water rings were installed at the Bannerghatta National Park, Bangalore, which benefited many



bears taken care by the team.

- At Puri, Odisha, four water containers were installed at various places for quenching the thirst of beings, and are being regularly filled with water.
- Fruit Tree Plantation drives were conducted at various places, including Bannerghatta National Park area, Bangalore.
- At Tiruvannamalai Hills, a few water rings were installed for wild animals.

### Impact Report: Mohanji Home For Seniors

#### Overview

Mohanji Home for Seniors in Tiruvannamalai offers hope to the elderly and seekers. It provides care, love, and attention to those in need. The home ensures a quality life regardless of physical, financial, or social challenges. With a focus on holistic well-being, it addresses both physical health and mental wellness. Regular health check-ups, nutritious meals, and fitness activities are provided. The home also promotes mental well-being through meditation, counselling and engaging social activities, ensuring residents feel valued and supported, just like family.





### Focus 2024

With the Home having completed three years of operations in 2024, we increased our focus on ways to improve the mental and physical wellbeing of our seniors. A more focussed approach on health was brought in by Dr Wasir, who has been reviewing the reports for each and every inmate.

The main cases we dealt with in 2024 have been listed below:

1. One of the saints had a minor heart attack and we immediately took him to JIPMER, a reputed hospital in Tamil Nadu. He was discharged after receiving the necessary treatment. Subsequent regular visits to the doctor and greater attention on health have helped him stay active and lead a quality life.



2. We also welcomed another individual who had a wound that had not healed for more than 2 years. We ensured he received the right treatment at Vellore CMC hospital for 3 months and further at AMC hospital at Tiruvannamalai. He had to undergo two surgeries to recover from the wound. Regular physiotherapy sessions have been arranged for him to improve his mobility
3. Three other inmates had to undergo different surgeries due to issues caused by falling down and other age-related issues.
4. Regular medical check-ups are conducted at the Home for all the residents.
5. The menu for the elderly is updated regularly to ensure they receive tasty and healthy food.
6. The hygiene factor is given utmost importance to ensure the premises are clean and safe.
7. Sessions by yoga teachers and physiotherapists are conducted regularly at the Home, enabling our seniors to receive knowledge from the right sources about the best ways to stay flexible and mobile.

### Way Forward

#### 1. Expansion

- The construction of the second floor is in progress and we expect the work to be completed by April 2025. This will allow our inmates to have extra space for spending quality time.
- We plan to purchase a car to take our seniors to hospitals and bring them back to the Home post treatment. So far, we have been taking our seniors to hospitals in autos/hired cars, depending on their condition. It often becomes necessary for us to take our seniors to nearby cities, where the medical care is better. In such cases, we usually hire an ambulance/ car, depending on the patient's condition. Therefore, the purchase of a car is a genuine necessity for the Mohanji Home For Seniors, and it would greatly ease the lives of the elderly residents.



## Future Plans

### 1. Enhanced Infrastructure

- A place to unwind with activities on the terrace floor.

### 2. Societal Engagement

- Greater engagement through schools, libraries and other local organizations. Opportunities for the elderly residents to engage positively with society.

### 3. Geographical Expansion

Supporting the elderly/ parents even when they are residing in their own homes by providing them the necessary support with which they can continue their life comfortably.

## Call for Support and Collaboration

You have the following opportunities to stay connected and provide your support to Mohanji Home For Seniors.

- Volunteer at Mohanji Home For Seniors
- Spend some time with our elders
- Adopt a parent for life or a certain period of time
- Contribute towards Medical Support/Annadaan
- Donate for the construction of the second floor

### 1) Act for Health

A. The **ACT Blood Relations** project is driven by a mission that resonates with compassion and hope. Our primary focus has been organizing blood camps for thalassemia patients, who depend on regular blood donations every 20 days for their survival.

## Key Collaborations:

Over the years, we've forged meaningful partnerships with organizations such as Indegene, Worldmark, L&T, Airtel, Grey Orange, Bharti Care, Mantri Espana, Bhartiya City, Gera Emerald Pune, Aranca, Big Basket, and various Army units. This year, we collaborated with Defense Institute of Advanced Technology (DAIT), Pune. Samarpan Healthcare Center, Badlapur, and RML Hospital, Delhi. Together, we have successfully collected 321 units of blood, impacting many lives through the diverse use of blood components.



### B. Sanitary Napkin distribution

Our volunteers in Maharashtra have been sensitising women in slum areas about Menstrual Hygiene, which is an integral part of female health care but is usually neglected.

A total of around 3,078 sanitary napkins were distributed at multiple locations in Maharashtra, at the Mohanji Aangan in Delhi, and the Delhi Skill Development Centre.

### C. Medical support and Cases

- Apart from caring for the elderly at the Mohanji Home for Seniors, Ammucare has been extending its support to an elderly couple in





need by taking care of their monthly medical and grocery expenses.

- Ammucare has also been supporting the monthly Medical expenses of a family and has been providing monthly grocery support to a cancer patient, both in Kerala.
- Ammucare provided immediate medical support to a Delhi Aangan teacher and met their hospitalisation expenses.
- A 10-year-old girl child in the state of Maharashtra who was diagnosed with retinal detachment in both the eyes and required immediate surgery was supported by Ammucare. The surgery was a success, helping the child to see the world through her own eyes.
- Ammucare extended support for a nasal surgery for a 6-year-old girl and kidney surgery for a 56-year-old. Both the surgeries were a success, providing them hope for a better future.
- Necessary medical support was extended to an Ammucare volunteer

#### D) ACT Fast ACT Now

- Financial assistance was provided to rebuild the shed of Mohanji ka Aangan in Badlapur, which had been destroyed by a cyclone.



- In Kerala, within 24 hours of the Wayanad landslides, the Ammucare Kerala team had made arrangements to distribute the required number of bed sheets, towels, chappals, tooth brushes, and sanitary pads to Meppadi village, which was one of the worst affected places in the Wayanad district
- 500 blankets were distributed to flood-affected people in Andhra Pradesh.

#### Highlights for 2024

The Ammucare Mumbai team Initiated a Clean-up Drive for Teen Zadi Laki Near Mirchiwadi, Ambernath West. Aangan children along with other Ammucare volunteers cleaned up over 1,600 kg of waste material during the drive.

#### Celebration of 21 years of Selfless Service and Compassion!

On November 9th, 2024, Ammucare Charitable Trust proudly celebrated its 21st anniversary with a memorable event at the OPJ Auditorium in New Delhi. This special occasion honored over two decades of dedicated service, growth, and impact on communities in need. The event was graced by Chief Guest Shri Iqbal Singh Lalpura, Chairman of







the National Commission for Minorities, along with a distinguished group of esteemed guests.

### Reflecting on Ammucare’s Journey and Vision for the Future

Since its founding, Ammucare has been committed to bringing positive change to marginalized communities, supporting environmental preservation, and empowering vulnerable populations.

During the event Mohanji, Founder & Chairman of Ammucare, shared his vision, stating, “We began this journey with the commitment to serve Earth and its children. Today, Ammucare celebrates sustainable impact, and we are excited to expand our programs and reach.”



### Expanding Ammucare’s Commitments to Service

To continue this journey of transformation, Ammucare announced major expansion plans for its core initiatives: -

**Senior Care Services:** The Mohanji Home for Seniors program will extend to new locations, providing 24/7 medical support, wellness activities, and compassionate care for elderly citizens.

**Food Security Through Annadan:** The Annadan food seva program will reach additional communities across India, offering daily meals, emergency food relief, and nutrition support for children.

**Animal Welfare Programs:** Ammucare plans to establish more animal shelters, mobile veterinary







units, and vaccination drives to protect and care for animals nationwide.

**Environmental Stewardship:** Building on successful reforestation efforts, Ammucare is expanding projects such as the Energy Forest in South Africa and preservation efforts for the Amazon forest.

**Empowerment of Indigenous Communities:** Through the World Tribal Colonies initiative, Ammucare will continue to support indigenous populations with sustainable development and



cultural preservation.

Ammucare’s anniversary celebration featured a beautiful and heartfelt performance by children from Mohanji ka Aangan, showcasing their talents and growth. These children have flourished through Ammucare’s programs, reaffirming the mission to nurture, educate, and empower young lives.

**Honoring Ammucare’s Volunteers and Supporters**

Ammucare proudly recognized Central Management Council members, dedicated volunteers from across India, and children of Mohanji ka Aangan with trophies, medals, and certificates for their contributions and achievements.

**Acknowledging Distinguished Guests of Honor**

Ammucare was privileged to host a distinguished group of guests, including:

- \* Swami Goswami Sushilji Maharaj
- \* Ambassador Venu Rajamony
- \* Ambassador Sanjiv Kohli
- \* Mr. Saikrishna Rajagopal
- \* Mr. S Naren
- \* Ambassador Prashant Pise







Ammucare is deeply grateful for their presence and for the government's recognition of its efforts to uplift and empower underserved communities.

### The Path Forward for Ammucare

As Ammucare enters its 22nd year, it remains committed to strengthening its initiatives and building new ones that address food security, animal welfare, elder care, and environmental protection.

Ammucare thanks every supporter, partner, and volunteer who has journeyed alongside and invites new friends to join in creating a compassionate and sustainable world. Together with its supporters, Ammucare looks forward to transforming more lives, one initiative at a time. This message from Ammucare reflects gratitude, dedication, and commitment to the community and to all those who support its mission. Thank you for being part of Ammucare's journey.

### Testimonial

- **Try to see your son in other children and serve them. It will reduce your pain.**

This was the message the universe sent to me through different masters during the most difficult situation in my life. Although I had an inclination towards seva from childhood, Mohanji gave me clarity about the purpose of seva. From the very first moment, I felt immense trust in Ammucare, and it grew over time. Ammucare gives each one of us a chance to serve the world. Now I am blessed to witness various experiences of huge karma cleansing, grace, healing, and peace which my soul sisters are attaining through their faith and selfless seva they are doing through Ammucare. I am eternally grateful to Gurumandala for giving me this chance to serve – Deepa Nair.



- prior to learning about Ammucare, whenever I would make donations to any charitable institutions, I would wonder if the money was being used for the right purpose. I have never had that doubt while contributing to Ammucare. There is complete transparency, and the Ammucare team is very sincere and dedicated. Updates/photographs/videos of annadan/other charitable events are shared regularly, and that has truly helped build trust in the organisation.

**Mohanji's guidance about doing our best to help others inspires me to contribute in whatever small capacity I can, and doing so gives me a sense of peace and contentment. – Ranjana**

### Path for 2024 –

- Ammucare plans to complete the construction of the second floor of the Mohanji Home for Seniors, along with a shed and meditation room.
- Ammucare aims to build Annakshetralayas, where wandering monks will find a space to stay and will be provided food.
- Annadaan will be commenced at more locations across India to feed hungry beings.









# ACT Foundation

*Walking the path of humanity with kindness and compassion*

## A Year of Compassion and Impact

As 2024 draws to a close, we reflect with deep gratitude and pride on the extraordinary journey of ACT Foundation over the past year. This year, more than ever, we witnessed the transformative power of kindness and the ripple effect of collective action. Together, with the unwavering dedication of our volunteers, donors, and partners, ACT Foundation has expanded its global reach, touched the lives of thousands, and deepened its commitment to serving the most vulnerable communities around the world. Whether through providing life-saving meals, empowering education, or responding to disasters, our mission of uplifting humanity with love, care, and compassion has been more vibrant than ever.

## Key Statistics for 2024

- Vegan Meals Distributed: 581,681
  - Kilograms of food donated to People: 93,431
  - Kilograms of food donated to Animals: 72,099
  - Fruit Trees Planted: 1,786
  - Hygiene Packages Distributed: 5,550
  - Clothes Packages Distributed: 2,999
  - Volunteer hours: 43,836
- \* Overview includes India and all donations made in support of A4Hunger initiatives across the world

These numbers are more than just figures; they are a reflection of the heart and soul of ACT Foundation's community—individuals coming together to create a world of kindness. Every meal served, every tree planted, and every hour spent in service is a





testament to the collective spirit that drives us to build a better world for all.

## Global Highlights & Achievements

### Expanding Our Global Reach

ACT Foundation's global footprint has grown significantly in 2024. New teams were formed in **Argentina, Lebanon, and Saudi Arabia**, bringing our mission of compassion and service to new corners of the world. In Mexico, we celebrated the official **registration of *Consciencia ACT México A.B.P.***, solidifying our commitment to serving the country's communities. Meanwhile, ACT Sri Lanka's newly launched website marked a major milestone in expanding our digital presence, supported by the



launch event at the Mohanji Centre of Benevolence in Australia.

Throughout 2024, ACT Foundation has continued to make a significant impact globally, with **numerous initiatives focused on providing support, empowerment, and compassion across various regions**. These initiatives span from supporting vulnerable individuals and communities to promoting ecological sustainability and education, demonstrating the Foundation's broad reach and deep commitment to positive change.

### ACT Netherlands: Compassionate Collaboration and Community Unity

In 2024, ACT Netherlands forged a deeply meaningful partnership with "Huis Lioba," home for individuals needing palliative care in Egmond-Binnen. Through this partnership, ACT NL volunteers offered personal care, conversation, and companionship to the guests. Activities such as meditation, Conscious Walking, and empathetic listening helped create a peaceful and supportive environment for guests. This collaboration has enabled ACTNL to provide compassionate support while developing plans for ongoing involvement.

An ACT NL volunteer joined in a 7-kilometer sponsor walk through Egmond's dunes to raise funds for "Huis Lioba". The event attracted 60 participants and raised over 3,000 euros, enabling the purchase of a "duobike" for guests. This new amenity will allow residents to enjoy the serene landscapes surrounding the monastery. The initiative not only raised funds but also fostered







a sense of unity and compassion within the community.

**ACT North Macedonia: Serving the Homeless and Supporting the Environment**

In North Macedonia, the team has been consistently providing meals to the homeless, serving a total of 10,910 meals this year, including 1,500 vegan pizzas and significant quantities of fruit, juice, and sweets. As part of their ecological initiatives, the team also organized regular clean-ups in natural spaces, engaging many volunteers in the process. Additionally, ACT Macedonia supported those affected by recent fires, providing clothing, food, and cosmetic donations to impacted communities.

**ACT Ecuador: Uplifting Remote Andean Communities**

The team has been providing food and clothes



to the elderly people that live in the harsh mountainous environment. Delivering much needed help door-to-door even in the most remote areas has been our top priority, as these people often tend to live alone and without any help. During January-October 2024, the team donated 1,347 kg of food supplies.

Along with that, ACT Ecuador has been spreading joy through fun events for school children up in the highlands, as well as various orphanages. This year, our volunteers conducted five engaging workshops that promote values of kindness and respect towards each other and towards nature.

**ACT Colombia: Supporting Indigenous Communities and Vulnerable Groups**

The team continued to support the indigenous groups of Sierra Nevada de Santa Marta. These indigenous people are devoted to the protection





and healing of Mother Earth, and consider themselves as Her guardians. Our donations of food supplies and yarn for their bags have helped various communities of Arhuacos, Wiwas and Kogis in nurturing a new generation of spiritual leaders and constructing sites of spiritual significance.

ACT Colombia has also provided food aid to the most vulnerable groups, including young girls from a local orphanage, as well as visually impaired individuals, in the city of Bucaramanga.



### **ACT Thailand: Empowering Education for Karen Hill Tribe Students**

The ACT team has been fundraising for college scholarships for students from the Karen Hill Tribe region. Providing a quality education to underprivileged women in rural communities will help empower them to be leaders in their community.

