



Mai-Tri

METHOD



Mohanji

What is Mai-Tri Method

Mai-Tri Method is a highly effective and profound method of deep cleansing and harmonising, which leads to healing and restoration of inner balance on all levels.

The method helps to unhook deeply seated impressions and patterns from the causal layer of one's existence, thus addressing the root cause of imbalance. All this happens in accordance with the karmic laws i.e., healing happens only as much as karmically allowed. The client's receptivity, faith, and intention for healing are what makes the process effective.

This is both a meditation and a deep communion between two or more individuals.



What happens during Mai-Tri Method process

The Mai-Tri practitioner connects directly to the source, which is Mohanji's Consciousness, and the energy flows through the energy centres (chakras) of the client, all the way to the causal layer. This leads to:

- Cleansing of the painful impressions and memories as well as their effects gathered in the present life, starting with early childhood;
- Cleansing of the impressions of the past life from the subconscious mind;
- Cleansing of the central meridian in order to remove blockages and improve the flow of energy through it.

As blockages and deeply seated patterns are released, a lot of weight from deep within gets dropped. This brings alignment and healing at the level of the body, mind and spirit which empowers the client to fully experience this current life with clarity, positivity, stability with freedom from bindings.



It is the connection to Mohanji's consciousness that ensures protection to both the client and the practitioner during the process so that energies which are not benevolent cannot interfere.

In order to avoid any possibility of karmic binding, the practitioner receives energy exchange (fees) from the client, 50% of which goes towards feeding the hungry beings through Annadaan. This maintains utmost purity in this process.

Mission & Vision of Mai-Tri Method

Mission - Bringing wellbeing to mankind through deep cleansing of trapped blockages from the innermost layers of one's system.

Vision - Raising the collective consciousness to the level of compassion, kindness, righteousness and non-violence through freedom from accumulated emotional blockages which elevates the frequency of the individuals, taking them closer towards their highest multi-dimensional potential.

Mai-Tri Method techniques

Mai-Tri is a transformative process that supports deep inner restoration, helping individuals move towards clarity, strength, and emotional stability. This is achieved through different Mai-Tri Method techniques for various purposes as described below.

Mai-Tri Method for Individuals

1. Individual Mai-Tri (In-person & Distant Offline)

One-to-One session with client focussing on the Chakras

2. Mai-Tri Precision Recovery (In-person & Distant Offline)

A focused method to clear blockages and restore balance in specific areas of the body at a deep energetic level.

3. Immunity Shield Mai-Tri: (Distant Offline)

A focussed Mai-Tri method that builds a protective energetic shield, enhancing immunity and supporting recovery at a deep

level from infectious conditions. This is done either for individual or a family.

4. Black Magic Removal Mai-Tri (Distant Offline)

An advanced, sacred method designed to cleanse intense negative energetic influences and restore the natural state of balance, strength, and protection of a client.

5. Explorative Mai-Tri (One to one, distant offline)

A structured process involving consecutive sessions and supportive dialogue to identify and release suppressed emotional patterns, supporting balance and well-being.

6. Circular Mai-Tri

A specialised Mai-Tri process for addressing root-level impressions related to trauma, relationship challenges, confidence, and reproductive imbalances through intentional opening, cleansing, rewiring, and protective sealing of the system.

7. Mai-Tri Homa Method (distant offline)

A structured process using homa (sacred fire ceremony) to clear deep-rooted physical, mental and/or emotional issues and patterns, cleanse intense negative energetic influences, or major karmic/lineage issues to promote balance, strength and well-being.

Mai-Tri Method for Group of People

8. Group Mai-Tri (In-person & Online)

A deep process of removing inner weight leading to self-healing for a group of participants.

9. Online/Short Group Mai-Tri (Online & In-person)

A shorter process for protection and self-healing for a group of participants.

