

Conscious Cleansing PROCESS

Moharji



CONSCIOUS
CLEANSING

The Conscious Cleansing Process is a deep inner practice designed to release emotional and karmic burdens that block the natural flow of life energy. It supports realignment, clarity, and inner harmony.

This process is not about changing the past or others. It is about letting go, consciously releasing what weighs you down and returning to your natural state of ease and freedom.

At its core lies forgiveness, not as approval or forgetting, but as a powerful tool for liberation.

A conscious choice to release emotional weight and reclaim your inner space.

How the Process Works

The Conscious Cleansing Process works through awareness, acceptance, and conscious forgiveness, whilst focusing on releasing patterns.

It follows a natural progression, as impressions are formed and layered over time. It begins with pre-birth impressions and moves through different stages of life, helping maintain clarity and focus.

At its core, the process involves recognizing the pattern, accepting its presence, consciously forgiving, and then letting it go.

This is not an emotional exercise, but a deliberate and awareness-based act of inner release.



Freedom begins when you let go of what you carry within.

- Mohanji

Benefits

- Inner lightness and emotional balance
- Freedom from repetitive patterns
- Greater clarity, presence, and stability
- Natural state of peace and acceptance



To book your Conscious Cleansing Process session, contact mccp@mohanji.org



Release.
Realign.
Be free.

Mohanji