Girls from this region face a high risk of entering the night work industry. By providing them with education, we empower them to become independent and less vulnerable to the trap of this industry.

ACT Foundation has granted Wichitra, a Karen Hill Tribe student, a college scholarship, due to her exemplary academic performance, so that she can continue her studies at Lampang Rajabhat University, in Northern Thailand.

She will be the first person from her family to be receiving a college university education.

Alos, ACT volunteers conducted yoga and Freedom meditation, and distributed vegan snacks at the ASEAN Education Center for migrant children. The children enthusiastically participated in the yoga, and received the snacks with much joy.

The ASEAN Education Center, a full-day educational facility for migrant children from Southeast Asia, has been part of the drop-in center since 2016; most of the children come from the neighboring countries





of Laos, Myanmar and Cambodia. These children live with their parents in harrowing conditions in so-called construction camps. The parents of the children go to work on construction sites during the day, leaving the children to fend for themselves, and thus, defenseless against violence.

**ACT Serbia: Supporting underprivileged families**

In 2024, ACT Serbia made a significant impact across the country, providing vital support to over 1,000 individuals in 43 different locations. Through 105 diverse activities, the team reached out to those in need, delivering aid tailored to the specific requirements of each beneficiary group. The initiatives focused on children, single mothers, elderly individuals, animals, and more, reflecting ACT Serbia's deep commitment to compassion and community care.

Over 300 children, both in families and institutions, benefitted from ACT Serbia's generous support. The Foundation provided essential school supplies, clothing, toys, and even medical care. Some children received sponsorships for competitions, ensuring they could pursue their dreams and enjoy



a brighter future. These efforts brought joy to many, creating moments of happiness and offering opportunities for personal growth in a country where such support is often lacking.

ACT Serbia also focused on families in need, particularly single mothers, who often face difficult circumstances. Over 70 families, many with multiple children, received aid in the form of essential supplies such as food, hygiene products, and home repairs. In a particularly thoughtful gesture, the Maternity Home in Belgrade received two air conditioners to help provide a more comfortable environment for mothers and their newborns.

In early November 2024, aside from donation of food, clothing and hygiene items, Devi Mohan, supported by a group of ACT Serbia volunteers, conducted a beautiful Women's Circle for the underaged mothers at this Maternity Home.

These actions reflect ACT Serbia's commitment to easing the burdens of those who care for others and ensuring that children can grow up in a stable and nurturing environment.

On International Women's Day, ACT President Devi Mohan and volunteer Marijana made a meaningful visit to the women's prison in Požarevac. In collaboration with the "Zvezda" Association, they delivered 270 care packages filled with sweets and hygiene products to the women incarcerated there. This gesture not only provided practical support





but also served as a reminder of the importance of empathy and solidarity for those in challenging circumstances.

ACT Serbia’s compassion extended beyond humans to animals as well. Recognizing the importance of animal welfare, the team made a difference in the lives of stray and sheltered animals. Donations of food, funding for medical treatments, and the provision of dog houses helped vulnerable animals in need of care and protection. This initiative underscores ACT Serbia’s belief that kindness should extend to all living beings, regardless of species.

ACT Serbia’s partnership with the Mohanji Center in Obrenovac allowed them to provide significant aid to the local community. The team offered much-needed support to the Gerontology Center, home to 300 elderly residents, and to the Multiple Sclerosis Association, helping individuals living with the



disease. These initiatives ensured that seniors and those with chronic conditions received essential care and relief, highlighting ACT’s dedication to supporting the most vulnerable members of society.

### ACT Bosnia & Herzegovina: Responding to Natural Disasters

ACT’s response to the floods in Bosnia and Herzegovina included visiting the village Luke, near Fojnica, which suffered in the floods that affected Bosnia and Herzegovina. This Bosnian village has 35 houses where mostly elderly people live.

Unfortunately, the floods not only caused enormous material damage but also led to human casualties. Locals, still visibly shaken, described to volunteers the horrors they had gone through. However, the cheerful and positive spirit did not leave them, as did the gratitude for help and understanding.

Now the army is in the village, clearing the road with their machinery. Electricity and water supply have been established. The team donated the most necessary food and hygiene supplies to them.

Our volunteers also visited the Institution for Social Care and Health Care in Bakovići. They supported the institution with donations of food and hygiene items, and also provided physical help to clean houses.

### ACT Croatia: Celebrating Life and Supporting Children

ACT Croatia continued its “Celebrate Life” festival in Pula, now a beloved tradition for the fourth year in a row. This year’s festival focused on raising donations for essential equipment for the Pediatric Hospital in Pula, a cause close to the heart of everyone involved.





The festival's mission reached far and wide. It was promoted through newspapers, radio, and local media. This collective effort resonated with the public and brought together a diverse lineup of speakers, exhibitors, workshops, and individual treatments, each contributing to a memorable experience that truly embodied the spirit of "Celebrate Life."

What sets this festival apart is its ability to create lasting connections, acting as a bridge between the ACT Foundation and local individuals, associations, and organizations dedicated to positive change. Beyond fundraising, the festival cultivates a supportive network among those committed to building a more compassionate, connected community.

Over the years, "Celebrate Life" has grown into more than just an event; it has become an inspiring movement, celebrating the power of unity and the spirit of giving that uplifts and supports those most in need.

For the past four years, we have had the honor of bringing children from Glina, many of whom would not otherwise have that opportunity, to experience the magic of the sea. This heartfelt initiative is dedicated to providing a memorable and enriching escape for children whose circumstances might prevent them from enjoying the coast.

This year, we were thrilled to bring a group of 15 children, filling their days with laughter, play, and the wonder of the seaside. Year after year, the joy and excitement we witness in their faces reinforce the importance of this tradition. It's about more than just a trip – it's about creating cherished memories, expanding their horizons, and offering them an experience that will stay with them.

As this tradition continues, it brings with it a powerful reminder of the impact that kindness and connection can have in the lives of children. Every moment by the sea becomes a celebration of possibility, joy, and the belief that all children deserve the chance to experience something extraordinary.

The ACT Croatia initiative in Pula has brought a special tradition to life: celebrating birthdays with children in local orphanages. ACT volunteers visit the orphanages regularly, bringing decorations, treats, and gifts to make each birthday truly



memorable.

Each celebration is filled with joy, laughter, and warmth, creating moments that remind these children that they are not alone. Through these simple acts of kindness, ACT Croatia fosters a sense of belonging, showing the children they have a community that cares deeply for them.

Alongside its unique initiatives, ACT Croatia has also dedicated time to visiting impoverished families, both with and without children, as well as organizations caring for animals. Through these visits, ACT volunteers have donated food, clothing, shoes, and essential hygiene items. Each effort is driven by a commitment to uplift and support the most vulnerable, bringing comfort and care to both people and animals in need.

### **ACT USA: Building Community and Supporting Disaster Relief**

2024 has so far been a fulfilling year of service for ACT USA, with the team members going above and beyond to spread kindness and compassion. In terms of statistics, in 2024, volunteers donated: 1647 kg of non-perishable foods to





various shelters, 4184 kg of animal food to animal sanctuaries and wildlife, and 3232 vegan meals. Also, 123 fruit trees were planted throughout the USA.

In Illinois, four women sang uplifting and soothing songs to seven end-of-life patients and their families. The group is part of The Threshold Choir International, Lake County Chapter.

The Dallas Texas team helped a local woman whose house and barn were damaged by a category 3 tornado. This woman is a caregiver to stray animals. The team graciously bought two large dog kennels that can hold around 13 dogs each.

The Mohanji Centre of Benevolence - USA, located close to the hurricane-affected areas, has stepped up to support the flood victims. ACT Foundation USA is honored to join this noble initiative.

ACT USA successfully launched the **English Helper Program** - an AI based English learning app, in a school in Lima, Peru. We provided the equipment



needed for learning, besides the app itself, thus allowing 130 children from underprivileged backgrounds to start learning English. For this project, we have partnered with Nexos Comunitarios, Lima, Peru.

**ACT Foundation USA and ACT Brazil** came together in support of and to provide relief to the victims of recent floods in Rio Grande do Sul (RS) or Big River of the South.

Regardless of the destroyed roads, determination got the team to the heart of the devastated area to assess how ACT Foundation could aid and make a difference. Time and time again when we head out in disaster or conflict zones, volunteers encounter the same situation: the urgent need for shelter and food. They also find that, in such cases, every little help - from offering a simple toothbrush to a heart-sharing hug - makes a huge difference. The team put together baby packages with diapers, wipes, bottles and other essentials as well as family sized bags with some basic foods and snacks as well.







**ACT Canada: Supporting Vulnerable Communities and Animal Welfare**

ACT Canada has started an initiative to feed Chimpanzees at the Fauna Foundation in Carignan, Quebec, where the Chimpanzees rescued from lab experiments have found home.

Feeding of monkeys and lemurs was done at Story Book Farm Primate Sanctuary in Sunderland, Ontario, a sanctuary that rescues animals from challenging backgrounds.

In addition, ACT Foundation Canada has established a meaningful collaboration with Gore Park Outreach Community, a family-run non-profit organization founded by Jeffery, with 150 dedicated volunteers, which feeds nearly 1,000 people every Saturday at Downtown Hamilton, Ontario. We would be preparing hot meals on a monthly basis to be shared alongside the Gore Park team. Our volunteers provide baked items for Saturday morning breakfast at the outreach, apart from other food items delivered.



**ACT Sri Lanka: Enhancing Education and Healthcare**

In Sri Lanka, our team of volunteers has made significant strides in uplifting communities through a diverse range of service activities. A key highlight of their work was the school meals program in three schools, providing daily nutritious vegan meals to children, ensuring they are well-nourished and ready to learn. The foundation successfully provided a total of 61,853 cooked meals, ensuring that countless families had access to nutritious food during challenging times. In the healthcare sector, 417 cataract surgeries were performed, restoring sight and improving the quality of life for many individuals.

Education was also a key focus, with supplies distributed to 30 school children and four university fellowships awarded, supporting the academic aspirations of young minds. Addressing essential needs, ACT Foundation built four water wells and constructed two toilets, enhancing sanitation and access to clean water in underserved areas.

Additionally, the foundation celebrated the







country's cultural heritage by distributing 60 sarees, offering clothing support to women in need, fostering dignity and comfort. These initiatives reflect ACT Foundation Sri Lanka's unwavering commitment to fostering sustainable development and empowering communities across the nation.

ACT Foundation Sri Lanka's work in 2024 reflects a deep commitment to uplifting communities across the country, directly addressing essential needs and empowering individuals for a brighter future.

### **ACT South Africa: Providing Relief to Vulnerable Groups**

ACT Cape town team donated 50 kg of fruit to South Africa Children's Home in Gardens. SA Children's Home is celebrating its 216th year birthday and is the oldest home in the country. The Home was the first welfare institution established in South Africa and cares for its family of 44 boys and girls.

Originally known as the 'Orphan House' it was founded in 1808 by Mrs Moller, a wealthy Dutch widow, who was assisted in this task by members







of the Groote Kerk and the Evangelical Church, two of the oldest in South Africa. Mrs Moller dedicated much of her life to establishing the Children's Home, and upon her death, she graciously donated the bulk of her estate to her beloved orphanage.

A devastating tornado tore through the areas north of Durban, with Tongaat bearing the brunt of its fury. The tragedy claimed eleven precious lives, seven of whom were from Tongaat itself. ACT volunteers were able to offer essential hygiene items, grocery hampers and cooked meals to those in need, to share moments of grief with them, and sometimes, to see a glimmer of joy in their eyes as they received a small indulgence amidst the ruins. The enormity of this disaster has brought even the strongest of us to our knees, and we have seen grown men and women weep with a despair that words cannot convey.

**In Diepsloot (informal settlement)**, Thuli is a selfless and active member of her community. Weekly provisions of groceries by ACT have been supporting her endeavour to cook and serve food to 100-to-200 children in the settlement each week.

The team has undertaken regular, on-going donation of groceries for the children's breakfast & lunch in **Olievenhoutbosch Disability Organisation**. We have also initiated a monthly art class for the children, which is proceeding well. A dedicated building is under construction and will likely become an active learning centre in early to mid-2025.

**Rock of Hope and Rock of Joy Orphanages** are two infant orphanages that are run by singularly dedicated families and serve as a constant inspiration. They care for abused and abandoned babies. Our team supplied baby-food, vouchers for medicine and other hygiene and baby essentials to both orphanages.



The **All in One Animal Shelter** project was founded, and is sustained by, the tireless efforts of a lady named Mary. We've been privileged to provide food for her animals on an on-going basis. She cares for abandoned, lost and previously abused animals.

We have an ongoing food charity initiative for the **Nonoti Community** and also for neighbouring communities. The reach of MCB into the neighbouring areas continues to increase as the team holds hands with ever more people in Nonoti. Our activities in 2024 included the following:

- Several donations of clothing packages and hygiene-related materials.
- Inauguration of a newly completed seva hall with Mohanji and high-ranking officials and dignitaries.
- Hosted a program with Mohanji during his recent visit to South Africa.
- Ongoing food seva, which now benefits over a hundred people each week.





**ACT Nepal: Serving Indigenous Communities**

Local volunteering parents cooking school meals for their children in Supar, Chitwan. The ACT team has been trying to support an indigenous community through feeding their school children. The Chepang people are among the most impoverished and marginalized people in the country, without citizenship or civil rights, food, water and electricity.

Two days a week, volunteers provide meals for around 108 children belonging to this community. A gas burner has now been provided, and with your support, we now aim to provide meals three times a week .

**ACT UK: Serving the Homeless, Vulnerable Families, and Animals**

ACT UK volunteers have excelled this year on our service platform, caring for the homeless, the elderly



and vulnerable, and school children in deprived areas, and supporting an animal sanctuary.

As the festive season approaches, underprivileged families face challenging times. We at ACT foundation felt a responsibility to lend a helping hand to these families. We have therefore pledged provision of 185 gift boxes for Christmas, covering two schools in Tower Hamlets, making sure that each child receives a celebratory box with toys, stationery and Christmas treats. ACT volunteers are looking forward to seeing smiles on little faces when they receive their boxes.

We do not forget our four-legged and flying friends either. Our support for animals continues, especially abandoned ones. We have been working closely with an animal sanctuary, and our visits bolster the ongoing support and assistance that ACT has been providing for many years.

This year, we provided **1,508** Hot Vegan meals to homeless and vulnerable individuals. Our ongoing weekly service to homeless people has continued, which has become a lifeline for many who have experienced financial difficulties in obtaining nutritious and wholesome meals. Hot vegan meals, our 'signature seva', has been bringing smiles to the recipients, and our ACT volunteers find this deeply satisfying, making it a win-win situation. Some families in underprivileged areas rely on free school meals for their children, which can be





a huge concern during school holidays. ACT UK donated 1.8 tonnes of food through food hampers for children and their families, providing additional support. This support has now been extended to one more school.

ACT UK served a whopping **1 tonne of dry food** to an animal sanctuary and birds (800kg of animal Food donated and 200kg of food fed to birds, swans and fishes).

ACT UK has been able to support various homeless shelters and soup kitchens such as Olympic House, Windsor Homeless project, The Passage, Aberdeen Street Friends, Mother Teresa Missionary, Akshya Patra and Sai Harrow group.

ACT UK has been pivotal in providing financial support to international disaster relief initiatives, working closely with relief team volunteers. This relief work has included efforts to increase awareness in local communities via fundraising, and utilising consumables provided by our partners such as Skanda Vale.