10. Group Mai-Tri Homa Method (In-person & Online)

A deep process using homa (sacred fire ceremony) and the collective group energy for releasing inner weight for a group of participants.

Mai-Tri Method for Homes & Lands

11. Space Cleansing Mai-Tri (In-person & Distant Offline)

Cleansing of unwanted negative energies and restore a sense of calm, clarity, and balance in homes, offices & lands etc.

Protection & Healing through Mai-Tri Mantra Chanting

The chanting of the Mai-Tri Mantra generates powerful vibrations that naturally create a field of protection, healing, and restoration. These vibrations work at a subtle level, harmonising energy, dissolving disturbances, and strengthening balance within and around the subject.

Through consistent chanting, the energy invoked can be directed with intention to support individuals, environments, and situations in a gentle yet effective manner.

In clear words, Mai-Tri Mantra is the key to the treasure of unlimited energy source!

Applications of Mai-Tri Mantra Chanting

Mai-Tri Box

A designated box containing photographs of individuals is used as a medium to channel Mai-Tri energy. Through daily chanting (typically for around 10 minutes), the energy is directed towards those individuals, offering protection, healing, and stability.

Mai-Tri for Other Species & Nature

The vibrations of the mantra can be extended beyond humans to

support animals, birds, plants, and natural environments. This facilitates protection, healing, and energetic balance in pets, wildlife, trees, and even larger ecosystems such as forests.

Mai-Tri for Unfavourable Situations

Mai-Tri Mantra chanting can also be directed towards challenging or uncertain situations. This includes natural disturbances, widespread health conditions, unstable environments, or collective disturbances. The process helps bring protection, restoration, and a sense of balance to such situations.





Detailed description of some of the advanced Mai-Tri techniques

Group Mai-Tri

A deep process of inner cleansing and balancing leading to self-healing. In this process you are guided to dig deep and address the inner 'body of pain', also referred to as the inner shadow in order to then soar high into gratitude, surrender and higher vibration that allows self-healing at all levels.

Through the Group Mai-Tri session (90 min long), you will have the chance to remove a lot of inner weight which is difficult to access from the level of conscious mind and sheer willpower.

Space Cleansing Mai-Tri

Over time, spaces can accumulate stress, negativity, and heavy energy, affecting your mood, relationships, and overall well-being. This powerful yet gentle process helps clear unwanted energies and restore a sense of calm, clarity, and balance.

Suitable for everything from apartments to larger properties, the Mai-Tri Method creates a protective energy field around your space, filling it with bright, positive vibrations and a sense of lightness.

Whether you're moving into a new place, feeling stuck, or simply want to enhance the energy around you, this method offers a simple and effective way to reset and uplift your environment.

Mai-Tri Precision Recovery

Mai-Tri Precision Recovery is a focused method designed to clear blockages and restore balance in specific areas or internal organs of the body at a deep energetic level. This process is applied when there are disturbances in any part of the body, whether arising from physical conditions, past trauma, or accumulated energetic blockages. Through conscious and targeted intention, the affected area is identified and cleansed, allowing the blockage to be released and the natural state of balance to be restored. The process concludes with the placement of a protective energetic shield around the area, supporting stability, protection, and complete recovery.

Immunity Shield Mai-Tri

Immunity Shield Mai-Tri is a focused method that builds a protective energetic shield, enhancing the body's natural resilience and supporting recovery at a deep level. It begins by securing and shielding affected areas to prevent further spread or impact, followed by a thorough cleansing of imbalances. Once cleared, a strong protective shield is established to

support stability and recovery.

This method is particularly suited for more critical or serious conditions, including infectious illnesses as well as deeper imbalances arising from past impressions or external influences. It was widely applied during the COVID period and has also supported cases involving complex health challenges. The process is typically conducted over consecutive days—starting with a minimum of three days and extended further depending on the condition. In situations where multiple members are affected, the method can be applied collectively to support the entire family unit.