ACT UK extended support to **Sri Lanka** through school meal programmes, cataract eye surgeries, a water well project, and the installation of a toilet. These little ACTs of kindness have transformed the day-to-day lives of the beneficiaries. ACT UK rose up to the challenge by providing flood relief support to **Kenya and Bangladesh** in their time of need. Mohanji's Home for Seniors in Tiruvannamalai has a special place in our hearts, and **ACT UK** supported the construction of the same.

Closer to India, in **Nepal**, ACT UK supported the provision of nutritious meals for school children. Since the onset of war in **Ukraine**, our volunteers have personally delivered dozens of truckfuls of food and essential provisions to the displaced people and hospitals in Ukraine. At Christmas, we delivered hundreds of shoe-boxed gifts to the Ukrainian children. In **Croatia**, ACT UK has been sponsoring children by providing monetary support for their education and well-being for several years now.

In response to the recent **devastating floods in Bangladesh**, ACT Foundation UK has extended vital aid to those in need. The team focused on supporting the most affected families in the rural village of Cumilla, distributing essential dry rations to 72 families.



### Looking Ahead: A Future Built on Kindness

As we move into 2025, ACT Foundation remains committed to expanding its reach, deepening its impact, and embracing new opportunities to serve humanity. The collective efforts of our volunteers, donors, and partners have been nothing short of extraordinary, and we are inspired by the difference we've made together.

With each initiative, we have proven that when we come together with love and compassion, we can create a world of lasting change. As we look forward, we are filled with hope and excitement for the year ahead. Together, we will continue to build a brighter, kinder world for all.

**Thank you** to everyone who has been part of this incredible journey in 2024. We are eternally grateful for your dedication, and we look forward to achieving even greater things in the coming year.

With love and gratitude,  
The ACT International Foundation Team



# ACT4HUNGER



Our Act for Hunger platform currently operates in 38 locations worldwide, where groups or individual volunteers regularly buy, cook, and distribute food to hungry people. This food, free from violence, includes a variety of nutritious meals such as rice and lentils, fresh and storable produce, and clean water.

Our mission is all - encompassing, focusing on feeding those on the fringes of society who may be forgotten or ignored. This includes the homeless, people living in shelters and orphanages, the elderly, stray animals, animal shelters that struggle to cope, and displaced people facing war or natural disasters; our work knows no boundaries.

In 2024, our collective efforts made a significant impact. We fed (452236) people and distributed (6842) kgs of dry rations and animal food in India alone.

Globally, throughout 2024 we fed a total of 581681 people, distributed 93,431 kgs of dry rations.

The impact of our work can be measured by the number of meals served/tummies filled and the increase in school attendance in areas such as Badlapur and Ambarnath in India, where our volunteers reliably deliver. These metrics are a testament to our success.

Our work is not just about providing food but also about creating a kinder, safer world. In South Africa, crime around the region of our relatively new Mohanji Centre of Benevolence has significantly diminished due to our consistent food distribution



and community engagement, offering hope for a brighter future.

From the shores of Malaysia to the coastlines of South America, the USA, and Canada, over to the UK, Northern Europe, and the Balkans, and down to India, our volunteers continue to make a massive difference in the lives of disadvantaged beings in and around their communities. This diverse reach is a testament to our work's global impact and volunteers' dedication.

We firmly believe in the transformative power of small acts of kindness. By sharing our beliefs, we hope to inspire you and others to join us in creating a world where selfless acts can snowball into something that hugely impacts the lives of others. Your contribution, no matter how small, can make a significant difference.







# Fruit Tree Plantation Drive

## *Acts of Kindness Today for the Generations of Tomorrow*

Planting fruit trees is more than an environmental activity; it is a profound act of selflessness deeply rooted in the philosophy of the Mohanji Foundation. When we plant a fruit tree, we plant something that will provide nourishment, shade, and sustenance for generations. The fruits of these trees will benefit not only people but also animals, birds, and ecosystems, often long after we are gone.

This philosophy recognizes that we enjoy the fruits of trees planted by those who came before us, often without knowing their identity or effort. Similarly, the fruit trees we plant today create a bridge of generosity across time, ensuring abundance for future generations. With this mindset, the Mohanji Foundation has continued its commitment to planting fruit trees, acting in the present to benefit the future.

This year, in collaboration with the Sri Sathya Sai Charitable Trust UK, we planted 1,008 walnut

saplings in Çardak, a village near Eskişehir, Türkiye. This initiative represents the third tree-planting activity in Türkiye and a significant step in our ongoing fruit tree plantation drive.

### **A History of Fruit Tree Planting in Türkiye**

The Mohanji Foundation has conducted three fruit tree planting initiatives in Türkiye, each with its unique impact:

- 1. First Initiative:** The planting of over 120 mulberry trees in a small village, providing a sustainable resource for the local community.
- 2. Second Initiative:** A combination of mulberry and walnut trees planted at a senior care home that was losing its government funding. These trees were intended to provide a sustainable source of income, ensuring ongoing support for the residents.





**3. Third Initiative:** The plantation of 1,008 walnut saplings in Çardak, a large-scale effort that has set a new benchmark for environmental stewardship within the Mohanji Foundation.

ensure their quality and suitability for the region's climate and soil. Preparations included securing land in collaboration with the local municipality, conducting soil testing, clearing, and establishing irrigation systems.

### The Çardak Project: Planting for Sustainability

The walnut saplings in Çardak were chosen for their longevity and economic value, providing a sustainable foundation for environmental and economic regeneration. This large-scale initiative required meticulous planning and execution:

#### Planning and Preparation

The saplings were sourced from trusted nurseries to

#### The Planting Event

The planting ceremony was a vibrant occasion, bringing together local villagers, dignitaries, and volunteers. Mohanji led the effort, joined by participants in planting the saplings. The event was enriched with traditional dances, songs, and heartfelt speeches that emphasized the cultural richness of Çardak and the importance of environmental stewardship.







## Ongoing Maintenance

Local villagers have been engaged to oversee the care and maintenance of the plantation, fostering a sense of ownership while ensuring the trees' long-term success. This collaboration provides economic benefits and strengthens the community's connection to the land.

## The Vision for the Future

The Mohanji Foundation's fruit tree plantation drive is an ongoing initiative promoting environmental stewardship and sustainability. This large-scale activity in Çardak has been pivotal in setting a new standard for our efforts and serves as a cornerstone for future projects.

Looking ahead to 2025, the Mohanji Foundation will place an even greater emphasis on environmental stewardship and the regeneration of ecosystems through the World Tribal Alliance platform. The fruit tree plantation drive will play a significant role in restoring devastated forests and reviving tree species worldwide.

## A Message from Christopher Greenwood

"This project in Çardak marks a turning point in our environmental initiatives. What began as smaller

efforts to support communities has now grown into a global mission to restore ecosystems and foster sustainability. The scale of this year's plantation reflects the potential we have to make a real difference.

As we move forward, the fruit tree plantation drive will remain central to our vision. Through it, we aim to restore forests, support communities, and create a legacy of compassion and selflessness for generations to come. We are excited for what lies ahead and look forward to scaling up our efforts in 2025 and beyond."

– Christopher Greenwood, Global Council Member, Mohanji Foundation, and Project Manager for the Turkey Tree Planting Initiative.









# Preserve





# WTA Preserving & Nurturing Ancient Culture & Heritage

*World Tribal Alliance, United by Nature*

***“If there is one word that encapsulates the World Tribal Alliance, it is Preservation. Preservation of nature, preservation of indigenous culture and preservation of ancient wisdom. It is imperative that we begin to honour and listen to the indigenous elders of the world, to the original guardians of Mother Nature, for they have the tools to guide us home.”***

- Mohanji

## 1. Introduction

The World Tribal Alliance (WTA) is the exciting new environmental arm of Mohanji’s philanthropic and spiritual mission. It is a positive, solution focused organisation created to support Mother Nature while honouring the wisdom, traditions, and

cultures of the indigenous communities who serve as her guardians.

*“The WTA vision is a world where nature is held sacred, where indigenous communities are honoured and where all beings are able to co-exist in perfect harmony.”*

*“Our mission is to preserve Earth’s natural ecosystems by unifying, supporting and learning from the great indigenous tribes of the world.”*

**Guided by respect, unity, and a celebration of cultural diversity, our goals are to:**

- Unite indigenous tribes;
- Repair the severed connection between humanity and nature;



- Preserve critical ecosystems and indigenous communities,
- Educate the world on the vital relevance of tribal wisdom in addressing today's global challenges.

## 2. The importance of the world's indigenous communities

Indigenous tribes provide humanity's most sustainable societal models, having lived in harmony with nature for thousands of years while maintaining diverse cultural, spiritual and linguistic identities. Their ways of life offer critical lessons for addressing global challenges like ecological management and conservation, climate change, resource management, mental health and cultural preservation.

We created the WTA Fund to provide support to these tribes. From fruit tree reforestation, through to funding for ancestral land disputes, disaster relief, medicinal facilities, essential infrastructure and community schooling, we are here to protect these essential communities and their natural habitats.

Importantly, indigenous elders also carry essential spiritual wisdom and practices that will assist humanity as we forge a new, more conscious way of living. It is essential that we protect, preserve and provide careful access to these most ancient roots of humanity's sacred Tree of Life.

In recognition of this, we are forming a Global WTA Council of the world's most elevated indigenous elders to provide a diplomatic and advisory function to governments, NGO's, universities, think-tanks and corporations so that this essential ancient wisdom can be integrated into the modern world.

## 3. The World Tribal Alliance in 2024

Since the WTA's joyful launch during Mohanji's birthday celebrations in Ganeshpuri, India, we have registered in the UK and are in the process of registering in South Africa with WTA Africa President, Zulu Prince Ishwa Ramlutchman (Magheka Zulu).

In June, Mohanji met with Huni Kuin shamans Kawa and Bimi from the Brazilian Amazon, along with the renowned Peruvian elder from the Andes and 'Maestro of Sound', Tito La Rosa. The event was a collaboration between the WTA and



Conscious Gentleman, a platform dedicated to guiding male leaders toward their divine purpose. This extraordinary gathering of spiritual leaders culminated with Tito La Rosa honouring Mohanji by proclaiming him to be the "Maestro of Maestros", while wholeheartedly pledging his support to the WTA's mission of preserving and uplifting indigenous wisdom.

On 27 September 2024, the Zulu owned Richards Bay Yacht Club in South Africa came alive with the spirit of heritage as Prince Magheka Zulu hosted a multicultural WTA and Sivananda World





Peace Foundation, with Mohanji as the guest of honour. Tribal elders from across the land shared their sacred traditions with gathered dignitaries, celebrating the extraordinary diversity of African indigenous culture. After being honoured with a lifetime membership to the prestigious yacht club, Mohanji joined the Zulu warriors in a powerful ancestral dance, bearing spear and shield, filling all present with a feeling of love and unity.

With the help of the Act Foundation USA, we have provided consistent support throughout 2024 to the Brazilian Huni Kuin tribe. Working with the respected elder of 108 villages and WTA member, Yube Kaxinawa, we have financed a new traditional medicine centre, while providing much needed aid in response to the Amazon forest-fires that severely affected their community this year.

We are currently planning a reforestation project along with the renovation of a sacred temple with revered elder Mamo Kuncha of the highly spiritual Arhuaco community in Colombia's Sierra Nevada mountain range. Again, with the dedicated help of the Act Foundation USA, we have developed a relationship of trust and support with Mamo Kuncha. This was essential, given the severe and continued attacks on the Arhuaco ancestral lands, culture and

community that have plagued their communities for generations. In addition to protecting lands that are rich in minerals, valuable woodlands and areas of extraordinary natural beauty, the four tribes of the Sierra Nevada also struggle against illegal narcotic growers and often get caught in the violent cross-fire between their guerrilla factions and the military.

### **The WTA in 2025**

In October 2025, we will host our most significant gathering yet: a week-long indigenous celebration in Cape Town, South Africa. Recently discovered to be the potential cradle of humanity, Cape Town offers a symbolic and inspiring setting for this historic event. Organized in partnership with Narend Singh, Deputy Minister of Forestry, Fisheries, and the Environment, the gathering will bring together elders from Africa, the Andes, Amazon, Hawaii, and Guatemala to share their wisdom, cultural heritage, and healing practices.

This momentous occasion will also mark the establishment of the WTA Council of Elders. Their inaugural task will be to draft the WTA Charter—a set of core principles designed to inspire world leaders with a vision of harmony, balance, and respect for both humanity and the natural world.





Among the distinguished attendees will be Craig Foster, the Oscar-winning director of My Octopus Teacher, alongside other influential dignitaries and thought leaders.

Another big focus for us in 2025 will be fruit tree plantations. In addition to linking up with the Mohanji Fruit Tree Plantation drive platform, we are also working on a grand, worldwide collaboration with the Man and Mountain NGO <https://www.manandmountain.com>.

***“Through the wisdom of our tribes, we will rediscover our unity with the Earth and with one another.”***

Let’s build a better, brighter future, United by Nature.

Follow us on

**Instagram:** @worldtribalalliance and

**Website:** [www.WorldTribalAlliance.org](http://www.WorldTribalAlliance.org) to learn more and get involved.

**VISION**

Our vision is a world where nature is held sacred, where indigenous communities are honoured and where all beings are able to co-exist in perfect harmony.

**MISSION**

Our mission is to preserve Earth’s natural ecosystems by unifying, supporting and learning from the great indigenous tribes of the world.

**UNITED BY NATURE**









# Himalayan Academy of Traditions

## *Ancient Wisdom, Modern Resonance: A Journey Through the Himalayan Academy*

### **The Tapestry of Bharat's Heritage**

The Himalayan Academy, a visionary institution established by Mohanji, is dedicated to unearthing and sharing the timeless wisdom of ancient India, also known as Bharat. Through the expressive arts of language, music, dance, yoga and martial arts therapy, the Academy offers a portal to a rich cultural heritage that has captivated hearts and minds for millennia.

The Himalayan Academy's mission is to preserve and promote the rich cultural heritage of India and to share its transformative power with the world. By studying language, music, dance, martial arts, and yoga, individuals can connect with their inner selves and experience the profound benefits of ancient wisdom.

### **Language: The Vessel of Thought**

Sanskrit, the language of the gods, serves as the foundation of the Academy's linguistic pursuits. This ancient tongue, with its intricate grammar and profound philosophy, has the power to elevate consciousness and refine thought. Through the study of Sanskrit, students gain access to a vast reservoir of knowledge, from spiritual texts to scientific treatises.

### **Music: The Harmony of the Soul**

Music, a universal language, has the ability to soothe the mind, uplift the spirit, and connect us to something greater than ourselves. The Academy's music programs explore the diverse musical traditions of India, including Carnatic, Classical, Hindustani, folk, and devotional. By learning to play instruments, sing, and compose music, students develop a deep appreciation for the beauty and power of sound.

### **Dance: The Poetry of Movement**

Dance, a visual expression of emotions, has been an integral part of Indian culture for centuries. The Academy offers training in various classical dance forms, such as Bharatanatyam, Kathakali, and Odissi. Through rigorous practice, students learn to embody grace, precision, and spirituality in their movements.

### **Kalaripayattu and Marma Treatments: The Martial Art of Self-Defense and Healing Beyond the arts**

The Academy also has plans to offer training in Kalaripayattu, a traditional martial art form that combines physical combat with healing techniques

with Marma therapy. Kalaripayattu not only empowers individuals with self-defense skills but also promotes physical and mental well-being. The practice of Kalaripayattu involves the study of marma therapy, an ancient healing system that focuses on vital energy points in the body.

### **Yoga: The Science of Self-Realization**

Yoga, the cornerstone of Indian philosophy, is a holistic practice that integrates physical, mental, and spiritual disciplines. The Academy offers a variety of yoga programs, from beginner to advanced, that cater to diverse needs and interests. By practicing yoga, individuals can improve their flexibility, strength, balance, and overall health. More importantly, yoga can help to calm the mind, reduce stress, and cultivate inner peace.

“Those seeking to embrace the timeless values of Bharat – India, Himalayan Academy through its various schools guide and train the learners and volunteers alike through a transformative journey rooted in tradition and the diverse expressions of humanity. With a vision to enlighten and inspire, it upholds the truth and preserves the golden values of ancient times, ensuring their legacy continues with clarity and integrity for future generations”.  
Mohanji

## **Himalayan School of Traditional Yoga**

HSTY's mission is to illuminate the path to inner peace and holistic well-being through the timeless wisdom of traditional yoga, as envisioned by the sage Patanjali. By honoring the ancient teachings and practices, we aim to empower individuals to transcend limitations and unlock their full potential. Our goal is to cultivate a global community of mindful practitioners who can harness the transformative power of yoga to create a more harmonious and compassionate world.

“Yoga, the ancient art of union, harmonizes the body, mind, and soul. It is a journey of self-discovery, a path to holistic well-being, and a celebration of the divine within. As we delve deeper into the practice, we unlock our true potential and experience a profound sense of peace and tranquility.” Mohanji

During June-July 2024, the Himalayan School of

Traditional Yoga (HSTY) organized a global series of yoga sessions to celebrate the 10th International Yoga Day. As an Associate Centre of the Indian Yoga Association, HSTY adopted the Ayush Ministry's Common Yoga Protocol and delivered sessions tailored to diverse audiences worldwide. Participants of all ages—from young children in kindergartens to senior citizens—joyously engaged in the celebration, highlighting the universal appeal of yoga. Aligned with this year's theme, “Yoga for Self and Society,” HSTY's traditional yoga sessions allowed participants to deepen their connection with themselves and others. All sessions were offered free of charge, underscoring HSTY's commitment to societal service and the transformative power of yoga for individual and collective well-being. HSTY's status as a Registered Yoga School (Yoga Alliance) facilitated smooth, widespread delivery, expanding into several new countries that had not previously seen HSTY's presence.

In total, 23 HSTY instructors conducted 53 sessions across 14 countries and 5 continents, reaching more than 6,600 participants. HSTY's dedicated instructors led sessions in a wide range of settings, including:

- Associations
- Kindergartens
- Primary and secondary schools
- Universities
- Military academies
- Hotels
- Parks
- Public events in collaboration with the Indian Embassy and Mohanji Centers of Benevolence

Each session was thoughtfully adapted to meet the unique needs of specific groups, including children, teens, adults, and seniors. To maximize accessibility, programs were offered in various formats:

- In-person
- Online
- Hybrid

In May and July 2024, HSTY launched two batches of Basic Yoga Courses, designed to equip dedicated volunteers from Mohanji's platforms with foundational skills to lead brief yoga sessions preceding meditations and other programs.

In October 2024, HSTY initiated the first part of the online Teacher Training Course, marking a significant step in expanding the skills and reach



of future yoga instructors. For the first time, HSTY also celebrated World Teachers' Day by organizing sessions in schools in Montenegro and Serbia, with approximately 20 enthusiastic teachers participating.

Two additional yoga sessions were held specifically for children at MCB Obrenovac in Serbia as part of the EBC Kids Balkan workshop, offering a special introduction to yoga practices for young attendees.

As part of the EBC Balkan schedule, a regular morning routine was conducted monthly, with five consecutive days of sessions, totaling 60 sessions across the year.

In the United States, HSTY led numerous sessions across Texas, serving a broad demographic, with a focus on seniors and women. These in-person sessions empowered participants through community-building and yoga awareness, while online sessions were also provided as part of the Early Bird Club's morning routine. In total, 47 sessions in Texas reached 311 individuals, significantly impacting their wellness and fostering community connection through dedicated, diverse yoga instruction.

This year, HSTY introduced a foundational yoga course, conducted in two batches. These sessions equipped enthusiastic volunteers with the skills to lead basic yoga asanas and light yogic exercises at our Centers of Benevolence and during programs worldwide.

In addition, we successfully completed the first phase of the Teacher Training Course, which was delivered online. The second phase is scheduled to take place in person in 2025, providing an opportunity for deeper learning and practical engagement.

HSTY sessions have also become an integral part of the regular morning routine at all Mohanji centres, fostering wellness and mindfulness within our community.

**Website:** <https://himalayanschool.com/>

**YouTube:** <https://www.youtube.com/watch?v=xD3bb3yVoRU>



## Himalayan School of Traditional Dance

*Dance is the Nature of the Universe,  
Dance is our breath in and out,  
Dance is Bliss, Dance is Beauty,  
Dance is Shiva and Shakti,  
May we become the Dance!*

HSTD, founded by Mohanji, serves as a global platform for traditional Indian dance forms. HSTD's endeavor is to help individuals connect deeply with themselves through dance, experience joy while appreciating the intricate nuances and aesthetics of classical art forms and simultaneously progress towards inner transformation. Through HSTD, Mohanji's message resonates: "Spread harmony by uniting the essence of Bharat – Bhaav (emotion), Raag (melody), and Taal (rhythm) – bringing the synchronized movements of India's classical dance forms to every corner of the world."

Key Highlights of 2024

**Scintillating Stage Performances:** The year 2024





began with a sacred pilgrimage to the Ganeshpuri Temple and a special performance celebrating Mohanji's birthday, setting a vibrant tone for the months ahead. HSTD dancers have showcased their creativity and passion for dance across the globe, delivering an impressive total of 20 highly acclaimed performances. These included 6 in the US, 8 in the Balkans, 5 in India, and 1 in the UK, reflecting the platform's growing global presence and its mission to spread love and harmony through dance.

### **Divine Explorations through Dance:**

Throughout the year, HSTD dancers embarked on journeys to explore ancient and powerful temples, aiming to highlight these spiritually significant centers to our global community of dance enthusiasts and Indology subscribers. Notably, some dancers from the HSTD global family achieved the milestone of completing visits to all the Jyotirlingas and initiated pilgrimages to the 108 Divya Desams (Sacred Shrines of Lord Vishnu), celebrating Sanatana Dharma through the art of dance. These profound experiences were uniquely captured and shared in a blog series titled "Temple and Dance," offering insights into the deep cultural and spiritual essence of these sacred spaces through dance.

### **Expanding student base and course offerings:**

HSTD teachers launched two new batches of the foundation course, held two special sessions for senior students, and organized themed workshops for dancers across various batches. These workshops, addressing specific nuances and enriched by meticulously curated content on Sanatana Dharma, have greatly enhanced the learning experience for participants.

HSTD's social media presence has flourished over the past year, with significant growth across various platforms. The dancers express deep gratitude to all the followers for their continued support and engagement.

As HSTD celebrates its five-year journey in January 2025, it is deeply grateful and humbled by the positive impact it has had over the years. The team offers heartfelt prayers to the Guru Mandala, seeking blessings to keep the HSTD flag flying high and uninterrupted!

### **HSTD Contact Info:**

**Website:** <https://himalayanschool.com/dance/>  
**Instagram:** <https://www.instagram.com/hstddance/>  
**Facebook:** <https://www.facebook.com/HSTD.dance>



**Youtube:** <https://www.youtube.com/HimalayanSchoolofTraditionalDance/>

**Others:**  
<https://himalayanschooloftraditionaldance.wordpress.com/> <https://hstddancediaries.wordpress.com/>

## Himalayan School of Traditional Music

The Himalayan School of Traditional Music (HSTM) aspires to use the power of music to unite people and nurture creative expression through trainings in various traditional music forms such as Carnatic and Hindustani, and traditional instruments, such as veena, tabla, mridangam, sitar, harmonium, flute, and tanpura. We also aspire to spread ancient Bharat's scriptural treasures through music albums in languages under our Purana Parampara initiative.

"Music holds the unimaginable power to bring minds together in countless ways. It knows no boundaries, and one doesn't need to understand the language — it transcends minds, connecting hearts across cultures. Its true power lies in its ability to fill the soul with pure energy, uniting all who listen." Mohanji

### Highlights

The Purana Parampara initiative was launched with Jnanappana, a devotional poem written by the 16th century Malayalam poet Poonthanam, who transformed the unbearable grief of his infant son's untimely death into an ardent pining for Lord Guruvayurappan (a form of Lord Krishna as a child). This philosophical poem expressed in a simple language understandable to even ordinary people is considered the equivalent of Bhagavad Gita, the towering scripture of Lord Krishna's sage wisdom to the world.

### Highlights 2024

The Jnanappana music album in Odia was launched in the month of February 2024.

Level One of the institute's training programme in Carnatic Music was conducted in July 2024. Training on the correct recitation of the Hanuman Chalisa was conducted in June 2024.

### Plans for 2025

HSTM plans to start regular training programmes across age groups for traditional vocal and instrumental music.

### Invite to join:

If you would like to join our mission, contact us at [music@himalayanschool.com](mailto:music@himalayanschool.com). You can also visit our online channels and like, follow and subscribe to spread the good word and change the world.

**Website:** <https://himalayanschool.com/>

**Facebook:** <https://www.facebook.com/HSTM.music/>

**YouTube:** <https://www.youtube.com/@himalayanschooloftradition1303>

## Himalayan School of Traditional Martial Arts and Therapy

At HSTMA, we are devoted to preserving and promoting the ancient art of Kalaripayattu alongside the revered practice of Marma Chikitsa. Through specialized consultation programs and therapy sessions, our mission is to revitalize Marma therapy, sharing its deeply rooted heritage and proven health benefits with people worldwide. By making Marma Chikitsa accessible and inviting, we encourage others to view it not only as a therapeutic science but also as a profound cultural tradition that has stood the test of time, trusted by ancient rishis and Kalaripayattu warriors. Integrating Marma wisdom and techniques into everyday life cultivates physical alignment and inner peace.

*"Traditional and authentic Marma Therapy is the timeless pulse of ancient wisdom, embodying human resilience and harmony. Rooted in the art of Kalaripayattu, it stands as a testament to enduring vitality and unchanging truth. Marma Therapy offers both body and mind a path to reconnect with a profound energy, rejuvenating prana and vital being. It's a journey into the timeless wisdom of harmony and holistic well-being."*

— Mohanji

### Highlights 2024

Our first center, located in Bengaluru, has welcomed

patients from cities across India and internationally, providing relief for chronic conditions such as sciatica, frozen shoulder, back pain, knee issues, and joint pain. Spanning 1,500 square feet, the center has successfully conducted over **250 traditional massages and 646 full therapy sessions** in the past year. Led by experienced Kalari Gurukkal, our team of skilled therapists delivers authentic treatments to all seekers.

### Plans for 2025

In the coming year, we plan to open multiple centres across India and also globally. Our aim is to offer Kalaripayattu training while also promoting the incredible benefits of Marma Therapy to a wider audience at home and abroad.

### Invite to join:

If you would like to join our mission, contact us at [music@himalayanschool.com](mailto:music@himalayanschool.com). You can also visit our online channels and like, follow and subscribe to spread the good word and change the world  
Website: <https://himalayanschool.com>  
Facebook: <https://www.facebook.com/HSTMAT>

## Himalayan School of Traditional Language

### HSTL's Mission to Illuminate Sanskrit Across the Globe

We are committed to rekindling the light of Sanskrit worldwide by offering training classes, awareness programs, and interactive activities. Through these initiatives, we aim to not only revive the language but also share the rich cultural heritage of ancient India. By making Sanskrit accessible and appealing, our goal is to inspire everyone to see it as a profound literary tradition as well as a scientific resource, and showcase how incorporating Sanskrit and its scriptural wisdom into our everyday life can bring harmony and peace to the mind.

### A Structured Pathway to Master Sanskrit

Our tiered learning program offers a clear, progressive journey through four levels: Manisa, Medha, Prajna, and Pratibha. This structured approach enables individuals, communities, and corporate groups to learn and converse fluently in Sanskrit. To unlock the depth of ancient Sanskrit

texts, we provide valuable insights through classes, discussion forums, and storytelling, sharing the timeless teachings and benefits of Sanskrit with all of humanity.

Sanskrit is the timeless pulse of an ancient wisdom, embodying human refinement and harmony. As the mother of languages, it stands as a testament to enduring energy and unchanging truth. Through Sanskrit, we connect with a grand legacy that bridges the ages, guiding present and future generations to rediscover the richness of heritage and culture.”

— Mohanji

### Program Highlights of 2024:

- **Sreerudram Live Chanting:** Mondays
- **Srimahabhadgavatham Mahathmyam:** Sanskrit to Malayalam translation and recitation, in over 350 clips
- **Bhagavadgita - Eternal Wisdom:** Daily recitation of one shloka in Sanskrit with English and Malayalam translations.
- **Collaboration with Vrindavan Guruvayur:** Daily sharing of wisdom from the Bhagavad Gita

### Proposed activities for 2025-26

- **Shloka Bhumika:** Short videos to teach and learn Sanskrit shlokas.
- **Krishnotsavam:** Special programs during Krishna Janmashtami.
- **Purana Kathaamritam:** Interesting stories about great ancient characters from Bhagavatapuram and Shivapuram.
- **Baalabodhanam:** Sanskrit and cultural virtual camp during May-June.

## Vedic Kids

Vedic Kids is a free online global program for children aged 5 to 17 years, founded by Humanitarian and Philanthropist, Mohanji, with the objective of spreading the ancient Vedic knowledge of Sanatana Dharma, the eternal truth.

**Mohanji opines, Sanatana Dharma is the essence of co-existence; essence of creation, essence of maintenance, essence of dissolution and an essence of co-existence. The equanimity, the quality, or the balance of existence is Sanatana Dharma.**

Children from countries around the world are



## There are Five batches of Vedic Kids

Sl no	Vedic Kids batch	Number of Kids	Location of Children	Faculty	Country
1	Gargi - Fourth Level	4	Canada, India	Dr Uma Haimavathy	India
2	Markandeya - Third Level	5	India, USA	Sri Madhavan Krishnamurthy	Singapore
3	Dhruva - Second Level	8	India, USA, Denmark	Sri. Sasikumar	India
4	Maithreyi- Second Level	5	Denmark, Australia, India	Smt Vasanthi Raja	Singapore
5	Nachiketha - First Level	5	Canada, India	Smt Shyamala	Canada
6.	Ekalavya - First Level	8	India	Smt. Srilakshmi	Singapore

students of the Vedic Kids program.

### Vedic Kids Curriculum

Classes are held every week on Saturday/ Sunday at 7pm IST via Google Meet for one hour.

The classes are divided into three segments of 20 minutes each.

**Prajnana** (Vedic Chanting) – Teaching Slokas/ Stutis/ Mantras

**Praharshana** (Vedic Knowledge)- Stories, Activities, Singing divine songs

**Prabodhana** (Vedic Activities) - Yoga, Meditation

The First level's syllabus includes small slokas along with stories and other activities. The syllabus of the Second and Third levels includes major slokas and stotras and principles of Sanatana Dharma, while the syllabus of the Fourth level includes the Bhagavad Gita. In the Fifth level, the children are taught Veda Mantras and Sooktaas, including the Rudram. In addition, a monthly Sanskrit class promotes the children's knowledge on the language in which the scriptures of Sanatana Dharma have been written.