Circular Mai-Tri

A specialised Mai-Tri process for addressing root-level impressions related to trauma, relationship challenges, confidence, and reproductive imbalances through intentional opening, cleansing, rewiring, and protective sealing of the system. Circular Mai-Tri is an advanced-level Mai-Tri technique designed to address deep-rooted imbalances within the internal system. It is applied in cases where there is significant energetic density or stagnation, often formed



through long-standing patterns and accumulated impressions over time. Such imbalances may reflect in life as persistent fear, lack of confidence, instability in relationships, emotional heaviness, or a general sense of disconnection and insecurity.

This method works through a structured and intentional process. It begins with a conscious intention to open the system, followed by deep cleansing and gradual rewiring of the affected areas. The process aims to restore balance, release accumulated density, and support the system in returning to its natural state of harmony.

The final stage involves sealing and securing the internal system, ensuring stability, protection, and sustained alignment.

Black Magic Removal Mai-Tri

When negative energies affect your life at a deeper level, it is essential to address them at their source. Black Magic Removal Mai-Tri is an advanced, sacred method designed to cleanse intense negative energetic influences and restore your natural state of balance, strength, and protection.

Explorative Mai-Tri Method

Being both a meditation and an explorative, close communion between two or more individuals, Explorative Mai-Tri sessions involve both body and mind being energetically examined and explored on a daily basis, carefully attended to, as well as systematically sealed. As the Mai-Tri energy penetrates deep into each part of the body, any emotional imprints, harmful energies, or trapped emotions are addressed. The duration of the entire communion depends on the depth of the issue, the receptivity of the receiver, their level of involvement, as well as their openness to explore their inner world and let go.

Supportive counselling is an integral part of the Explorative Mai-Tri Method. It is designed to help identify patterns, captured emotions, and trapped feelings so they can be released. Many times, the challenges we face are sustained by our patterns and/or lifestyles. Some are connected to early childhood memories and our parents or guardians. This method is designed not only to address the issue, but also to help release the underlying pattern behind.

Positive actions are used in Explorative Mai-Tri to support the loosening of patterns and enhance purification. Feeding beings across species, chanting, and acts of charity are some of them.

Example of issues (not limited to) that are addressed by Mai-Tri Method

Mental, emotional, and behavioral issues:

- Trauma
- Stored emotions
- Suppressed feelings
- Fears and phobias
- Anxiety and depression
- Relationship issues
- Fertility issues
- Sleep disorders and insomnia
- Self-destructive tendencies
- Lack of confidence or low self-esteem
- Inherent conditions
- Intrusive thoughts and overthinking
- Behavioural issues in children
- Grief
- Deeply rooted patterns that shape one's life

Energy-related issues:

- Energy blockages and imbalances
- Stagnant energy
- Low or depleted energy
- Removal of external energies accumulated from the environment

Physical issues:

- Chronic pain, or infectious diseases
- Can act as complementary support during medical treatments

Who can experience Mai-Tri Method?

The Mai-Tri Method can be experienced by individuals of all age groups – from small children (5 years of age and above) to senior citizens, in any state of health. For pregnant ladies and children, Mai-Tri is milder and is done primarily for health purposes, rejuvenation and protection



How to book a Mai-Tri session

If you would like to book a Mai-Tri session or have any additional questions, contact us at mai-tri@mohanji.org.



Disclaimer:

Mai-Tri method is not a cure for any disease or ailment. It may support greater self-understanding through inner exploration, which can help in addressing psychosomatic conditions. Results depend on one's involvement and openness to self-exploration and letting go. We do not guarantee outcomes.

We recommend consulting qualified medical professionals for the treatment of any medical condition.



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Healing is a part of creation. Healing, revitalization and rejuvenation are aspects deeply connected to the very fabric of terrestrial existence. Healing happens automatically, as long as the mind does not prevent it. Spontaneous healing takes place when we allow nature to function without interruption.

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