Regular practice of slokas is encouraged. The children share practice audio/video files in the respective WhatsApp groups, and corrections, if needed, are made. Promotions to each level take place on the basis of regular assessments. Individual

assessments are held after each term and each level and certificates are awarded to the children.

### Vedic Kids Spiritual Tracker

The Vedic Kids program encourages Practical Spirituality. To impart values and make it a part of their character, the Vedic Kids Program has introduced a spiritual tracker for children that can support their spiritual journey. The tracker is designed to essentially help them to stay on track with various aspects of spiritual routine, including prayers, following strong moral values in daily life, and engaging in selfless service-related activities over the course of the month. Children are encouraged to share filled trackers every week.

### Vedic Kids Calendar

The Vedic Kids Calendar highlights the Celebration Days and other important dates of Vedic Kids Events.

### Weekly Subhashitham

Vedic Kids has started a weekly program – Subhashitham, based on quotes from various scriptures, on Facebook.

### Unveiling of Vedic kids Level -1 Book

Vedic Kids Level-1 book was released by Mohanji himself during the auspicious occasion of his



birthday on 23 February 2023 at Ganeshpuri , India.

### **Vedic Kids Sanskrit Class**

Knowledge of Sanskrit is essential for gaining a stronger understanding of Sanatana Dharma, as all its sacred scriptures have been written in this ancient language. With this viewpoint, Vedic Kids commenced online Sanskrit classes during August 2024 as a monthly program in association with Samskitha Bharathi.

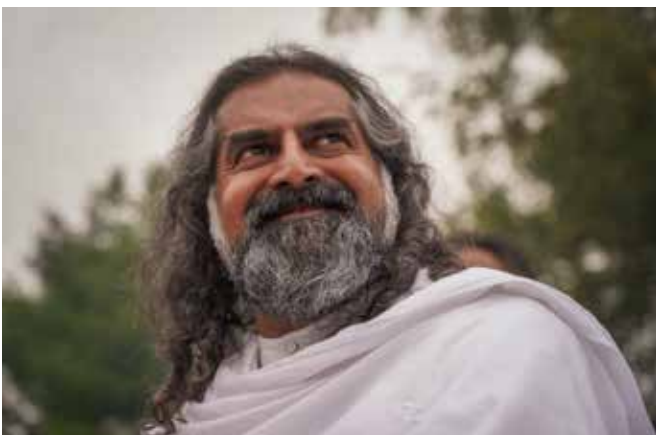
### **Vedic Kids Online Sessions**

Weekly online classes are conducted on Saturdays and Sundays via Google meet for the First, Second, Third and Fourth Levels for six batches. Children from various countries, including Canada, Australia, Serbia, India, and South Africa, actively participate in the program.

We have two batches each in the First and Second levels, and one batch each in the Third and Fourth levels.

### **Vedic Kids @ Mohanji's Birthday Celebrations**

Vedic Kids celebrated Mohanji's birthday in 2024 by



making cards, singing songs and wishing him via social media.

### **Vedic Kids at Ignite the Spark Program**

On 3 November 2024, Vedic Kids had the profound privilege of participating in the "Ignite the Spark" program, a transformative experience that ignited young minds. During this enlightening event, our children had the rare blessing of interacting with our revered Mohanji, whose guidance and wisdom left an indelible mark. The program provided a platform for parents and kids to share their heartfelt feedback on the Vedic Kids program, highlighting its positive impact. The children also seized the opportunity to clarify their doubts and seek guidance from Mohanji, whose compassionate insights nurtured their curiosity and spiritual growth. This unforgettable encounter not only deepened the children's understanding of timeless values but also instilled in them the importance of self-discovery and spiritual exploration.

### **Celebrations**

Festivals such as Sivaratri, Ganesha Chaturthi, Krishnaashtami, Navaraathri, Gurupoornima were celebrated online with various events such as skits, bhajans and talks by the children.

### **Future Plans**

As we continue to nurture young minds with the timeless wisdom of our ancient heritage, Vedic Kids is poised for exciting expansions. In the near future, we plan to introduce live classes in various locations, reaching more children and fostering a sense of community. Our curriculum will be enriched with in-depth classes on Sanatana Dharma, exploring its principles, values, and applications. To provide authentic insights, we will conduct interviews with esteemed scholars of Sanatana Dharma, sharing their expertise and experiences. Additionally, we are preparing to publish the second level of our acclaimed Vedic Kids book series, catering to growing minds. A comprehensive Sanatana Dharma book is also in the works, serving as a valuable resource for children, parents, and educators alike. Through these initiatives, Vedic Kids aims to deepen its impact, inspiring a new generation to embrace the richness of our cultural heritage.





# Gurulight

*Transformative retreats for Yoga and Meditation, carefully curated pilgrimages steeped in the rich heritage of Bharat, spiritual and wellness essentials, inspirational literature and books.*



Gurulight brings transformational publications, products and programs to the society at large. The publishing arm strives to bring in inspiring books and literature to educate people on moral and spiritual values through biographies and philosophical works of spiritual Masters, do-gooders, change agents, and noted public figures. Gurulight is offering an eclectic mix of fragrances, yoga and wellness products, spiritual assortments, and handicrafts made by local artisans carefully curated from various countries. The programs division organises yoga, meditation retreats, and regular tours exploring Bharat's rich, diverse heritage.

## Programs:

We reminisce on the year 2024 with our hearts full of gratitude. This year, Gurulight traversed many uncharted waters to bring forth a series of uniquely curated pilgrimages, seeking to immerse our global family in the rich tapestry of spiritual traditions and

the wisdom of Bharat. These pilgrimages allowed us to walk with our fellow seekers on the path towards spiritual elevation. Gurulight also organized several events that deeply resonate with our shared values, such as the yearly Pitru Paksha rituals to honour and respect our ancestors.

## Divine Trails of Datta

The Divine Trails of Datta answered a deep longing to connect with the immensely powerful Datta and Nath Masters. From 9 February 2024 to 24 February 2024, our participants embarked on a sacred odyssey to the spiritual heart of Bharat's mystical traditions. They forayed into the hallowed spaces of the Dattatreya and Nath Traditions, connecting with Datta Avatars: Sri Narsimha Saraswati, Akkalkot Swami Samartha, Sri Sai Baba of Shirdi and Siddha Master, Bhagawan Nityananda of Ganeshpuri. They experienced the powerful legacies of the Nav Naths at the samadhis of Kanifnath and Matsyendranath.



Their hearts melted with love and devotion as they unravelled the mystical beauty of the Varkari Bhakti traditions at Pandharpur, the abode of Lord Vittala and at the samadhis of Saints Dhyaneswar and Tukaram. Participants also got an unparalleled opportunity to be immersed in the grace of Perfect Masters Hazrat Babajaan, Narayan Maharaj and Upasani Maharaj of Sakori, who were instrumental in transforming the life of Meher Baba.

This spiritual quest attained completion and fulfilment in the elevating and illuminating presence of Mohanji, whose loving guidance and deep wisdom allowed the participants to grasp that elusive spiritual essence, remnants of which were generously sprinkled across all sacred power centres. The travels culminated in a powerful and transformative retreat at Mumbai as well as the joyous celebration of Mohanji's birthday at Mohanji Datta Tapovan in Ganeshpuri.

### Lunar Eclipse Homa at Ganeshpuri

A special opportunity to engage in spiritual practices during the Lunar Eclipse on 25 March 2024 was organized at Mohanji Datta Tapovan, in Ganeshpuri. A powerful Homa was conducted for the abundance and well-being of participants. The participants also experienced the collective energy of group chanting and meditation. All spiritual and devotional practices during a lunar eclipse bring about the effects and merits of a hundred practices.

### Empowered 1.0 at Udaipur

During 18-22 April 2024, Empowered trainers and Acharyas led participants on a remarkable journey of self-discovery at Empowered 1.0, in the enchanting 'City of Lakes', Udaipur, Rajasthan. These revolutionary sessions enable participants to seek impactful wisdom and guidance from Mohanji,







gain practical experience with Empowered trainers and venture confidently on the journey to 'Know yourself' completely. The program also included visits to ancient Eklingji and Srinathji temples at Udaipur. Witnessing the captivating four-faced Shiva lingam, a symbol of Eklingji's omnipresence, participants heard the echoes of history among the walls of this 8<sup>th</sup> century temple. Steeped in the colours of bhakti or devotion, participants embraced the loving grace of Srinathji. The program brought about moments of deep reflection and awakened the participants to unlock their true potential.

### Pitru Paksha Rituals

Pitru paksha (17 September – 2 October, 2024) is the most auspicious time period as per Hindu astrological calendar to pay homage to our ancestors. Gurulight facilitates this by performing ancestral rituals designed to honour our lineage in sacred locations such as Gokarna, Kashi, Prayagraj, Gaya, and Puri, which are synonymous for providing spiritual elevation to the departed souls. Additionally, annadaan or food donation is conducted for the benefit of renunciates, the needy, the sick and animals under the banner of ACT4Hunger at power centres across Bharat including Haridwar, Rishikesh, Varanasi, Shirdi, Gokarna, Tiruvannamalai, Tiruchendur and Ganeshpuri. Mohanji says that feeding others, especially the hungry and needy,



not only allows us to express deep gratitude to our lineage but also uplifts us, as the selfless act brings inner purification and alignment.

### Divine Trails of Kolkata

In the month of November (22- 26 November 2024), Gurulight unveiled an opportunity to immerse in the awakening Shiva-Shakti energy at Tarakeshwar and Kalighat- Dakshineshwar, in the City of Joy, Kolkata. Participants experienced the transcendental nature of Shiva and Shakti through enlightening satsangs with Mohanji, and soul-stirring visits to the abodes of spiritual stalwarts such as Ramakrishna Paramhansa, Ma Sarada Devi, Paramhansa Yogananda, and Swami Vivekananda.

The journey commenced with visiting the childhood home of Paramahansa Yogananda. This rare opportunity allowed everyone to meditate at the sacred space where Yogananda communed with Mahavatar Babaji in physical form. Participants encountered the wish-fulfilling Shiva incarnation Taraknath, at the 18<sup>th</sup> century Tarakeshwar temple, and ventured to the serene Belur Math on the banks of river Ganga, where Swami Vivekananda spent his final years. They experienced the blissful, loving presence of Mother Kali at Dakshineshwar, where Ramakrishna Paramhansa was the Chief Priest in the 19<sup>th</sup> century and remained in constant communion





with Ma Bhabhatarini, the benevolent form of Ma Kali. At Udyan Matt, they further soaked in the Master's grace as this is where Sri Ramakrishna spent His final days before exiting His body.

Participants became enveloped in divine feminine energy at Kalighat – one of the 51 Shakti Peethas, where Mother Sati's right toe had fallen during Lord Shiva's Tandav while mourning her loss. The pilgrimage concluded by visiting Kamarpukar and Joyrambati, the birth places of Ramakrishna Paramhansa and Ma Sarada Devi, respectively. Participants experienced deep joy while hearing the fascinating tales of the childhood adventures of Ramakrishna Paramhansa and the selfless service of Ma Sarada, lovingly narrated by local residents.

## Divine Trails of Gujarat

From 29 November to 5 December, 2024, Gurulight offered the unique opportunity to explore the spiritual power centres of Western Bharat – Dwarka, Somnath, and Girnar. Steeped in myth and legend, the ancient city of Dwarka invited participants to retrace Krishna's footprints accompanied by Mohanji. Guided by his benevolent insights on Krishna's life and teachings, the group ventured forth to Rukmini Devi Temple, Dwarkadheesh Temple, Beyt Dwarka – where Krishna's golden palace now lies submerged, and Gopi Talav.

Soaking in the heart-warming tales of Krishna's loving divine *leelas* (play) with Sudama, Mother Rukmini and the Gopis brought tears to many eyes. At Bhalka Tirth, the sacred site where Krishna was struck by a hunter's arrow, and Baldev Gufa, where Balaram left his body, participants remained in awe of the divine past.

Somnath Jyotirlinga, a veritable powerhouse of Lord Shiva's divine energy and a visit to the Ahilyabai Temple (where the original Somnath Shiva linga is supposed to be situated) rejuvenated and stabilized the participants' connection to the Divine. Mohanji's powerful insights sparked the fire of awareness in the hearts of participants, awakening them to their true purpose.

The group then embarked on the 10, 000 step journey towards the sacred Datta Temple on Girnar mountain. As Mohanji says, "Girnar is not an ordinary journey. It is surrender and commitment to the tradition." Inspiring greater understanding of the Raja Yoga Path, the trek to Lord Dattatreya stood as a testament to participants' perseverance, inner strength and deep faith in the tradition.

## Divine Trails of Shirdi

From 17 to 22 December, 2024, Gurulight crafted an experiential pilgrimage to the abode of exalted Perfect Master, Sri Sai Baba of Shirdi. An incarnation





of humility and unconditional love, Sai Baba symbolises unity and harmony. This journey allowed participants to connect deeply with Sai Baba's teachings of faith and perseverance (*shraddha aur saburi*). Mohanji's satsangs unveiled the grandeur of Baba's presence and relevance, inspiring deep faith and surrender in the Divine Master.

Participants ventured upon the byzantine lanes tracing the historical roots of Baba's 60 years at Shirdi. They visited Dwarka Mai, a once dilapidated mosque made sacred by Baba's presence, and the Samadhi Mandir where Sai Baba's tomb is enshrined. They circumambulated the sacred Neem tree at Gurusthan, revered as the seat of His Guru, where impacted by the intense tapas (penance) the leaves from one branch turned sweet and are believed to have healing properties. Participants explored Chavadi or the village office where Baba spent alternate nights during the last decade of His life, and the Khandoba Temple, where devotee Mahalsapati first addressed him as 'Sai'. They also visited the five homes of Baba's devotees, from whose houses Baba took '*bhiksha*' or alms.

Thereafter, they visited Kushalchand's house, Hanuman and Veerbhadra temples at Rahata, Nanasahb Dingle's house at Neemgaon, which are the only two neighbouring villages Baba ever visited. Participants also experienced the divine love and grace of Baba's direct disciple and Perfect Master, Upasani Maharaj at His ashram in Sakori.

Gurulight endeavoured and succeeded at transforming visits into timeless experiences for its global family of spiritual seekers. We witnessed a significant rise in the number of participants at our events, reflecting the growing interest in spiritual exploration. Bolstered by our experiences from 2024, we are even more committed to continue unravelling the rich spiritual tapestry of Bharat. Our plans for 2025 include



expanding our reach and offering more unique programs, thereby driving fulfilling engagement and deep spiritual exploration for our participants.

### **Publications and Products**

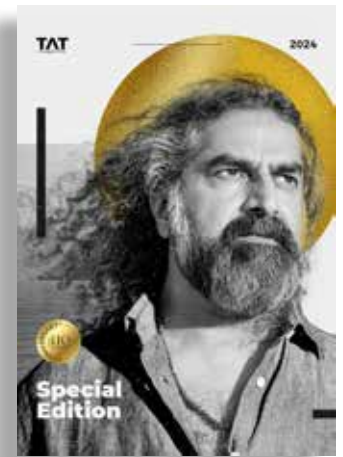
#### **> New Book Launches**

- BABA: Mohanji And Masters (Revised and Upgraded)
- The Divine Couple: Lord Agastya and Devi Lopamudra
- Am I Just A Baby Vending Machine?: Infertility through the eyes of a fertility specialist
- The Art of Parenting: Then and Now
- Pure Love: A collection of Poems
- I am Mohanji: Experience Sharing by a Disciple
- Daring Prince: Truth Revealed
- Guru Leela VI: They Walked with HIM - Part 1
- Guru Leela VII: They Walked with HIM - Part 2

#### **> Translations**

- Home For A Refugee: An Autobiography By Devi Mohan (Dutch)
- Møst – The Ecstatic (German)
- BABA: Mohanji And Masters (Dutch)
- The Power of Purity (German)
- The Silence of Shiva (Dutch)





# The Awakening Times Magazine

*Exploring the universal and timeless quest for life purpose, meaning, and fulfillment*

*“From the depth of silence, truth emerges. Truth is eternal. In the world of relative truths, absolute truth is not easy to gather. Truth feels right. It heals too.”*

– Mohanji

We are the largest global spiritual hub, uniting readers in over 130 countries with the wisdom of Sanatana Dharma—the universal truth. Through the voices of passionate writers, profound interviews with saints, and revered spiritual leaders, we offer a path for inner discovery and unity. Guided by Mohanji’s inspiration, we foster a community grounded in purity, purpose, and timeless principles that connect all seekers.

Over the past year, we have published 12 online editions, a special print edition, and two special booklets, reaching 7,000–10,000 readers each month. Our content has covered animal welfare, ecology, human rights, holistic practices, and diverse spiritual paths. We have also expanded our global reach as a Media Partner for the *Festival of Womanhood*, Exclusive Media Partner for Croatia’s “Celebrate Life” charity festival, and through our presence at the Mystic Holistic Festival in Croatia.

## 2025: Protecting Our Planet

In response to the urgent need to protect our planet, we are dedicating the coming year to the theme “Protecting Our Home”. Our mission is to inspire the conscious community to take responsibility for Earth’s well-being and actively contribute to

the preservation of our environment through the following initiatives:

- 1. Educational Campaigns:** Publishing articles, interviews, and features to raise awareness about critical environmental issues and offer actionable solutions for individuals and communities.
- 2. Collaborations:** Partnering with environmental organizations to promote sustainability, wildlife conservation, and eco-friendly practices.
- 3. Awareness Events:** Engaging the community through webinars, online discussions, and campaigns featuring environmental leaders, spiritual guides, and activists.
- 4. Global Call to Action:** Launching initiatives to encourage hands-on participation in projects—from local clean-ups to global sustainability efforts.
- 5. Dedicated Editions:** Curating special editions of our magazine focused entirely on Earth’s protection, featuring contributions from experts and spiritual leaders on humanity’s connection to nature.

**We invite you to join us and take bold action for the future of our planet.** Earth needs us now more than ever. If you’re inspired to make a difference and have the connections, expertise, resources, or a compassionate heart to contribute, we want to hear from you. Reach out to us at [awakening.times.magazine@gmail.com](mailto:awakening.times.magazine@gmail.com)





# Empower



# Early Birds Club (EBC)



## *Waking up early to create stable and positive people*

***“EBC is an expression of our social commitment. We want to create a world which is better, cleaner, and more sensitive for ourselves to experience as well as for the next generations to take forward.”***

- Mohanji

The Early Birds Club is a global platform dedicated to cultivating stable and positive individuals by harnessing the transformative power of early rising. The club operates on the principle that waking up early, specifically between 3 AM and 6 AM, creates the perfect window to focus on personal growth and unlock greater potential in life. The foundation of the club, evolved from **Mohanji's** vision, is rooted in science and ancient wisdom, which assert that **early risers achieve more** in life. This quiet, undisturbed time allows for meaningful self-work and the development of mental, emotional, spiritual, and physical well-being. The Early Birds Club offers tailored empowerment programs for individuals across different age groups: kids, teens and adults.

**Our purpose** is to contribute to society by inspiring individuals to embrace positivity, enhance stability & create purposefulness through **two key methods**:

- 1. Positive Morning Routines:** Creating structured, empowering habits that set the tone for the rest of the day.
- 2. Online Events and Challenges:** Hosting engaging activities and programs that encourage participants to grow holistically and stay motivated.

### 2024 Highlights

- **Daily Contemplative Quotes:** Each quote is designed to inspire reflection and cultivate a positive mindset.
- **Yoga Nidra Session with Himali Kapil (21 Days Program):** The year commenced with a transformative 21-day Yoga Nidra program led by instructor Himali Kapil, aimed at fostering

conscious relaxation and laying the groundwork for a positive mindset. Each session began with light yoga movements, gradually progressing into deeper Yoga Nidra practices as the weeks unfolded. The program's primary focus was to help participants achieve restful sleep, wake up rejuvenated, and cultivate a clear sense of purpose. Participants experienced numerous benefits, reporting feelings of calmness, improved focus, and a sense of lightness that lasted throughout the day. The sessions also encouraged participants to set meaningful intentions, working toward them with renewed purpose and positivity. The overwhelmingly positive feedback underscored the program's effectiveness in enhancing mental and emotional well-being. To deepen the experience, Mohanji podcasts were shared daily, providing additional insights for reflection and contemplation, enriching participants' journeys of self-discovery.

- **Special Womens Day Yoga:** To celebrate Women's Day, we hosted a special yoga session led by **HSTY Instructor Nidhi Melag**. The event provided an opportunity for women to come together in a supportive environment, embracing empowerment, mindfulness, and community connection. Participants left the session feeling inspired, rejuvenated, and deeply connected to one another.
- **100 Mile Walking Challenge (90 Days Program):** The second quarter focused on enhancing physical fitness while fostering a deeper connection with nature through the **100-mile walking challenges**, held monthly. Participants were encouraged to complete 100 miles of morning walks, capturing and sharing moments of nature's beauty along the way. The challenge saw enthusiastic participation, building a vibrant and motivated community dedicated to health, wellness, and a mindful lifestyle.
- **EBC Yoga Session Led by Nidhi Melag (Weekly**



**program which ran for 2 months**): September & October we offered weekly **comprehensive yoga program** led by **HSTY instructor and yoga enthusiast Nidhi Melag**. This series seamlessly integrated various elements of yoga, including **pranayama** (breathwork), **positive affirmations**, **yoga asanas** (poses), **meditation**, and **deep relaxation techniques**. Each session was carefully tailored to address the unique needs of the participants, with **personalized guidance** and adjustments from the instructor. Participants highly valued the program's holistic approach, noting significant improvements in their **physical flexibility**, **mental clarity**, and **emotional balance**. The program emphasized the importance of **awareness** and **self-care**, leaving a lasting and positive impact on all who participated.

- **Rise in Gratitude (30 Days program)**: November was focused on fostering gratitude. The **30-day gratitude challenge**, encouraged participants to reflect on specific aspects of their lives each day. Accompanying these reflections were inspiring stories of great personalities, which deepened participants' understanding of gratitude and its transformative power.
- **Vision 2025**: We plan to create a vision board challenge for December, guiding participants to create vision boards for the upcoming year, to help them clarify their goals and aspirations, preparing them to approach 2026 with purpose and determination.
- **Awaken Your Abundance Series (7-Month Program)**: Launching in 2025, the "Awaken Your Abundance" series will focus on cultivating an abundance mindset through a comprehensive approach that includes powerful tools such as Yoga Nidra to deepen intentions and clarity, nutrition and conscious living practices to promote well-being and mindful habits, and inspiration from experts—inviting subject matter specialists and community heroes to share their wisdom and motivate participants. This transformative program aims to build stable, abundant individuals who are ready to thrive not only in 2026 but for years to come. Through this initiative, EBC reaffirms its commitment to nurturing holistic growth and empowering individuals to achieve their highest potential, while fostering a positive impact on society as a whole.

EBC remains dedicated to creating a supportive community where individuals can explore their potential, find stability, and embrace meaningful transformations. With engaging programs and innovative challenges, we continue to inspire change, one step at a time.

## Early Birds Cub Balkan: Nurturing Well-Being and Inner Growth

### *Empowering Lives, Inspiring Change*

In 2024, we made remarkable strides in our mission to support the mental, physical, and emotional growth of our participants. Our core belief is that a stable, peaceful world begins with individuals who start their days early. By embracing early mornings, people build the foundation for greater stability in their personal lives, which in turn contributes to a more balanced and harmonious world. Through a range of impactful programs, we've cultivated environments for both adults and children to grow, connect, and find inner peace.

#### Our Highlights from 2024:

- **Morning Routine Program**: We hosted 60 morning sessions, focusing on yoga, breathing exercises, and motivational readings to help participants start their days mindfully. These sessions served as powerful tools for relaxation, focus, and inner resilience,





reinforcing the principle that a peaceful, stable morning sets the tone for a stable day and life.

- Evening Counter:**  
 Our weekly Evening Gatherings helped participants wind down, reinforcing healthier sleep habits and promoting a peaceful mindset. In addition to these sessions, we reintroduced evening reading sessions featuring motivational books to nurture resilience and inner stability.
- Children's Programs:**  
 We held 50 Evening Kids Corner sessions, featuring moral storytelling and Freedom Meditation, fostering moral grounding and inner growth. In addition, the in-person workshops in Serbia and Slovenia combined yoga and creative activities to empower children, encourage self-expression and build confidence.

### Looking Ahead

The Early Birds Club Balkan is committed to expanding these impactful programs, with plans to introduce new activities and workshops that further empower individuals by reinforcing the importance of early, mindful beginnings. We are focused on creating more opportunities for personal transformation, community engagement, and holistic development that encourage stability and peace, one early morning at a time.

### Stay Connected

If you wish to join us in our mission or learn more about our activities, contact us at [info@klubranoranilaca.rs](mailto:info@klubranoranilaca.rs).

Stay connected through our social media channels and become part of this journey toward a more peaceful and empowered world.

**Website:** [www.klubranoranilaca.rs](http://www.klubranoranilaca.rs)

**Instagram:** [@earlybirds\\_balkan](https://www.instagram.com/earlybirds_balkan)

Together, we are shaping a brighter, more harmonious tomorrow, where individuals begin each day with renewed energy, purpose, and clarity, embracing promptness, productivity, and a peaceful mind.

## Festival of Youth: Bridges of Tomorrow

### Empowering a Generation, Building a Peaceful Future

*“Youth means strength. If clarity of purpose is added to this strength, youth becomes power. If direction is added to power, it becomes inspiration. Inspired action leads to transformation. Inspiration, along with nonviolence, kindness, and compassionate actions, bring forth heaven on earth. Let’s do it.”*

– Mohanji

### About the Festival of Youth

The Festival of Youth, organized by the Mohanji Youth Club, brings together young people aged 15 to 30 to celebrate unity, peace, friendship, and healthy living. The festival highlights our mission to create a platform where youth can come together, celebrate life, and build meaningful connections.

In 2024, we successfully hosted the second *Festival of Youth* at the Mohanji Peace Center in Serbia, bringing together young people aged 15 to 30 for an unforgettable celebration of energy, growth, and unity.

This year, the festival was filled with engaging activities that nurtured the spirit of collaboration—delicious vegan cuisine, exciting water games, *Conscious Dancing*, and an energizing karaoke session featuring songs in Arabic, Serbian, and English. As the day concluded with a sunset dinner, we celebrated two successful years of the festival with a special cake, marking the collective achievement of our growing community.

The impact was evident in the testimonials of our participants:



- *“It was lovely! I enjoyed every bit of it.”* – Prisca Uwaelue
- *“The water games were the best!”* – Boško Jurošević

Our youth festival has become a catalyst for intercultural exchange, igniting passion for personal growth, community service, and healthy living.

As we look to the future, our vision is to expand the festival globally, offering more diverse activities, and continuously empowering youth to take an active role in shaping the world around them.

Looking ahead, the Mohanji Youth Club plans to expand the festival to new locations, include more diverse activities, and deepen its role in empowering youth globally.

### Stay Connected

If you would like to join our mission or learn more, contact us at [youth@mohanji.org](mailto:youth@mohanji.org). You can also visit our online channels and engage with us to spread the word and continue the momentum.

#### Instagram:

@mohanjiyouthfest @myc\_global @serbia\_myc

Together, we are creating a brighter future—one youth at a time.

## Early Birds Club Kids

The Early Birds Club for Kids, EBCK, is one-of-a-kind global club for the children of the world to come together and grow together. The club is founded by renowned humanitarian and philanthropist Mohanji and caters to children from 5 -12 yrs with members from 27 countries across the globe.



Our Vision is to create a better world by enabling today's children to become powerful, purposeful, quality individuals rooted in values and traditions. We aspire to achieve our mission by encouraging children to embrace a positive and healthy life: becoming early risers, inculcating values and ethics, developing leadership qualities, nurturing inherent talents, and participating in world affairs (United Nations Sustainable Development Goals).

We are building disciplined, kind, compassionate individuals who care about the environment as much as those living in it. It is indeed heartening to see the smiles on their faces as they continue on the path of self-healing and self-discovery while participating in curricular and co-curricular activities at school to the best of their abilities.

### Statistics as of November 2024

- \* Total 513 children from 27 countries
- \* 343 children from India, 47 children from the US, 19 children from the UK, and others from various different countries
- \* 103 children of age 12, 81 children of age 11, 58 children of age 14, and others
- \* 141 children were referred by a friend, 81 children were referred from WhatsApp groups, 58 from Facebook, 46 from the EBC Kids website, 22 from Mohanji.org, and the rest from the other channels
- \* There were nine new Registrations in 2024

### Our Mission for 2025:

Our mission for 2025 is to explore new areas of interest to children and their wellbeing.

We intend to expand promotion to reach more kids globally, help children develop qualities that will help them to lead a better and peaceful life in the midst of peer pressure and other difficulties, and help them develop discipline and healthy habits





during childhood.

We also aim to provide help and support to parents to bring up children in these challenging times, and we plan to bring in parenting experts to help them face the growing challenges in raising this new generation.

At EBC Kids, led by Ms Pratibha Nair, we have multiple initiatives running all year round to ensure maximum participation from kids at all times.

**EBCK – Books:** (led by Ms Suma Dinesh from Bangalore, India)

We compiled and released books for kids this year on Mohanji’s birthday in **February 2024**.

- a. **‘Mohanji with Kids – Achieve Stability’** was the culmination of the “Ignite the Spark” event with Mohanji. This has the most precious messages by Mohanji for kids that will help them start early in life and shape their personality by imbibing values of kindness, compassion, non-violence, and self-love among others.
- b. We had initiated the translation of the EBCK books into Serbian and Dutch languages in collaboration with our counterparts in Serbia and the Netherlands. The Dutch translation of Bed time Stories for children Vol 1 was released

by Mohanji when he was in the Netherlands in June 2024.

The English books are available now on the Gurulight website and Amazon. Books can be ordered using these links :

<https://gurulight.com/product/mohanji-with-kids-nurture-and-empower-vol-i/>

<https://gurulight.com/product/ebc-books-for-children/>

<https://amzn.eu/d/94khjcv>

<https://amzn.eu/d/99Woq94>

## EBCK - Talent Show

**(led by Yastheel Phalad from South Africa)**

EBCK Super Stars Talent Show is an online talent show that aims to give children an opportunity to showcase their talent, knowledge and skills.

A monthly topic is announced and children can send their submissions in a variety of ways, be it drama, dance, speech, music or any other. Winners are announced at the end of each month.

This series, which was launched in July 2023, was



continued in 2024. In **January 2024**, we focused on the topic “Animal Welfare”. In **February 2024**, the theme was “Express gratitude to your father”. Kids participated enthusiastically from across the globe. So far, we have winners such as Swadha Maity.

### **Ignite the Spark :**

This is a platform where kids can directly interact with Mohanji and ask him for guidance on any matter. This is conducted online to ensure that kids all over the globe can participate. This year, we conducted the ‘Ignite the spark’ sessions in **January and November**. The kids and parents participated enthusiastically to ask questions to Mohanji.

### **Yoga competition**

An online Yoga competition was held in **June 2024** along with celebration on International Yoga day. Kids participated in this workshop with eagerness and enthusiasm.

### **Back to School Workshop**

We organised a back-to-school workshop for kids in the age group of 5 to 12 years towards the end of the summer vacation of children, in **May 2024**. This was to enable kids to smoothly restart and gear up for school activities and curriculum throughout the academic year.

### **EBC Kids Morning Talk show:**

In 2024, EBC Kids continued to conduct the “Morning Talk show”, which includes doing a morning routine and a Talk Show with a kid, on Facebook live, nominating each child for a month, thereby encouraging children to follow the EBC Kids morning routine such as affirmations, exercise/ yoga, and gratitude.

### **Future Plans**

1. We are coming up with “Activity Cards” for kids between the ages of 5 to 12 years based on EBCK and Mohanji’s core values and messages
2. We are planning to launch EBCK merchandise for children to help increase the visibility of EBCK and ensure more participation among kids
3. “Mohanji with Kids Vol 3” based on Mohanji’s messages for children through the ‘Ignite the

Spark’ event

4. Implement more initiatives and projects that promote EBCK’s core values
5. Host “**Ignite the Spark**” sessions that enable kids to interact with Mohanji directly.
6. Host a session with Mohanji for parents, so that they can ask their burning questions regarding parenting and receive practical advice from Mohanji
7. Conduct more classes for children with professionals and increase our reach to ensure more kids (and parents!) benefit.
8. Implement EBC Kids programs at Mohanji ka Aangans at other locations to introduce the Morning Schedule and Gratitude Affirmations in vernacular languages to bring these children to the same platform once or twice a year with the Global EBC family where they can interact and learn from each other. Also, conduct reading sessions of the EBCK books and conduct workshops for kids of EBC Kids and Aangan.
9. Translations to Serbian and Dutch of these books are planned to be released. We will also look at the feasibility of translations into regional languages.
10. We are also looking at the feasibility of audiobooks to reach a wider audience.
11. Upgrade and enhance the EBC Kids website.

Seeing our member children bloom into smart, confident and self-assured individuals open to learning new things gives us immense satisfaction. Their positive interactions on our global platform helped them make friends worldwide.

If you would like to join our mission, you can reach us at : [kids@earlybirdsclub.org](mailto:kids@earlybirdsclub.org). You can also visit our online channels and like, follow and subscribe to spread the good word.

**Website:** [www.earlybirdsclub.org](http://www.earlybirdsclub.org)

**Facebook:** [earlybirdskids](https://www.facebook.com/earlybirdskids)

**YouTube:** <https://www.youtube.com/@earlybirdsclub-kids7875>

**Instagram:** [earlybirdskids](https://www.instagram.com/earlybirdskids)



# Mohanji Youth Club

*Be Good. Do Good.*



*“The aim of MYC is to stabilize the youth through increasing self-worth...What I am trying to do through the youth club is to bring a different mindset to the youth where connecting to themselves, stabilizing themselves, they become effective. Life becomes effective, meaningful.”*

- Mohanji'

Mohanji Youth Club is a global youth network that exists to empower and inspire fellow youngsters to live authentic, positive and purpose-driven lives. It is inspired by the work and teachings of Mohanji. Essentially, the purpose of MYC is to enable the youth to be stable and effective in their lives, through self-acceptance and by engaging in kind actions.

## MYC Global

The year for Mohanji Youth Club started with a Global Volunteer Meet, where our members from all around the world were able to meet each other,

brainstorm, and share their experiences. Later, we had an amazing opportunity to have an online session with Mohanji, where He addressed all our questions, specified for youth.

Inspired by Mohanji’s teachings, in January 2024, we started a Global Feeding Challenge for 30 days, inspiring the youth all over the world to feed at least one being a day. Afterwards, two more such initiatives were undertaken, counting 21 days each during this year in July and September. A total of 2,279 beings were fed through these initiatives.

In order to connect with and support our members, we had MYC Circle online sessions, where we shared our personal stories, and some tips for interesting topics such as procrastination.

We were thrilled to gain access to all the sessions with Mohanji worldwide and had amazing discussions afterwards, soaking into the wisdom of His teachings, and trying to implement it into





our daily lives. Those sessions gave us stability and awareness.

To inspire the youth to adopt a healthy lifestyle, we held Youth Yoga Tribe online sessions, where we practiced yoga and breathing exercises. In 2024, we also started cooking sessions, which we plan to grow into an official show, where the youth can participate by cooking traditional plant-based food from their respective countries, and the participants too can cook simultaneously with the hosts.

MYC also celebrated the International Day of the World's Indigenous Peoples. On 9 August 2024, we were thrilled to welcome Mr. Dominic Venton from the World Tribal Alliance as our guest speaker. He helped all the participants gain a deeper understanding of indigenous cultures and their vital role in our world.

In August 2024, we started an amazing workshop, the "Language Lounge", beginning with learning the Farsi language. These workshops are an amazing opportunity to experience new cultures, connect with new friends, and unlock the beauty of foreign languages like never before.

The summer ended with Empowered Youth camp in Slovenia and Festival of Youth in Serbia as well as with an online Reggaeton Dance Class. To help young adults and teens handle emotions, we had an Emotional Freedom Technique online session.

We also undertook the powerful practice of 31 days of expressing gratitude, following Mohanji's guidance: "If we practice gratitude everyday, it will clean up our inner space and our universe too. Gratitude is a great practice. And it keeps us light, optimistic, and even."

Our members set shining examples for society

through doing selfless services, serving food to the underprivileged people, animals. We also joined clean-up activities and planted fruit trees. In summary, we had a lot of fun, made a lot of new international friends, connected, traveled and learned many new things.

Our major upcoming events are the Stability campaign and the Counseling workshop, which will provide skills to support youth. Both will be offered to interested youth as well as to universities across the globe.

MYC grew considerably this year and launched its presence in Slovenia, Croatia, South Africa, Bosnia and Herzegovina, USA and The Netherlands. The activities continued in Serbia, Macedonia, India and the UK.

### **MYC India**

Mohanji Youth Club launched its India Chapter on 18 December 2023. The Indian chapter aligned with the Global vision in 2024 to empower the youth and enable them to be stable.

### **Review of Mohanji Youth Club India Events**

#### ***Collaboration with Amity Business School, Amity University, Uttar Pradesh***

MYC India collaborated with Amity Business School, Amity University in Noida, Uttar Pradesh. We participated in a panel discussion held on National Youth Day (12 January 2024) titled "Ignite ideas: Empowering youth perspective". This collaboration also extended to include 23 enthusiastic students as MYC interns from Amity Business School, who were enrolled in the "Universal Human Values" course as part of their MBA program.

#### ***Collaboration with Ammucare Charitable Trust***

On 22 August 2024, MYC India volunteers supported Ammucare's Blood Relations initiative and partnered with National Thalassemia Welfare Society and RML Hospital, for blood donation to help kids with thalassemia.

MYC India also collaborated with Ammucare Charitable Trust to volunteer at its Mohanji Ka Aangan centers throughout India. Our volunteers interacted with kids at the Aangans located at Saket

and Dhaula Kuan, in Delhi, Ghaziabad, North and South Bangalore, and Bhubaneswar, where they held various activities. These included robotics workshops, poetry sessions, story-telling, art sessions, singing sessions, games, disaster awareness sessions, lung cancer awareness sessions, and celebrations such as Holi and Navratri. So far, there have been 25 online and offline sessions at the Aangans, and we have spent a total of 48 hours actively engaging with more than 210 Aangan children. We have also conducted several donation drives, such as donating food, books and stationery items to all underprivileged children at Mohanji Ka Aangans.

### ***Collaborations with Mohanji Ka Aangan***

At its Mohanji Ka Aangan centers, Ammucare provides children a space to explore their own potential, understand the virtues of selfless service and develop a strong character. Through these collaborations, MYC members aimed to counsel these young minds and share their experiences, skills and guidance for personal development and in this process develop their own values, character and personality.

We had organised excursions, visiting Ganeshpuri, Tiruvannamalai and Mohanji Home for Seniors.

Also, we are happy to share that we joined many selfless services. There was food distribution in Karnataka, Maharashtra, Uttar Pradesh, Delhi, Haryana, as well as fruit tree plantation in the University campus at Lovely Professional University, Punjab.

### **MYC Macedonia**

#### ***Review of Mohanji Youth Club Macedonia Events***

Every Sunday in the capital city of Skopje, we practice the Conscious Walking technique that has been given by Mohanji, which helps us to reduce anxiety, increases self-confidence and self-esteem, brings clarity, purposefulness and offers many more benefits for youth.

Our members from MYC Macedonia joined the MYC feeding challenge and fed dogs, cats, birds and people. We join the ACT Macedonia team every week to serve plant-based meals to the underprivileged and homeless people in Skopje. We also organized a visit to a dog shelter, where 205 kg of dog food was donated.



We joined ACT Macedonia for the clean-up activities in the areas where the meals are being served.

We also hosted the first cooking vegan session, which was broadcast for all MYC members globally.

### **MYC Croatia**

We are extremely happy and excited to announce that the Mohanji Youth Club (MYC) officially launched its Croatian branch on 12 August 2024. MYC Croatia has 10 members so far.

#### **Review of Mohanji Youth Club Croatia Events**

##### ***Satsang with Mohanji at MPC Croatia***

On 8 September 2024, MYC Croatia members attended a satsang at the Mohanji Peace Centre, where they engaged in deep discussions with Mohanji. Mohanji personally answered the participants' questions, providing inspiration and guidance for life's challenges. MYC members from Croatia, Slovenia, and Serbia participated in the satsang.

##### ***MYC Croatia Presentation in Pula***

MYC Croatia successfully presented itself to the public on 14 September 2024 at two important local events - Dodi u kvart Manifestation and Traditional Pula Night. These events helped the team make its initial contact with the local community and introduced MYC's values to the youth and families in Pula. We gained three new members through these events.





### ***Youth Empowerment Workshop in Vodnjan (Majmajola) in collaboration with ACT Croatia***

We held a special workshop for children from the Vodnjan orphanage on 15 September 2024, focusing on empowerment and unlocking inner potential, helping the youth release limiting beliefs.

### ***Creative Gratitude Workshop at PUŽ Association Zagreb***

On 18 October 2024, we organized a workshop for young people with special needs in collaboration with the PUŽ Association. Through creative activities, participants developed a sense of gratitude and worked on their emotional resilience.

### ***Upcoming Workshops***

- # MYC Inspirational Workshop – Stability & Gratitude Empowered Youth Workshop at Orphanage Sestre Milosrdnice
- # Gratitude Workshop with pranayama and freedom meditation, followed by a discussion on the theme of self-acceptance
- # Public Relations Conference -Networking and establishing connections with potential partners/donors.
- # Visit to people with special needs in Međimurje Region
- # SOS Children’s Village Osijek: Workshop on stability through breathing techniques, discussions on self-acceptance and authenticity, and a workshop on conscious dancing
- # FESTIVAL: Celebrating Life: Presentation of MYC Croatia, dance performances, dance workshops, pranayama workshops, Emotional Freedom Technique, and Empowered Youth programs for the youth. Discussions and sharing of inspirational stories, unlocking talents, and opening up to one’s full potential.

- # MYC Dance Performance at the Mystic Festival - Food and Healthy Living Fair

## **MYC Serbia**

### **Review of Mohanji Youth Club Serbia Events in 2024**

On Sunday, 8 September 2024, the Mohanji Youth Club Serbia hosted the Festival of Youth for the second year in a row!

The event began with a bus ride to the Mohanji Peace Center. Upon arrival, participants were welcomed with small gifts and a brief introduction. We then moved outdoors, where a beautiful setup for water games awaited. The water games were a highlight for most participants. Lunch was served outdoors, and everyone enjoyed a delicious vegan meal in the refreshing summer breeze.

Afterward, we had a fantastic time taking group and individual photos, mingling with each other, and savoring mocktail. Later, we enjoyed Conscious Dancing , a special technique for inner alignment, followed by an exciting karaoke session, where we sang songs in Arabic, Serbian, and English!

Dinner was served in the most beautiful setting as the sun began to set. To celebrate two successful years of the festival, the Festival of Youth team surprised everyone with a special cake!

As the evening came to a close, we shared heartfelt goodbyes and hugs before the bus departed to take the participants back to Belgrade.

## **MYC Slovenia**

We are proud to present an overview of the achievements and impact that the Mohanji Youth Club (MYC) Slovenia has made on young people, the environment, the community, and animals in the short period since its founding on 10 August 2024.

### **First Kids Camp (ages 6-15)**

We organised our first camp for nine underprivileged children during 1-3 July 2024, which was focused on raising awareness among the youth about the importance of a vegan lifestyle, blessing food and feeding animals. Through workshops, they learned how to accept themselves, release emotional blockages through the Emotional Freedom

Technique (EFT), and develop gratitude for nature and animals. We also had Consciousness Dancing, yoga sessions, pranayama and meditation sessions. These children now regularly visit the Mohanji Peace Center (MPC) Slovenia, further engaging in environmental activities.

### **Visit to a Home for the Elderly:**

On 2 July 2024, children from our camp visited a home for the elderly, where they sang and danced together and shared experiences. This interaction fostered intergenerational understanding, enriching the lives of both the young and the elderly.

### **First MYC Youth Camp:**

We held our first MYC Youth Camp during 17-19 August 2024, and it proved to be an unforgettable experience for everyone. The program included gratitude workshops, conscious walking and dancing, pranayama, yoga, inspirational stories, EFT techniques, and an “Empower Yourself” program for young people. Through this event, we gained our first two members of MYC Slovenia. The camp also saw the participation of MYC volunteers from Bosnia, Macedonia, Serbia, and Croatia.

### **Visit to a Home for People with Mental and Special Needs on 19 August 2024**

This visit was crucial in establishing a long-term collaboration where MYC youth continually support this vulnerable population through activities that promote empathy, community, and acceptance of diversity. We did consciousness dancing, freedom meditation and we were listening to their stories and sharing what we are all grateful for in life. MYC members did amazing paintings which we did on our MYC Camp and gave to each person.

### **Visit to a Home for People with Special Needs.**

On 23 August 2024, also known as Ammucare Day, we visited a home for people with special needs in collaboration with ACT Slovenia. We were accompanied by our global President of ACT Foundation, Devi Mohan.

### **Vegan Cooking Workshop**

We conducted a vegan cooking workshop in collaboration with ACT Slovenia on 26 September 2024 in a centre for individuals with special needs.



Workshop at MPC Slovenia with an Elementary School and a Center for Special Needs.

On 7 October 2024, we conducted a workshop at MPC Slovenia with participants from an elementary school, Sv. Trojca, and a centre for special needs, Rožin Grojc. During the workshop, children participated in feeding animals, learned about the importance of our relationship with nature, and developed a sense of responsibility toward the environment and animals. We did consciousness dancing, pranayama, freedom meditation and expressing gratitude workshop. All the participants fell in love with our teenage deer, Raja. The workshop witnessed participation from 14 children, 2 teachers, 10 persons with special needs, and 1 social worker.

### **Vegan Cooking Workshop in collaboration with Mohanji Foundation Slovenia**

On 8 October 2024, we organised a vegan cooking workshop in collaboration with Mohanji Foundation, Slovenia, at a yoga center near Sv. Ana, promoting healthy eating and reducing environmental impact. Upcoming Events:

- Online Pranayama Week: Every morning before school, youth will participate in breathing techniques to improve their mental health
- Workshop at an Elementary School Sv. Ana
- Youth empowerment program, and creative workshops for ten classes.
- Vegan cooking in MPC Slovenia
- Dance session and Empowered youth discussion from MPC Slovenia
- Consciousness Dancing in a center for blind persons

These events mark the beginning of our journey toward deeper transformation of young people and society, and we believe that we will continue to expand





our positive influence through future projects.

### **MYC The Netherlands**

In 2024, we took the first steps in establishing the Mohanji Youth Club Netherlands, dedicated to supporting young people through community service, personal growth, and well-being. Our debut event took place on 26 October 2024 with the Fruit Tree Plantation Drive (FTPD), a project aimed at environmental awareness and sustainability, in partnership with the Mohanji Netherlands Act Foundation, which had organized this event.

The FTPD was a meaningful event, bringing together community members with a shared commitment to giving back to nature. Michael added a special touch to the day by bringing almond seedlings he had nurtured from almonds blessed by Devi Amma. These young trees, planted with intention and care, symbolized hope, growth, and fresh beginnings.

This debut drive showcased our focus on practical action and impact within the community and allowed us to connect with like-minded people who share our values. The success and positive energy of the day have inspired us to continue our work with enthusiasm and look forward to expanding our initiatives.

In line with our service goals, we also organized and distributed Christmas food packages to those in need and launched our Stability Campaign at schools, universities, and yoga studios and online.

To strengthen our team, we have a team-building

escape room event planned for early December. We will also offer outdoor workshops in 2025, including activities such as Consciousness Walking.

### **MYC USA**

The MYC USA was launched on 28 July 2024 with the blessings of our founder himself.

On 6 October 2024, MYC USA joined garba in Long Island which was held by LI Gujarati Cultural Society. It was an amazing dance event, where we had an opportunity in a fun way to bond and experience a cultural event.

On 20 October 2024, MYC USA members engaged in selfless service at a food bank in Dugspur VA. We unloaded a trailer, stocked the pantry with food that was donated, folded boxes for recycling and filled little snack bags.

On 11 November 2024, we organized a blood donation drive in collaboration with the ACT foundation.

### **MYC South Africa**

The Mohanji Youth Club launched its South African chapter on 15 October 2024.

With the gracious support of the Mohanji Center of Benevolence, we distributed nearly 300 meals, soji, and juice, 100 grocery hampers (with 50 reaching those beyond today's celebration), and delighted the young and old alike with sweets, cakes, chips, and treats. To make the celebration even more magical, we shared the light this Diwali with a dazzling firework display and filled the air with laughter as we danced with sparklers!

If you would like to become our member or support us, contact us at [youth@mohanji.org](mailto:youth@mohanji.org). You can also visit our online channels and like, follow and subscribe to spread the good word!

**Website:** <https://mohanjiyouth.org/>

**Facebook:** <https://www.facebook.com/mohanjoyouthclub/>

**Instagram:** [https://www.instagram.com/myc\\_global/](https://www.instagram.com/myc_global/)

**YouTube:** <https://www.youtube.com/@Mohanjiyouthclub>









# The Road Ahead





# A Message from Mohanji

*I wish you great health, vitality, strength, awareness and fulfilment, and contentment this year. Let there be harmony in your house, in your hearts, and in the society around you. May you have great awareness to lead and guide the team members who are with you in your office and elsewhere and give you great satisfaction and great contentment.*

2025 – another year. Another year is departing from our life – 2024.

A new year is coming into our life or we are going into 2025. It's a new year.

## **Living Consciously: The Value of Time and Responsibility**

While we begin the year, one of the thoughts that should exist in our mind is: one more year has gone from our life. Look back and see what we have delivered in our life through our actions, thoughts, and expressions. Also, look at what you want to deliver further into your life, into the lives of the people around you through your thoughts, expressions, and actions in the coming years.

**Very important: Do not ever feel that we are permanent here.**

We are here like a tourist. About 30,000 days we will be on Earth in a body. Then we are dead. Anything that's born will die. So while we are existing here, we should live consciously, work consciously, love consciously, and live with responsibility.

**Time is the currency of our life. Time lost is lost from our life.** As I said, if we live 30,000 days, that's not a lot of time. That's very little time. And in 30,000, even if you live 100 years, which is 36,500 days, that's not a lot of days.

And while we lived that life, what have we achieved from that life?



What has life given us? What was our attitude towards life?

All these are very important points to think about and to live.

### **No regrets, no guilt**

One of the things that we should remember is to have no regrets or guilt.

This is very important. How can you ensure that you will have no regrets or no guilt?

There are methods, there are ways.

One of the ways we can ensure there are no regrets or guilt is to ensure **all the activities that we do are with pure intention, purity of intention**. This is essential. Also, never entertain anger, hatred, jealousy, revenge. They all bring in regrets.

Another way is ensuring that we serve the world unconditionally, which will bring up your self-esteem, self-worth, and self-value in the world. When the world looks at you with awe and love, then you have earned a lot from the world.

If you just live, eat, drink, sleep, do your thing and die, nobody bothers. Nobody cares about you, nobody remembers you. There are so many people like that on Earth. We are very close to 9 billion people on Earth, and these 9 billion people are walking, talking worlds or universes of their own. They have their aspirations, views, ideas, opinions, desires, inclinations, tendencies, and they have their life.

We are one of them. We will feel always that we are very important.

But how can we be important when we are only asking, only demanding, only talking about our rights, instead of practising responsibility, delivering unconditionally whatever we have in abundance to the world? If you don't do that, we are just another brick in the wall.

### **Living Harmlessly: The Mirror of Life's Projections**

Now another aspect.

I said about living consciously. That also means living harmlessly. When you do not hurt anybody because you are existing, you have a clean life. You

have a pure life. When your existence harms a lot of beings, then you have to take responsibility for their lives as well because life is like a mirror. Whatever you project, it gets reciprocated from the world outside.

No projection ever goes without reciprocation.

So whatever you project consciously or unconsciously is getting reciprocated from the world consistently.

### **When you project love, the world reciprocates love.**

When you project anger, hatred, jealousy, and violence, the world reciprocates the same.

When you have a demand for meat, this ensures the death and murder of animals.

Your consumption might become death for many beings. There are various beings tortured and killed because of our consumption.

**We must live consciously.** This is very important. Because when you do not live consciously, you cannot expect kindness from the world. When we do not project kindness, we cannot expect kindness from the world.

### **Religious leaders: create a kinder world**

Look at another aspect of existence This is also part of living consciously.

Imagine how many people are tortured and killed in the name of God.

If you expect God to be a kind personality, or God is kindness, God is love, then this doesn't work well. If God is love and God is kindness and you believe in that God, **you should be love and kindness**.

In the name of God, if you torture and kill people—if you see that in society and keep quiet, which is equal to participating in the crime—you are not connecting to God; you are connecting to something else.

It is very important to remember. We are increasing our position in civilization through social media, through networking. The world has shrunk to one unit because we are connected to the entire world all the time. While we are connected to this world,



we should be extraordinarily kind, compassionate, loving, caring, and through our sharing, we unite people as one family. This is all very important. Our religious beliefs are alienating us from others, and our religious supremacy has become a pain and botheration for other people.

It is time to think — **all the religious leaders, religious heads should stand up now.** They should condemn violence, and they should condemn any kind of atrocity—not only towards minorities, towards people, towards birds, animals, everything.

**This should be a kinder world.  
Mankind should become kind men.  
Humankind should become kind humans.**

### **Acceptance and Awareness**

There should be equality in everything. All are not equal. When I say equality, it's the right to live a full life. This is equality. We all are different. 9 billion people are different people. We all have different aspirations, different orientations, and differences.

That's fine. That difference is the beauty of this existence, but we should accept everybody as themselves.

**We all are good, bad, and ugly. Nobody is perfect.**

We are not even talking or expecting that everybody is perfect.

**But we should accept everybody as they are and love them and help them to live a full life—any bird, animal, human being, everybody. Nature, plants and trees as well.**

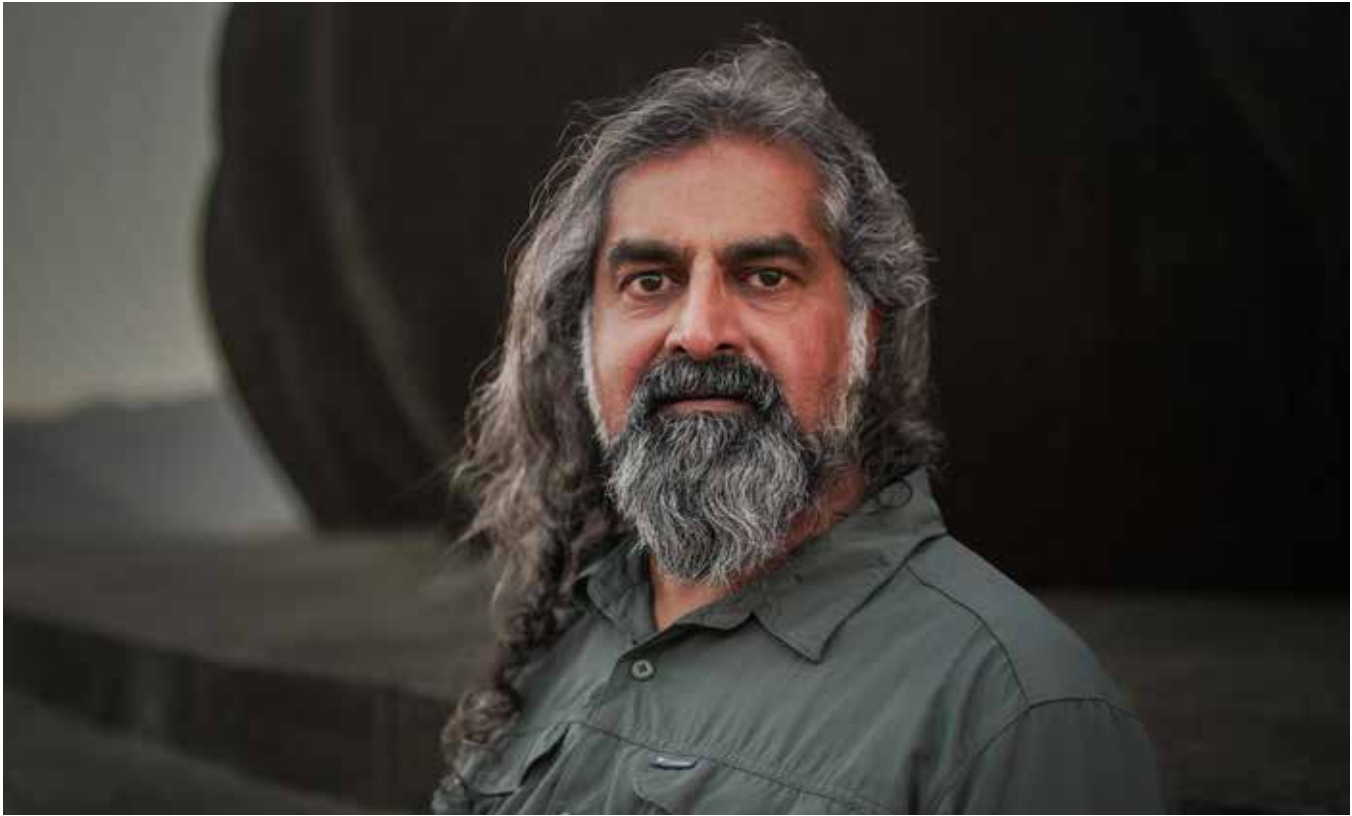
This is the legacy we should give over to the next generation. **Legacy of harmony.** Not a legacy of anger, hatred, jealousy, revenge, inequality, intolerance. This is not what we should give to the next generation.

We all like what we do. We all like our religion, and our belief of God. Everything is okay. But in the larger world, everybody has the right to believe what they believe in. This we should always remember and always we should call a spade a spade when it comes to violence.

As said before, all the religious leaders should take responsibility now. They can't keep quiet. Unrighteousness and lack of righteousness should be despised. A person committing an unrighteous act, a person who supports the unrighteous act and those who watch it and say nothing about it or do not condemn it are all equal in unrighteousness.

And, as I said earlier, what you project will be reciprocated from nature back to you sooner or





later. So we should bring forth harmony at this point in time. 2025 is a milestone.

### **The Call for Harmony: A Year of Nonviolence and Love**

**We must bring forth harmony** or the world will go into more catastrophe, more confusion, more retaliation, more death. That's not what we are here for. Please remember we only have an existence of a maximum of 36,500 days if you live 100 years in full health. Is it worth cutting it short? Is there any time to be disharmonious?

And why?

We have to have a full life, a clean life, a positive life, regret-free life. That's what we should look for in 2025. And as I said, we should definitely condemn violence. We should practice nonviolence. We should practice nonviolence and we should propagate nonviolence.

And wherever you see violence raise your voice to stop that. Violence never helps. Wounds can be healed only through consistent harmonious effort. That we can do now i.e. we should start now. 2025 is a good year to start.

Violence will breed more violence. Hatred breeds more hatred. Love breeds more love. So what you

sow that you reap. Hence, it's important to stay together as one family, help each other, support each other, bring forth love in the hearts of people, embrace them with deep love and connect to them wholeheartedly.

All people are their own worlds, all people have their own aspirations and desires, and they all care to love. **We really need kind people now.** This is how you should nurture and cultivate your youngsters. Bring them to be kind, responsible citizens. We have to do it now. This is the time.

I wish all of you a great New Year. May you flourish with harmony and peace in the year ahead. Also, may you have the courage and determination to stand by truth and stand by nonviolence and make sure in your neighbourhood nobody is hurt and nobody has wounds because of divisions in the minds of people and make sure everybody lives peacefully, and harmoniously together forever.

Lots of love and this is Mohanji for you. I'm walking with you. I'm always walking with you, I am there with you. Remember me, you will feel me. I'll be there.

Lots of love. I care for you and I'm with you.

**Mohanji**







# Join Hands for a Better World





# Join Hands for a Better World

Giving selflessly and serving the Earth and all its beings (including animals and birds) with an attitude of gratitude is the pillar of Mohanji's teachings. Mohanji says that volunteering makes us complete only if it is done selflessly. Volunteering should become our lifestyle, then it truly becomes powerful, purifying and uplifting.

## Volunteer

Join us to build a better world ruled by peace, harmony and love!



Become a volunteer! (<https://mohanji.org/join/volunteer/>)

*"Believe in what you do, believe in volunteering, believe in being selfless, have no expectation – then, volunteering becomes your strength."*

- Mohanji

## Partner

Mohanji firmly believes that collaborations and

collective actions are crucial for progress when we are working for the betterment of each other and the future.

Mohanji Foundation and the various Mohanji platforms are keen to forge strong partnerships and associations with institutions and individuals that identify with our core values and share our purpose.

If any of our initiatives or causes resonate with you and you would like to join hands with us, do write to us at [info@mohanji.org](mailto:info@mohanji.org).

## Contribute

Every contribution counts and helps the Mohanji International Foundation to add value to the world.

Donate Online



Donate in kind (please contact [info@mohanji.foundation](mailto:info@mohanji.foundation))





**“TIME**  
is money of life.

Do not waste it ever.  
No procrastination.  
No postponement. No delays.

Always  
**RIGHT NOW,**  
not tomorrow.”

— Mohanji



# Mohanji

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